

## LIST OF TRAINING COURSES



2025



FAHSS was founded in 1984 the internationally recognized technical service provider operating in more than 70 countries around the world. FAHSS is the leading center for Training, Inspections, Testing, Assessments, Auditing & Certification in the Middle East, serving the technical industry in the Gulf Region for more than 25 years, and is committed with its international experience and knowledge to increase the added value to its clients. FAHSS is one of the leading premium training providers in the region.

FAHSS certifies more than 10000 successful participants every year in a varied recognized public and in house customized training programs geared towards oil & gas, manufacturing, construction, finance, engineering....etc to suit your addressed needs and advise you with regard to your qualification requirements reliably and competently.

FAHSS is committed to provide safe, reliable services helping to demonstrate quality & confidence through a wide range of tailored programs to ensure optimal performance, safeguard your brand, and reinforce your competitive advantage.







We understand that success doesn't happen by chance; it requires careful planning, professional support, and innovative solutions tailored to your unique needs. That's why we build partnerships founded on trust and dedication, offering you cutting-edge tools and technologies to elevate your skills and significantly enhance your organization's performance.

If you aspire to develop yourself and enhance your knowledge, whether on a personal or organizational level, you are undoubtedly seeking a strategic partner with extensive expertise and advanced resources to help you achieve your ambitions with the highest standards of efficiency. We are here to offer more than just services—we provide a comprehensive journey toward excellence.

Whether you aim to strengthen your personal competencies or empower your team to navigate the ever-changing market challenges, we are committed to being the cornerstone of your success. We believe your journey to excellence deserves a partner who shares your vision and ambition, keeping you ahead of the competition. Choose us today and get ready to achieve your aspirations.







## STANDARDS LIST OF TRAINING COURSES









## STANDARDS COURSES

Course Title	<b>Duration</b> I	Participants	
Data quality			
ISO 8000	2 DAYS	5-15	
Quality Management	Systems		
ISO 9001:2015 Awareness	1 DAY	5-15	
ISO 9001:2015 Internal Audit	2 DAYS	5-15	
ISO 9001:2015 Lead Auditor	5 DAYS	5-15	
Medical Devic	es		
ISO 13485:2016 Awareness	1 DAY	5-15	
ISO 13485:2016 Internal Audit	2 DAYS	5-15	
ISO 13485 internal Audit	2 DAYS	5-15	
Environmental Managen	nent Syste	ms	
ISO 14001:2015 Awareness	1 DAY	5-15	
ISO 14001:2015 Internal Audit	2 DAYS	5-15	
ISO 14001:2015 Lead Auditor	5 DAYS	5-15	
Competence of Testing and Cali	bration La	boratories	
ISO 17025:2017 Awareness	1 DAY	5-15	
ISO 17025:2017 Internal Audit	2 DAYS	5-15	
ISO 17025:2017 Lead Auditor	5 DAYS	5-15	
Food Safety Management Systems			
ISO 22000:2018 Awareness	1 DAY	5-15	
ISO 22000:2018 Internal Audit	2 DAYS	5-15	
ISO 22000:2018 Lead Auditor	5 DAYS	5-15	

2025



## STANDARDS COURSES

Course Title	Duration	<b>Participants</b>
Business Continuity Manag	ement Sy	ystems
ISO 22301:2019 Awareness	1 DAYS	5-15
ISO 22301:2019 Internal Audit	2 DAYS	5-15
Information Security Manag	jement S	ystems
ISO 27001:2022 Internal Audit	2 DAYS	5-15
ISO 27001:2022 Lead Auditor	5 DAYS	5-15
Risk Managem	ent	
ISO 31000:2018 Internal Audit	2 DAYS	5-15
Occupational Health and Safety N	lanageme	ent Systems
ISO 45001:2018 Awareness	1 DAY	5-15
ISO 45001:2018 Internal Audit	2 DAYS	5-15
ISO 45001:2018 Lead Auditor	5 DAYS	5-15
Energy Management	Systems	;
ISO 50001:2018 Awareness	1 DAY	5-15
ISO 50001:2018 Internal Audit	2 DAYS	5-15
ISO 50001:2018 Lead Auditor	5 DAYS	5-15
Complaints Handling in (	<b>Organizat</b>	ions
ISO 10002:2018 Awareness	1 DAY	5-15
Competence Management and I	People Do	evelopment
ISO 10015:2018 Awareness	1 DAY	5-15
Integrated Manageme	ent Syste	m
IMS Awareness	1 DAY	5-15
		2025



