

A GROUP VISIT FOR EVERY BODY

Group Care Throughout the Lifespan

Program Schedule | September 12, 2025



All Times in Eastern Standard Time

IMPLEMENTATION TRACK

10:00 AM WELCOME & OPENING CEREMONY
Who's in the room & why are we here?

10:15 AM KEYNOTE



What I've Learned About Group Medical Visits that Applies to You

Edward B. Noffsinger, Ph.D Dr. Noffsinger is the originator of the Drop-in Group Medical Appointment and Physical Shared Medical Appointment models. He is a nationally and internationally recognized expert in the area of group visits and an advisor to medical groups and health care organizations around the country and worldwide

11:15AM 5 MIN TRANSITION

11:20AM SESSION 1

IMPLEMENTATION

Operational Science and Financial Models for Group Medical Visits: Implementing Practical & Sustainable Delivery Paradigms in Integrative Health

Gabriela Gutierrez, BS &
Kavita Mishra, MD, MPH

THROUGHOUT THE LIFESPAN

Lifestyle Medicine for Reproductive Well-being: Integrating Group Medical Visits and Health Coaching to Support the Fertility Journey

Christine Kaiser, DACM, LAc,
FABORM

THEMES

Integrative Medicine Group Visits to Support Chronic Pain and Recovery from Substance Use Disorders.

Emily Hurstak MD, MPH, MAS

12:20AM 5 MIN TRANSITION

12:25AM SESSION 2

Financing Group Medical Visits in Private Practice

Jeffrey S. Geller MD

Understanding Facilitators and Barriers to Implementing an Interdisciplinary Pediatric Obesity Group in a Safety Net Primary Care Setting

Menatalla Ads, PhD

Supervised Lifestyle and Integrative Medicine for the Treatment of Obesity: Leveraging Shared Medical Appointments for Weight Management

Deepa Sannidhi MD, MPH,
DipABOM, FACLM

1:30 PM EXPERT PANEL Q&A

1:50 PM LUNCH

2:25 PM POSTER SESSIONS

IMPLEMENTATION

Breakout rooms

See pages 19-21 for information on poster presentations

IMPLEMENTATION TRACK

2:45 PM KEYNOTE



Group Care Global: Collaborating with International Partners

Sharon Schindler Rising, MSN, CNM, FACNM is a certified nurse-midwife who founded the Centering Healthcare Institute in 2001 and published, "The CenteringPregnancy® Model: The Power of Group Health Care". Sharon is a founding member of Group Care Global and is part of the implementation research team carrying out the European Union-funded GC1000 initiative in 7 countries

3:45 PM 5 MIN BREAK

3:50PM SESSION 3, WORKSHOP

IMPLEMENTATION PANEL

GMV Implementation Determinants - What the Research Shows"

Isabel Roth, DrPH, MS

Making the Next Steps, Developing and Implementing an Integrative Group Visit Model

Jessica Pirkey, ND

Developing a Shared Medical Appointment Program Step-by-Step

Kathleen Findlay, MD, MPH, MHCD

GROWBABY WORKSHOP

Naming What We Know: Building Consensus on a Shared Definition of Perinatal and Well-Child Group Care Through a Participatory Workshop

Renee Boynton-Jarrett, MD, SCD; Michelle Clausen, PHD, MSN,CNM; Jalana Lazar, Ashley Gresh
Ada Fenick

THEMES

Different but the Same: Common Themes in Illness Experience among People with Long COVID in Integrative Medical Group Visits

Jessica Barnhill MD, MPH

Integrative Group Medical Visits for Long COVID

Carla Kuon, MD



All Times in Eastern Standard Time

5:20PM

5 MIN BREAK

5:25 PM

SESSION 4

Leveraging Food is Medicine to Advance Economic Mobility and Build Resilient Food Systems

Olivia Thomas, MS, RDN

**BREAKING THE CYCLE:
Exploring the Feasibility of a 'Dopamine Reset' Online SMA for Behavioral Addiction**

Michelle Loy, MD, DipABOIM,
DipABLM, DABMA, FAAP

**Dynamic Mindfulness:
Safe Online Group Practice for Adults in Cancer Treatment**

Chloe E. Atreya, MD, PhD,
Kavita K. Mishra, MD, MPH

5:55PM

SESSION 5, WORKSHOP

Facilitation Skills Workshop

Beyond Content: The Art of Facilitating Group Medical Visits

Heather Finley, PhD

Menopause GMV Workshop

Designing GMVs with and for Specific Groups: MENOGAP Example

Lisa J. Taylor-Swanson, PhD,
MAcOM, LAc, Dipl OM

Psychedelic Assisted Therapy Workshop

Expanding Access to Psychedelic Medicine (PM): Group Models for Psychedelic-Assisted Therapy (PAT)

Mikhail (Misha) Kogan, MD

6:55PM

CLOSING REMARKS