

IMPLEMENTATION TRACK

Session 1

11:40 - 12:20 "Operationalizing and Scaling up Telehealth Group Medical Visits"
Erica Mintzer, MD; Emily Benedetto, MSW, LCSW; Shante Cruz-Delaney

Session 2

12:20 - 1:00 "Virtual Mind-Body Skill Groups for Pandemic Relief"
Chanel Heermann, MD; Matt Erb, PT; Rita Anita Linger, PhD, CPC, CMBP

Posters

1:45 - 1:55 "Adapting an Integrative Medical Group Visit Program for People with Post-Acute Sequelae of COVID"
Jessica Barnhill MD, MPH; John Baratta MD; Aisha Chilcoat ND; Paula Gardiner MD; Susan Gaylor PhD; Kim Faurot PhD; Malik Tiedt; Bethany Kavalakatt; Karla Thompson PhD, Isabel Roth DrPH

1:55 - 2:05 "Transitioning to a Virtual Teaching Kitchen Within the Shared Medical Appointment Model Due to the COVID-19 Pandemic"
Theresa A Stone MD, FACP; Eleanor Belilos; Sarah Marie Schumacher; Varsha Kottamasu

2:05 - 2:15 "The Role of a Medical Student Intern in Integrative Medical Group Visits for Chronic Pain Patients"
Bethany Kavalakatt; Jessica Barnhill, MD & Isabel Roth, PhD

Session 3

2:20 - 3:00 "A Novel Transition: Lessons Learned During the Rapid Implementation and Evolution of Telehealth-Group Based Opioid Treatment (t-GBOT) During the COVID-19 Pandemic"
Randi Sokol, MD, MPH, MMedEd; Sara Suter, MPH, CHES; Brittany Pierce, PA-C; Lora Council, MD, MPH; Ellie Grossman, MD, MPH; Lolita Roland, RN, BSN, CARN; David Roll, MD; Erica Mintzer, MD

Session 4

3:20 - 4:00 "MiMedico Group Visits: Planning and Implementation of Group Visits Among Latinx Adolescents"
Kryztal Pena; Ray A. Mendez

"Adapting Diabetes Group Medical Visits in an Urban Family Medicine Residency Program Serving Low-Income Primary Care Patients During the COVID-19 Pandemic"
Bonnie Kwok, MD, MPH

HEALTH SUPPORT TRACK

Session 1

11:40 - 12:20

"Cleveland Clinic Lifestyle Essentials: Lifestyle Medicine- Focused Shared Medical Appointments"

Presented by: Mladen Golubic, MD, PhD, FACLM

Session 2

12:20 - 1:00

"A Closer Look into Functioning for Life (R): A Functional Medicine-based Shared Medical Appointment Program to Address Chronic Conditions"

Michelle Beidelschies, PhD; Tawny Jones, MBA and Elizabeth Bradley, MD

"Shared Medical Visits at an Integrative Medicine Practice in an Academic Center"

Michelle Loy, MD, FAAP

Posters

1:45 - 1:55

"Using Virtual Group Visits to Integrate Nutrition and Culinary Medicine into Clinical Practice"

Helen Delichatsios, MD, SM; Theresa Stone, MD, FACP; Olivia Weinstein, MS, RD, LDN

1:55 - 2:05

"Lessons Learned from Adapting Prevention and Wellness Group Medical Visits to the Virtual World"

Ted Wissink, MD; Katie Sharpe, MD

2:05 - 2:15

"Interprofessional Group Visits for Individuals with Opioid Use Disorder: Caring for a Vulnerable Population During the Pandemic"

Carol Squires, LCSW, LADC; Kristen Silvia, MD

Session 3

2:20 - 3:00

"Love as the Central Therapeutic Element for Personal Transformation in a Lifestyle Group Visit"

Scarlet Soriano, MD

Session 4

3:20 - 4:00

"The Supervised Lifestyle Integrative Medicine (SLIM) Program: Implementing an Innovative Service for Patients with Obesity"

Presented by: Deepa Sannidhi, MD

"Using Cooking Matters Programming as a Group Visit to Improve Health Outcomes in a Primary Care Setting"

Rachel Moyer; Holly Russell, MD

RESEARCH TRACK

Session 1

11:40 - 12:20

"Research on Group Visits: Methods, Questions, Contexts"

Panel: Ariana Thompson-Lastad, PhD; Maria Chao DrPH, MPA; Paula Gardiner, MD, MPH; Inger Burnett-Zeigler, PhD; Udaya Thomas, MSN, RN, MPH, APRN, CYT; Ben Emmert-Aronson, PhD

Session 2

12:20 - 1:00

"Centering Parenting Research Network: Advancing Child Health Equity Through Community Engagement and Research Collaboration"

Claire Viglione, MPH, RDN

Posters

1:45 - 1:55

"Food for Health: Primary-Care-Based Virtual Culinary Medicine Group Program - A Feasibility study"

Evan Loukasa, MD & Kristi Wegener, MD

1:55 - 2:05

"Naturopathic Medicine for Endometriosis (NatME) Program: Encompassing Clinical Care, Education and Peer Support. A Pilot Feasibility Study"

Sophia Gerontakos; Jon Wardle, ND, MPH, PhD; Amie Steel, MPH, PhD; Matthew Leach, ND, PhD

2:05 - 2:15

"Predictors of Obesity in Patients Enrolled in a Lifestyle Medicine Program with Virtual Shared Medical Appointments and the Role of Adverse Childhood Experiences"

Presented by: Mia Casciani

Session 3

2:20 - 3:00

"FUN, FULL, and EASY: Leveraging Clinic-Community Integration to Create Thriving GMV's"

Elizabeth Markle, MD & Ben Emmert-Aronson, PhD

Session 4

3:20 - 3:30

"Bringing Telehealth Group Medical Visits to Cancer Care: Interim Analysis of an Innovative Collaboration Between Palliative Care and Psycho-oncology"

Presented by: Neha Goyal, PhD

3:30 - 4:10

"Virtual Group Visits Sourced from a National Network of Integrative Providers"

Shilpa Saxena, MD, IFMCP