## STANDARDS COURSES

Course Title	Duration	<b>Participants</b>
IMS Internal Audit	2 DAYS	5-15
Others		
ISO API Q1	2 DAYS	5-15
ISO Project Management Professional (P	MP)5 DAYS	5-15
ISO Risk Management Professional (RMP)	5 DAYS	5-15
Professional in Business Analysis (PBA)	5 DAYS	5-15
Certified Business Analysis Professional (CBAF	P) 5 DAYS	5-15
Entry Certificate in Business Analysis (ECBA	A) 5 DAYS	5-15
Certified Quality Manager CQM	10 DAYS	5-15



# HEALTH &SAFETY LIST OF TRAINING COURSES









### **HEALTH & SAFETY**

#### **Course Title**

PROGRAMME		
First Aid & CPR	1 DAY	5-15
Root Cause Analysis	1 DAY	5-15
Work Permit Receiver / Issuer	1 DAY	5-15
Basic Life Support	1 DAY	5-15
Confined Space Entry & Stand by Man	1 DAY	5-15
Defensive Driving (DDC)	1 DAY	5-15
Fire Fighting Training Course	1 DAY	5-15
Fire Fighting/Safety Awareness	1 DAY	5-15
Firewatch	1 DAY	5-15
Flagman, Signalman, Banksman, Spotter	1 DAY	5-15
H <sub>2</sub> S	1 DAY	5-15
Incident Investigation	1 DAY	5-15
Safety Orientation Program	1 DAY	5-15
<b>Emergency Preparedness &amp; Response</b>	1 DAY	5-15
Intermediate Health & Safety	2 DAYS	5-15
HSE Audit	2 DAYS	5-15
Incident Investigation	1 DAY	5-15
Hazardous Materials Safe Handling	1 DAY	5-15
Ramp Safety	1 DAY	5-15
Self-Contained Breathing Apparatus SCBA	1 DAY	5-15
Welding & Cutting Safety	1 DAY	5-15



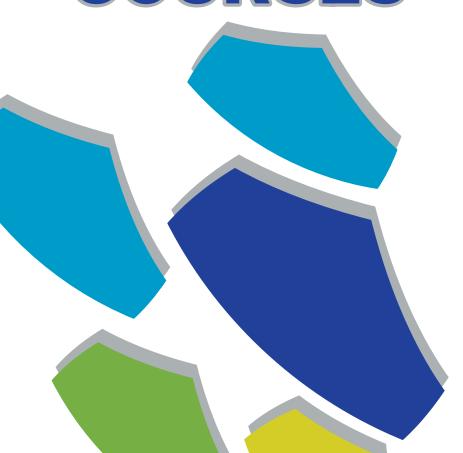
## **HEALTH & SAFETY**

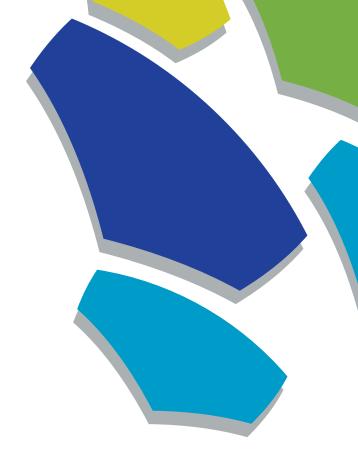
#### **Course Title**

PROGRAMME		
Workplace Hazards and Control	1 DAY	5-15
JSA (Job Safety Analysis)	1 DAY	5-15
Behavior Based Safety	1 DAY	5-15
Crisis Management	1 DAY	5-15
PHA HAZOP Leader	4 DAYS	5-15
Risk Assessment & Accident Incident Investigation	2 DAYS	5-15
Layer of Protection Analysis (LOPA)	3 DAYS	5-15
Laser Safety	1 DAY	5-15
NFPA 70E, Electrical Safety in the Workplace	5 DAYS	5-15
Safety Instrumented Systems	5 DAYS	5-15
Certified Occupation Health	5 DAYS	5-15
Functional Safety Engineering	4 DAYS	5-15



## IOSH & NEBOSH LIST OF TRAINING COURSES









## **IOSH & NEBOSH**

**Course Title** 

PROGRAM		
NEBOSH Process Safety Management	5 DAYS	5-15
NEBOSH IGC	10 DAYS	5-15
NEBOSH Incident Investigation	1 DAY	5-15
NEBOSH Leadership Excellence	1 DAY	5-15
IOSH Managing Safely	3 DAYS	5-15
IOSH Working Safely	1 DAY	5-15
OSHA General Industry	5 DAYS	5-15



