

# With gratitude to our: 2023 Sponsors and Circle of Friends





## IMPLEMENTATION TRACK

**10:00 AM WELCOME & OPENING CEREMONY**  
Who's in the room & why are we here?

**10:15 AM KEYNOTE**



### Aha's and Uh-Oh's: Group Medical Visits for Chronic Pain - Framing the Experience and Building Community in a Closed-Cohort Model

**Jon Porter, MD** is the founding Medical Director of the Comprehensive Pain Program at the University of Vermont Medical Center and the Division Chief of Complex Pain Management. He also serves as Director of the Osher Center for Integrative Health at the University of Vermont and is a Clinical Assistant Professor of Family Medicine at the University of Vermont Larner College of Medicine.



**Joshua Plavin, MD, MPH, MBA** currently serves as the Associate Medical Director at the Comprehensive Pain Program and Clinical Assistant Professor of Family Medicine & Psychiatry at the University of Vermont Larner College of Medicine, as well as a Clinical Assistant Professor of Pediatrics at the Geisel School of Medicine at Dartmouth. Prior to these roles, he worked at Blue Cross Blue Shield of Vermont as the VP and Chief Medical Officer.



**Laurel Audy, RN** provides care as a registered nurse and reiki practitioner at the Comprehensive Pain Program at the University of Vermont Medical Center. She also co-facilitates the PATH programs, working in program development, and serving as the Program Coordinator.

**11:15 AM BREAK**

**11:30 AM FEATURE PLENARY PANEL**  
**Reaching Higher Ground: Transforming Policies on Group Visits**

**Facilitator: Bonnie Kwok, MD, MPH**

**Panelists: Sharad Kohli, MD, Andie Martinez Patterson, CEO, MPP, Aimee L. Rowe, MD, MSPH, Josalynn Neal**

**12:30 PM COFFEE CHAT**

Moderated Q&A session with **Jon Porter, MD, Josh Plavin, MD, MPH, MBA** and **Plenary Panel**

**1:00 PM BREAK**

**1:15 PM KEYNOTE**

### The Power of Group Visits



**Beth Frates, MD, FACLM, DipABLM** is a trained physiatrist and a health and wellness coach, with expertise in Lifestyle Medicine. She is an award-winning teacher and assistant clinical professor at Harvard Medical School, one of the first Fellows of the American College of Lifestyle Medicine, and a pioneer in lifestyle medicine. As of the fall of 2020, Dr. Frates serves as the Director of Lifestyle Medicine and Wellness for the Department of Surgery at Mass General Hospital, president of the American College of Lifestyle Medicine, as well as sees patients individually and in groups in her own Lifestyle Medicine consulting/coaching practice.

**2:00 PM LUNCH**

**2:30 PM BREAKOUT SESSION 1**

**IMPLEMENTATION**

**Group Medical Visits as a Tool for Population Health**

Erica Mintzer, MD  
Shante Cruz-Delaney  
Kara Keating Bench, MD, MPH  
Monica Akus, PharmD, DPLA, BCPS

**SPECIAL TOPICS**

**The Implementation and Effectiveness of Long COVID Groups**

Ashley Drapeau, MPAS, MAc, PA-C, L.Ac  
Mikhail Kogan, MD

**RESEARCH**

**MAGIC: More Access to Group Integrative Care for Chronic Pain**

Isabel Roth, DrPH, MS

**3:05 PM BREAKOUT SESSION 2**

**Multidisciplinary teams in Medical Groups; highlighting the Teaching Kitchen**

Terri Stone, MD, FACP, DipABLM, Maggie Tagare, RD, Anthony Imamura, and Stefany Glowacki, RMA RA MD

**WORKSHOP - PAVING: Lifestyle Medicine Group Visits for Breast Cancer Survivors**

Hannah Lee, MS

**WORKSHOP - Managing Long COVID in integrative medical group visits**

Mollie Dwivedi, MS, PA-C, DipACLM  
Isabel Roth, DrPH, MS  
Jessica Barnhill, MD, MPH

**3:40 PM WORKSHOP - The Essential Role of a Group Visit Coordinator**

Jennifer Beltran

**4:20 PM BREAK**

**4:30 PM IMPLEMENTATION TRACK**

**Mentorship Groups**

- Starting groups / implementation of programs
- Billing
- Evaluation / research
- Sustainability
- Teaching kitchens
- Health equity
- Condition Specific Groups
- Integrative Modalities (mindfulness, acupuncture, etc.)
- Facilitation
- Program / curriculum design

**POSTERS RESEARCH TRACK**

4:30 PM

**Clinician Perspectives on the Acceptability and Feasibility of an Ecological Approach to Group Well-Child Care**

Ishaan Shah, MS3  
Nina Ham, MS1

4:50 PM

**4:50 PM Multidisciplinary pediatric group visits for managing obesity in primary care**

Menatalla Ads, PhD

**5:05 PM BREAK**

**5:15 PM BREAKOUT SESSION 3**

**IMPLEMENTATION**

**PANEL - Whole Person Care Includes the Whole GMV Team**

Chloe E. Atreya, MD, PhD  
 Kavita K. Mishra, MD, MPH  
 Ivan Leung, MS  
 Michael Lister, RN  
 Stephanie Cheng, MD

**SPECIAL TOPICS**

**Qi Gong Shared Medical Visit at An Integrative Medicine Practice In an Academic Medical Center**

Michelle Loy, MD, FAAP  
 Tim Fatato, L.Ac.

**RESEARCH**

**Medical Shared Mind Body Tele Group Visits (MSMBTGV) for Breast Cancer Patients**

Julie Goodfriend, MS4  
 Mikhail (Misha) Kogan, MD, ABIM

**5:45 PM BREAK**

**6:00 PM BREAKOUT SESSION 4**

**Leveraging the Group Visit Model to Achieve Health Equity: Sustainability and Expansion of Art-Based Shared Medical Appointments**

Ray Mendez, MD  
 Marisol Rodriguez, RN  
 Erika Meraz, BS

**WORKSHOP - Implementation of Group Medical Visits with an integrative team in Women with PCOS**

Jennifer Roelands, MD  
 Elise Harlow, MS, RDN

**Roadmap to Reform Pain Management using Groups**

Danesh Mazloomdoost, MD

**6:45 PM BREAKOUT SESSION 5**

**Integrated Functional Medicine Group Model for the Underserved**

Heather Waldie, MS, RDN  
 Jeffrey Geller, MD

**BREAKOUT SESSION 5**

**Evaluating Medical Group Visits in a Clinical Setting**

Stephanie Cheng, MD  
 Neha Goyal, PhD

**7:20 PM HAPPY HALF HOUR - COMMUNITY TOWN HALL & CLOSING**