

A GROUP VISIT FOR EVERY BODY

Group Care Throughout the Lifespan

Program Schedule | September 12, 2025



All Times in Eastern Standard Time

IMPLEMENTATION TRACK

10:00 AM WELCOME & OPENING CEREMONY
Who's in the room & why are we here?

10:15 AM KEYNOTE



What I've Learned About Group Medical Visits that Applies to You

Edward B. Noffsinger, Ph.D Dr. Noffsinger is the originator of the Drop-in Group Medical Appointment and Physical Shared Medical Appointment models. He is a nationally and internationally recognized expert in the area of group visits and an advisor to medical groups and health care organizations around the country and worldwide

11:15AM 5 MIN TRANSITION

11:20AM SESSION 1

IMPLEMENTATION

Operational Science and Financial Models for Group Medical Visits: Implementing Practical & Sustainable Delivery Paradigms in Integrative Health

Gabriela Gutierrez, BS
Kavita Mishra, MD, MPH

THROUGHOUT THE LIFESPAN

Lifestyle Medicine for Reproductive Well-being: Integrating Group Medical Visits and Health Coaching to Support the Fertility Journey

Christine Kaiser, DACM, LAc, FABORM
Crystal Evans, NBC-HWC

THEMES

Integrative Medicine Group Visits to Support Chronic Pain and Recovery from Substance Use Disorders.

Emily Hurstak MD, MPH, MAS

12:20PM 5 MIN TRANSITION

12:25PM SESSION 2

Financing Group Medical Visits in Private Practice

Jeffrey S. Geller MD

Understanding Facilitators and Barriers to Implementing an Interdisciplinary Pediatric Obesity Group in a Safety Net Primary Care Setting

Menatalla Ads, PhD

Supervised Lifestyle and Integrative Medicine for the Treatment of Obesity: Leveraging Shared Medical Appointments for Weight Management

Deepa Sannidhi MD, MPH, DipABOM, FACLM



ICGMV

All Times in Eastern Standard Time

1:30 PM EXPERT PANEL Q & A

IMPLEMENTATION TRACK

1:50 PM LUNCH

2:25 PM POSTER SESSIONS

IMPLEMENTATION

Breakout rooms

Poster presentations

IMPLEMENTATION TRACK

2:45 PM KEYNOTE



Spreading Groupcare: Building an International Community

Sharon Schindler Rising, MSN, CNM, FACNM is a certified nurse-midwife who founded the Centering Healthcare Institute in 2001 and published, "The CenteringPregnancy® Model: The Power of Group Health Care". Sharon is a founding member of Group Care Global and is part of the implementation research team carrying out the European Union-funded GC1000 initiative in 7 countries

3:45 PM 5 MIN BREAK

3:50 PM SESSION 3, WORKSHOP 1

IMPLEMENTATION PANEL

GMV Implementation Determinants - What the Research Shows"

Isabel Roth, DrPH, MS

Making the Next Steps, Developing and Implementing an Integrative Group Visit Model

Jessica Pirkey, ND

Developing a Shared Medical Appointment Program Step-by-Step

Kathleen Findlay, MD, MPH, MHCDS

GROWBABY WORKSHOP

Naming What We Know: Building Consensus on a Shared Definition of Perinatal and Well-Child Group Care Through a Participatory Workshop

Renee Boynton-Jarrett, MD, SCD

Michelle Clausen, PhD, MSN, CNM

Jalana Lazar, PhD, MPH, WHNP-BC, CNM, FACNM

Ashley Gresh

Ada Fenick

THEMES IN COVID

Different but the Same: Common Themes in Illness Experience among People with Long COVID in Integrative Medical Group Visits

Jessica Barnhill MD, MPH

Integrative Group Medical Visits for Long COVID

Carla Kuon, MD



5:20PM **5 MIN BREAK**

All Times in Eastern Standard Time

5:25 PM **SESSION 4**

Leveraging Food is Medicine to Advance Economic Mobility and Build Resilient Food Systems

Olivia Thomas, MS, RDN

BREAKING THE CYCLE: Exploring the Feasibility of a 'Dopamine Reset' Online SMA for Behavioral Addiction

Michelle Loy, MD, DipABOIM, DipABLM, DABMA, FAAP

Dynamic Mindfulness: Safe Online Group Practice for Adults in Cancer Treatment

Chloe E. Atreya, MD, PhD, Kavita K. Mishra, MD, MPH

5:55PM **SESSION 5, WORKSHOP 2**

FACILITATION SKILLS WORKSHOP

Beyond Content: The Art of Facilitating Group Medical Visits

Heather Finley, PhD

MENOPAUSE GMV WORKSHOP

Designing GMVs with and for Specific Groups: MENOGAP Example

Lisa J. Taylor-Swanson, PhD, MAcOM, LAc, Dipl OM

PSYCHEDELIC ASSISTED THERAPY WORKSHOP

Expanding Access to Psychedelic Medicine (PM): Group Models for Psychedelic-Assisted Therapy (PAT)

Mikhail (Misha) Kogan, MD

6:55PM **CLOSING REMARKS**

IMPLEMENTATION TRACK