## ENVIRONMENT LIST OF TRAINING COURSES









## **ENVIRONMENTAL**

Course Title Duration Participants

PROGRAM		
<b>Emissions to Air &amp; Ambient Air Quality</b>	3 DAYS	5-15
<b>Environmental Emergency Plan</b>	3 DAYS	5-15
<b>Emission Control</b>	5 DAYS	5-15
Management of Emissions from Stationary & Mobile Sources	10 DAYS	5-15
Water, Wastewater & Sewage Water Management	3 DAYS	5-15
Health, Safety & Environment (HSE)	5 DAYS	5-15
ISO 14064 Carbon Footprint Lead Implementer	3 DAYS	5-15
Marine Ecology & Oil Spill Effect	3 DAYS	5-15
Polymers Polymerization Technology	3 DAYS	5-15
Hazard & Operability Study with IASP Certification	5 DAYS	5-15

## Highfield LIST OF TRAINING COURSES







Course Title Duration Participants

LEAITH AND CAE	TV	
HEALTH AND SAFE	111	
International Award in Principles of Health and Safety L1	1 DAY	5-15
International Award in Fire Safety L1	1 DAY	5-15
International Award in Fire Safety L2	1 DAY	5-15
International Award in First Aid Response L3	5 DAYS	5-15
Award in Health and Safety within the Workplace (RQF) L2	2 DAYS	5-15
Award in Health and Safety within the Workplace (RQF) L3	5 DAYS	5-15
International Award in Risk Assessment L2	1 DAY	5-15
International Award in Health and Safety for Construction Supervisors L3	2 DAYS	5-15
International Award in Work at Height L2	1 DAY	5-15
International Award in Health and Safety in the Workplace L2	1 DAY	5-15
International Award in the Control of Substances Hazardous to Health (COSHH) L2	1 DAY	5-15 <b>2025</b>

Course Title Duration Participants

HEALTH AND SAFETY		
International Award in Emergency First Aid at Work L2	1 DAY	5-15
International Award in Emergency First Aid, Defibrillation and CPR L2	1 DAY	5-15
International Award in Paediatric First Aid L2	1 DAY	5-15
International Award in Paediatric First Aid and the Safe Use of an Automated External Defibrillator L2	2 DAYS	5-15
International Award in Paediatric First Aid, the Safe Use of an Automated External Defibrillator and Managing Illness and Injury L2	2 DAYS	5-15

**(RQF)** Developed and is awarded by Highfield Qualifications and sits on the Regulated Qualifications Framework.

**(QCF)** Accredited by the regulators of England and Wales (Ofqual and Welsh Government) and is part of the Qualifications and Credit Framework.



**Duration Participants Course Title FOOD** Award in Food Safety in Catering (RQF) 1 DAY 5-15 Award in Food Safety in Manufacturing 1 DAY 5-15 (RQF) L1 Award in Food Safety in Retail (RQF) L1 1 DAY 5-15 Award in Food Safety in Catering (QCF) 5-15 2 DAYS **Award in Food Safety for Manufacturing** 5-15 2 DAYS (QCF) L2 Award in Food Safety for Retail (QCF) L2 2 DAYS 5-15 Award in Food Safety in Catering (RQF) 5-15 2 DAYS **Award in Food Safety in Manufacturing** 2 DAYS 5-15 (RQF) L2 Award in Food Safety in Catering (RQF) 3 DAYS 5-15 **Award in Food Safety in Manufacturing** 3 DAYS 5-15 (RQF) L3 Award in Food Safety Management for 5 DAYS 5-15 Manufacturing (RQF) L4 2025



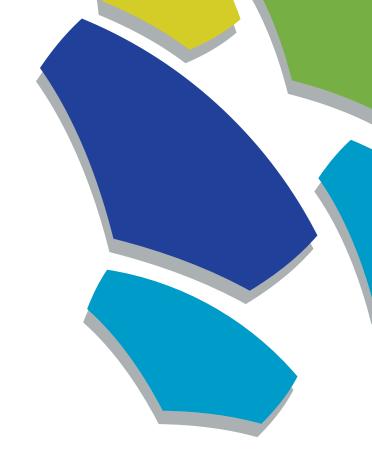
Course Title Duration Participants

FOOD		
Award in Food Safety Management for Manufacturing (QCF) L4	10 DAYS	5-15
Award in HACCP for Catering L2	2 DAYS	5-15
Award in HACCP for Manufacturing L2	2 DAYS	5-15
Award in HACCP for Catering (RQF) L2	2 DAYS	5-15
Award in HACCP for Food Manufactur- ing (RQF) L2	2 DAYS	5-15
Award in HACCP for Catering (RQF) L3	3 DAYS	5-15
Award in Supervising HACCP for Catering L3	3 DAYS	5-15
Award in HACCP Management for Food Manufacturing (QCF) L4	5 DAYS	5-15
Award in HACCP Management for Food Manufacturing (RQF) L4	5 DAYS	5-15
Highfield Level 2 Award in Safe Moving and Handling (RQF)	2DAYS	5-15



## Six Sigma LIST OF TRAINING COURSES





**605 2025** 



## SIX SIGMA

#### **Course Title**

PROGR	AM	
Green Belt	5 DAYS	5-15
YellowBelt	5 DAYS	5-15
Black Belt	5 DAYS	5-15
Lean Six Sigm	10 DAYS	5-15
Introduction to Machinery	5 DAYS	5-15
Lean Practitione	3 DAYS	5-15



## SOFT SKILLS LIST OF TRAINING COURSES









#### **Course Title**

PROGRAM		
Active Listening	2 DAYS	5-15
Advanced Project Management	2 DAYS	5-15
Advanced Writing Skills	2 DAYS	5-15
Anger Management	2 DAYS	5-15
Appreciative Inquiry	2 DAYS	5-15
Balance Score Card	3 DAYS	5-15
Balanced Scorecard	2 DAYS	5-15
Basic Business Management	3 DAYS	5-15
Basic Internet Marketing	2 DAYS	5-15
Behavioral Interviewing Techniques	3 DAYS	5-15
Blue OceanStrategy Framework	1 DAY	5-15
Body Language	2 DAYS	5-15
Building a Brand on Social Media	2 DAYS	5-15
Building a Consulting Business	1 DAY	5-15
Building an Online Business	2 DAYS	5-15
<b>Building Self Esteem and Assertiveness Ski</b>	lls2 DAYS	5-15
Bullying inthe Workplace	2 DAYS	5-15
<b>Business Etiquette</b>	2 DAYS	5-15
Business Leadership	3 DAYS	5-15
Business Performance Management	2 DAYS	5-15
Business Process Management	3 DAYS	5-15



#### **Course Title**

PROGRAM		
Business Succession Planning	2 DAYS	5-15
<b>Business Writing</b>	3 DAYS	5-15
Call Center Training	3 DAYS	5-15
Change & Transformation Management	2 DAYS	5-15
Change Management	3 DAYS	5-15
Coaching and Mentoring	2 DAYS	5-15
Communication Skills	2 DAYS	5-15
Communications for Small Business Owners	3 DAYS	5-15
Conducting Accurate Internet Research	2 DAYS	5-15
Conducting Effective Performance Reviews	3 DAYS	5-15
Conference and Event Management	2 DAYS	5-15
Conflict Resolution - Dealing with difficult People	2 DAYS	5-15
Conflict Resolution - Getting Along In The Workplace	2 DAYS	5-15
Conquering Fear of Speaking in Public	2 DAYS	5-15
Continuous Improvement With Lean	2 DAYS	5-15
Conversational Leadership	2 DAYS	5-15
Creating a Dynamite Job Portfolio	2 DAYS	5-15
Creating a Google Ad Words Campaign	2 DAYS	5-15
Creating and Managing Corporate Brand	2 DAYS	5-15
Creating Winning Proposals	2 DAYS	5-15
Creative Thinking	3 DAYS	5-15



#### **Course Title**

#### **Duration Participants**

PROGRAM		
Crisis Management	3 DAYS	5-15
Critical Thinking	2 DAYS	5-15
Customer Relationship Management	2 DAYS	5-15
Customer Service Training - Critical Elements of Customer Service	3 DAYS	5-15
Customer Service Training - Managing Customer Service	2 DAYS	5-15
Developing Executive Presence	2 DAYS	5-15
Developing training program	2 DAYS	5-15
Developing Training Programs	3 DAYS	5-15
Basic Internet Marketing	2 DAYS	5-15
Diversity in the Workplace	1 DAY	5-15
Documentation & Process Mapping	3 DAYS	5-15
E-Commerce Management	2 DA S	5-15
E-Mail Marketing	2 DAYS	5-15
Effective Delegation	3 DAYS	5-15
Effective Planning and Scheduling	1 DAY	5-15
Emotional Intelligence	2 DAYS	5-15
Employee Accountability	2 DAYS	5-15
<b>Employee Dispute Resolution</b>	2 DAYS	5-15
Entrepreneurship101	3 DAYS	5-15
Facilitation Skills	2 DAYS	5-15
Generation Gap	2 DAYS	5-15

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#### **Course Title**

PROGRAM		
Getting Stuff Done	2 DAYS	5-15
Giving Effective Feedback	2 DAYS	5-15
Global Business Strategies	3 DAYS	5-15
Goal Setting	2 DAYS	5-15
High Reliability Organizations	2 DAYS	5-15
HR for the Non-HR Manager	5 DAYS	5-15
Influence and Persuasion	2 DAYS	5-15
Intermediate Project Management	2 DAYS	5-15
Key Performance Indicators	2 DAYS	5-15
Knowledge Managemen	1 DAY	5-15
Leadership Skills for Supervisors	3 DAYS	5-15
Lean Process Improvement	2 DAYS	5-15
Intrapreneurship	2 DAYS	5-15
Logistic and Supply Chain Management	2 DAYS	5-15
Making Training Stick	3 DAYS	5-15
Managing Across Cultures	2 DAYS	5-15
Managing Difficult Conversations	2 DAYS	5-15
Managing Across Cultures	2 DAYS	5-15
Managing Difficult Conversations	2 DAYS	5-15
<b>Managing Pressure and Maintaining Balance</b>	2 DAYS	5-15
Managing Virtual Workplace	2 DAYS	5-15



#### **Course Title**

PROGRAM		
Marketing and Sales	2 DAYS	5-15
Marketing for Small Businesses	2 DAYS	5-15
Marketing with Social Media	2 DAYS	5-15
Mastering the Interview	2 DAYS	5-15
Measuring Training Results	2 DAYS	5-15
Meeting Management	2 DAYS	5-15
Motivating Your Workforce	2 DAYS	5-15
Negotiating for Results	3 DAYS	5-15
Networking for Success	2 DAYS	5-15
NLP (Neuro Linguistic Programming)	2 DAYS	5-15
NLP Tools for Real Life	2 DAYS	5-15
Overcoming Objections to Nail the Sale	2 DAYS	5-15
Performance Management	2 DAYS	5-15
Personal Brand Maximizing Personal Impact	2 DAYS	5-15
Problem Solving & Decision Making	3 DAYS	5-15
Process Improvement with Gap Analysis	1 DAY	5-15
Programmable Logic Control	3 DAYS	5-15
Project Management - Understanding Project Management	® DAYS	5-15
Project Management Fundamentals	2 DAYS	5-15
Prospecting for Leads like a Pro	2 DAYS	5-15
Public Relations	2 DAYS	5-15



#### **Course Title**

PROGRAM		
Public Speaking - Presentation Survival School	2 DAYS	5-15
Public Speaking - Speaking Under Pressure	2 DAYS	5-15
Risk Assessment	1 DAYS	5-15
Selling Smarter	2 DAYS	5-15
Skills for the Administrative Assistant	3 DAYS	5-15
Social Selling for Small Businesses	2 DAYS	5-15
Statistical Quality Control	5 DAYS	5-15
Statistical Techniques	2 DAYS	5-15
Strategic Planning	3 DAYS	5-15
Stress Management	2 DAYS	5-15
Survival Skills for the New Trainer	2 DAYS	5-15
Sustainabilityand Social Responsibility in Business	2 DAYS	5-15
Talent Management Program	3 DAYS	5-15
Team Building	3 DAYS	5-15
Telemarketin	2 DAYS	5-15
The ABCs of Supervising Others	2 DAYS	5-15
The Minute Taker's Workshop	2 DAYS	5-15
The Professional Supervisor	3 DAYS	5-15
Tough Topics Talking to Employees about Personal Hygier	ne2 DAYS	5-15
Time Management	3 DAYS	5-15
Train the Trainer	3 DAYS	5-15



#### **Course Title**

PROGRAM		
Training Needs Analysis	2 DAYS	5-15
Training with Visual Storytelling	2 DAYS	5-15
Working Smarter	3 DAYS	5-15
Working with People with Disabilities	3 DAYS	5-15
Workplace Ergonomics: Injury Prevention Through Ergono	mics2 DAYS	5-15
Workplace Harassment	2 DAYS	5-15
Workplace Violence	3 DAYS	5-15
Workplace Wellness	2 DAYS	5-15
Writing a Business Plan	2 DAYS	5-15
Writing for the Web	2 DAYS	5-15
Writing Reports and Proposals	2 DAYS	5-15

#### **QUALIFICATION LEADS PROGRESS**

National Inspection & Technical Testing Co. (FAHSS) P.O.Box 3998, Dammam 31481

Tel: 013-840 8333, 050 283 02 07, 053 332 35 20

Email: training@fahss.com





Headquarter DAMMAM **050 250 02 64**  Branch RIYADH **053 443 63 02**  Branch JEDDAH **055 280 20 62** 









