

Friday, January 24th, 2020

Session 1 - Level 4 (96 Gymnasts)

Check In 8am
March In 8:20am
Flight One Warm 8:30am
Meet Start 8:45am
Meet Ends 11:50am

All Around, CGA, GAR, Flipstar, GymKhana, Quad, Vernon, Ultimate, Connection, XCalibur, St Charles

Session 2 - Level 6/7 (27 and 48 = 75 Gymnasts)

Check In 12pm
March In 12:20pm
Flight One Warm 12:30pm
Meet Starts 12:45pm
Meet Ends 3:45pm

6's from Vernon, Flipstar, Gymkhana, Prairie, Connection, Ultimate 7's from All Around, CGA, City, Edwardsville, Flipstar, GAR, Xcalibur, Gymkhana, Ultimate, Vernon

<u>Session 3 - Level 8/10 (38 and 14 = 52 Gymnasts)</u>

Check In 3:50pm March In 4:10pm Flight one Warm 4:20pm Meet Starts 4:35pm Meet Ends 6:45pm

8's from All Around, CGA, City, Flipstar, GAR, Gymkhana, Connection, Twisters, Quad, Ultimate, Vernon 10's from All Around, GAR, Flipstar, Gymkhana, XCalibur, Twisters

Session 4 - Level 9/XCEL Gold (29 and 37 = 66 Gymnasts)

Check In at 6:50pm March In 7:10pm Flight One Warm 7:20pm Meet Starts 7:35pm Meet Ends 10pm

9's from All Around, City, Edwardsville, Flipstar, GAR, XCalibur, Gymkhana, Twisters, