

## Integrative Group Medical Visits

- Abercrombie, P.D., Hameed, F.A., 2019. Group Visits as a Path to Health Equity. *The Journal of Alternative and Complementary Medicine* 25, 669–670. <https://doi.org/10.1089/acm.2019.0158>
- Abram, H.S., Buckloh, L.M., Schilling, L.M., Wiltrout, S.A., Ramírez-Garnica, G., Turk, W.R., 2007. A Randomized, Controlled Trial of a Neurological and Psychoeducational Group Appointment Model for Pediatric Headaches. *Children's Health Care* 36, 249–265. <https://doi.org/10.1080/02739610701377939>
- Adams, D.J., Remick, R.A., Davis, J.C., Vazirian, S., Khan, K.M., 2015. Exercise as medicine—the use of group medical visits to promote physical activity and treat chronic moderate depression: a preliminary 14-week pre–post study. *BMJ Open Sport Exerc Med* 1. <https://doi.org/10.1136/bmjsem-2015-000036>
- Adelstein, P., 2015. The Power of the Group: Integrative Medicine Group Visits. *Global Adv Health Med* 4, 21–22. <https://doi.org/10.7453/gahmj.2015.020>
- Angeles, R.N., Guenter, D., McCarthy, L., Bauer, M., Wolfson, M., Chacon, M., Bullock, L., 2013. Group interprofessional chronic pain management in the primary care setting: a pilot study of feasibility and effectiveness in a family health team in Ontario. *Pain Res Manag* 18, 237–242.
- Berger, B., Sethe, D., Hilgard, D., Martin, D., Heusser, P., 2017. Design of a Self-Management Program for Children Aged 6-12 Years with Type 1 Diabetes Mellitus at the Community Hospital Herdecke, Germany. *CMR* 24, 255–263. <https://doi.org/10.1159/000479532>
- Berz, J.P.B., Gergen Barnett, K.A., Gardiner, P., Saper, R.B., 2015. Integrative Medicine in a Preventive Medicine Residency: A Program for the Urban Underserved. *American Journal of Preventive Medicine, Integrative Medicine in Preventive Medicine Education* 49, S290–S295. <https://doi.org/10.1016/j.amepre.2015.07.031>
- Bottino, C.J., Puente, G.C., Burrage, A., Tannis, C., Cheng, J.K., Epee-Bounya, A., Cox, J.E., 2018. Primary Care Group Visits for Childhood Obesity: Clinical Program Evaluation. *Clinical Pediatrics* 57, 442–450. <https://doi.org/10.1177/0009922817728696>
- Burnett, M., Truesdale, A., 2019. Making Health Care Accessible Through Group Visits. *The Journal of Alternative and Complementary Medicine* 25, 671–672. <https://doi.org/10.1089/acm.2019.29071.mbu>
- Chao, M., 2012. Providing integrative medicine through group medical visits for medically underserved women with chronic pelvic pain. *European Journal of Integrative Medicine* 4, 29. <https://doi.org/10.1016/j.eujim.2012.07.541>
- Chao, M., Abercrombie, P., 2012. P05.41. Development and evaluation of group medical visits for medically underserved women with chronic pelvic pain. *BMC Complement Altern Med* 12, P401. <https://doi.org/10.1186/1472-6882-12-S1-P401>
- Chao, M.T., Abercrombie, P.D., Duncan, L.G., Santana, T., Chang, A.M., 2014. Feasibility and preliminary effects of centering for chronic pelvic pain: integrative group visits for medically underserved women. *J Altern Complement Med* 20, A70-71. <https://doi.org/10.1089/acm.2014.5184.abstract>
- Chao, M.T., Abercrombie, P.D., Santana, T., Duncan, L.G., 2015. Applying the RE-AIM Framework to Evaluate Integrative Medicine Group Visits Among Diverse Women with Chronic Pelvic Pain. *Pain Manag Nurs* 16, 920–929. <https://doi.org/10.1016/j.pmn.2015.07.007>
- Charlot, M., D'Amico, S., Luo, M., Gemei, A., Kathuria, H., Gardiner, P., 2019. Feasibility and Acceptability of Mindfulness-Based Group Visits for Smoking Cessation in Low-Socioeconomic

- Status and Minority Smokers with Cancer. *The Journal of Alternative and Complementary Medicine* 25, 762–769. <https://doi.org/10.1089/acm.2019.0016>
- Cornelio-Flores, O., Lestoquoy, A.S., Abdallah, S., DeLoureiro, A., Lorente, K., Pardo, B., Olunwa, J., Gardiner, P., 2017. The Latino Integrative Medical Group Visit as a Model for Pain Reduction in Underserved Spanish Speakers. *The Journal of Alternative and Complementary Medicine*. <https://doi.org/10.1089/acm.2017.0132>
- Cotton, S., Boone, J., Kraemer, K., White, C., Leonard, A., Wasson, R., Elder, N., Short, A., Diers, T., 2016. Integrative Health Group Visits for Patients with Chronic Non-Malignant Pain: A Pilot Study, in: *International Congress on Integrative Medicine and Health*. Presented at the International Congress on Integrative Medicine and Health, The Journal of Alternative and Complementary Medicine, Las Vegas, NV, p. 6.
- Dresner, D., Barnett, K.G., Resnick, K., Laird, L.D., Gardiner, P., 2016. Listening to Their Words: A Qualitative Analysis of Integrative Medicine Group Visits in an Urban Underserved Medical Setting. *Pain Medicine* pnw030. <https://doi.org/10.1093/pm/pnw030>
- Dresner, D., Resnick, K., Gardiner, P., Barnett, K.G., Laird, L., 2014. Qualitative Evaluation of an Integrative Medicine Group Visits Program for Patients with Chronic Pain and Associated Comorbidities. *The Journal of Alternative and Complementary Medicine* 20, A55–A56. <https://doi.org/10.1089/acm.2014.5144.abstract>
- Federman, D.G., Poulin, L.M., Ruser, C.B., Kravetz, J.D., 2018. Implementation of shared medical appointments to offer battlefield acupuncture efficiently to veterans with pain. *Acupuncture in Medicine* 36, 124–126. <https://doi.org/10.1136/acupmed-2016-011315>
- Gardiner, P., 2017. Lessons learned during the Integrative Medical Group Visits (IMGV) randomized controlled trial for recruiting low-income racial/ethnic minority research study participants. *Advances in Integrative Medicine* 4, 130–131. <https://doi.org/10.1016/j.aimed.2018.02.027>
- Gardiner, P., Chao, M., Burnett, M., 2019. Improving Access, Integration, and Sustainability: A Reflective Overview of the Special Issue on Innovation in Group-Delivered Services. *The Journal of Alternative and Complementary Medicine* 25, 663–665. <https://doi.org/10.1089/acm.2019.29072.pga>
- Gardiner, P., Dresner, D., Barnett, K.G., Sadikova, E., Saper, R., 2014a. Medical Group Visits: A Feasibility Study to Manage Patients with Chronic Pain in an Underserved Urban Clinic. *Global Advances in Health and Medicine* 3, 20–26. <https://doi.org/10.7453/gahmj.2014.011>
- Gardiner, P., Dresner, D., Barnett, K.G., Sadikova, E., Saper, R., 2014b. Integrative medicine group visits: a feasibility study to manage complex chronic pain patients in an underserved inner city clinic. *J Altern Complement Med* 20, A16. <https://doi.org/10.1089/acm.2014.5038.abstract>
- Gardiner, P., Lestoquoy, A.S., Gergen-Barnett, K., Penti, B., White, L.F., Saper, R., Fredman, L., Stillman, S., Negash, N.L., Adelstein, P., Brackup, I., Farrell-Riley, C., Kabbara, K., Laird, L., Mitchell, S., Liebschutz, J.M., 2016a. Design of the integrative medical group visits randomized control trial for underserved patients with chronic pain and depression. *Contemporary Clinical Trials* 54, 25–35. <https://doi.org/10.1016/j.cct.2016.12.013>
- Gardiner, P., Negash, L., Gergen-Barnett, K., Laird, L., White, L.F., Crooks, D., Stillman, S., Lestoquoy, A.S., Farrell-Riley, C., Adelstein, P., 2016b. Integrative medical group visits: A pilot study to manage patients with comorbid chronic pain and depression, in: *International Congress on Integrative Medicine and Health*. *Journal of Alternative and Complementary Medicine*, Las Vegas, NV, pp. A1–A142. <https://doi.org/10.1089/acm.2016.29003.abstracts>

- Geller, J.S., Kulla, J., Shoemaker, A., 2015. Group Medical Visits Using an Empowerment-based Model as Treatment for Women With Chronic Pain in an Underserved Community. *Glob Adv Health Med* 4, 27–60. <https://doi.org/10.7453/gahmj.2015.057>
- Golubíc, M., Weiss, K., Schneeberger, D., Moore, H.C.F., Abraham, J., Montero, A., Doyle, J., Roizen, M., 2018. Living well after breast cancer-shared medical appointments for cancer survivors at the cleveland clinic wellness institute, in: Teaching Kitchen Collaborative Research Day Abstracts. Presented at the Teaching Kitchen Collaborative Research Day, Journal of Alternative and Complementary Medicine, Yountville, CA, pp. A5–A6.
- Howell, S., 2016. Development of an integrative medicine subspecialty in an underserved primary care clinic: Optimus clinic for integrative medicine, in: International Congress on Integrative Medicine and Health. Presented at the International Congress on Integrative Medicine and Health, The Journal of Alternative and Complementary Medicine, Las Vegas, NV, p. 6.
- Huang, J., Barrett, S.D., Gagnon, C.M., Stannot, S.P., 2011. Efficacy of an interdisciplinary pain management program: Patient perception. *PM&R* 3, S283-284. <https://doi.org/10.1016/j.pmrj.2011.08.348>
- Kakareka, R., Stone, T.A., Plsek, P., Imamura, A., Hwang, E., 2019. Fresh and Savory: Integrating Teaching Kitchens with Shared Medical Appointments. *The Journal of Alternative and Complementary Medicine* 25, 709–718. <https://doi.org/10.1089/acm.2019.0091>
- Kemper, K.J., Carmin, C., Mehta, B., Binkley, P., 2016. Integrative Medical Care Plus Mindfulness Training for Patients With Congestive Heart Failure: Proof of Concept. *J Evid Based Complementary Altern Med* 21, 282–290. <https://doi.org/10.1177/2156587215599470>
- Ku, J.-H., Freeby, M., Mullur, R.S., 2018. Positive Impact of Integrative Medicine Approaches on Diabetes Related Care. *Diabetes* 67, 832-P. <https://doi.org/10.2337/db18-832-P>
- Lestoquoy, A.S., Laird, L.D., Mitchell, S., Gergen-Barnett, K., Negash, N.L., McCue, K., Enad, R., Gardiner, P., 2017b. Living with chronic pain: Evaluating patient experiences with a medical group visit focused on mindfulness and non-pharmacological strategies. *Complement Ther Med* 35, 33–38. <https://doi.org/10.1016/j.ctim.2017.09.002>
- Luo, M., D’Amico, S., Gardiner, P.M., Gergen-Barnett, K., White, L.F., Mitchell, S., Saper, R.B., Lestoquoy, A.S., 2018a. Integrative Medical Group Visits: A Randomized Controlled Trial in Patients With Chronic Pain and Depression in a Diverse Urban Setting. *Glob Adv Health Med* 7. <https://doi.org/10.1177/2164956118773837>
- Luo, M., Gardiner, P.M., D’Amico, S., 2018b. Comparisons of Integrative Medicine Group Visit and Clinical Visits in Improving the Application of Adaptive Stress Management Techniques Among Patients With Chronic Pain and Depression. *Glob Adv Health Med* 7, 2164956118773837. <https://doi.org/10.1177/2164956118773837>
- Mehl-Madrona, L., Mainguy, B., Plummer, J., 2016. Integration of Complementary and Alternative Medicine Therapies into Primary-Care Pain Management for Opiate Reduction in a Rural Setting. *The Journal of Alternative and Complementary Medicine* 22, 621–626. <https://doi.org/10.1089/acm.2015.0212>
- Orzechowsk, N., Lloyd, D., Tuthill, K., Puttgen, J., Bergeron, R., 2016. Use of a Shared Medical Appointment for Patients with Fibromyalgia in a Rural, Academic Medical Center: A Process Improvement Initiative for the Development of a New Care Model, in: ACR Meeting Abstracts. Presented at the American College of Rheumatology, American College of Rheumatology, Washington, DC.

- Penney, L.S., Haro, E., 2019. Qualitative evaluation of an interdisciplinary chronic pain intervention: outcomes and barriers and facilitators to ongoing pain management [WWW Document]. *Journal of Pain Research*. <https://doi.org/10.2147/JPR.S185652>
- Rayburn, K.S., 2017. A Model for Integrative Transformation: A Back Pain Group Appointment Program. *Altern Ther Health Med* 23, 8–13.
- Schneeberger, D., Golubić, M., Moore, H.C.F., Weiss, K., Abraham, J., Montero, A., Doyle, J., Sumego, M., Roizen, M., 2018. Lifestyle Medicine-Focused Shared Medical Appointments to Improve Risk Factors for Chronic Diseases and Quality of Life in Breast Cancer Survivors. *The Journal of Alternative and Complementary Medicine*. <https://doi.org/10.1089/acm.2018.0154>
- Shamekhi, A., Bickmore, T., Lestoquoy, A., Gardiner, P., 2017a. Augmenting Group Medical Visits with Conversational Agents for Stress Management Behavior Change, in: de Vries, P.W., Oinas-Kukkonen, H., Siemons, L., Beerlage-de Jong, N., van Gemert-Pijnen, L. (Eds.), *Persuasive Technology: Development and Implementation of Personalized Technologies to Change Attitudes and Behaviors*, Lecture Notes in Computer Science. Springer International Publishing, pp. 55–67.
- Shaw, S., Dresner, D., Gardiner, P., Barnett, K.G., Saper, R., 2014. Integrative Medicine Group Visits and Emergency Department Utilization. *The Journal of Alternative and Complementary Medicine* 20, A67–A68. <https://doi.org/10.1089/acm.2014.5176.abstract>
- Singhal, A., Tien, Y.-Y., Hsia, R.Y., 2016. Racial-Ethnic Disparities in Opioid Prescriptions at Emergency Department Visits for Conditions Commonly Associated with Prescription Drug Abuse. *PLOS ONE* 11, e0159224. <https://doi.org/10.1371/journal.pone.0159224>
- Singrey, A.M., Mehta, B.H., Casper, K.A., 2015. Management of heart failure patients through integrative medical group visits. *Am J Health Syst Pharm* 72, 349–351. <https://doi.org/10.2146/ajhp140294>
- Stevenson, S., Luberto, C., Cotton, S., 2013. 10C. Shared Integrative Medicine Medical Visits for Type II Diabetes Mellitus: A Case Study Presentation. *Glob Adv Health Med* 2, S95. <https://doi.org/10.7453/gahmj.2013.097CP.S10C>
- Thompson-Lastad, A., 2018. Group Medical Visits as Participatory Care in Community Health Centers. *Qual Health Res* 28, 1065–1076. <https://doi.org/10.1177/1049732318759528>
- Thompson-Lastad, A., Gardiner, P., Chao, M.T., 2019. Integrative Group Medical Visits: A National Scoping Survey of Safety-Net Clinics. *Health Equity* 3, 1–8. <https://doi.org/10.1089/heq.2018.0081>
- Weeks, J., 2019. Reversing the Fields: Do Group-Delivered Services Belong Closer to the Center of a Transformed Health Care System? *The Journal of Alternative and Complementary Medicine* 25, 666–668. <https://doi.org/10.1089/acm.2019.29070.jjw>
- Whittington, B., Nieto, V., Reeves, R., Gilbert, S., 2018. Personalized health planning and goal setting in a whole health shared medical visit. *Journal of the American Pharmacists Association* 58. <https://doi.org/10.1016/j.japh.2017.09.005>

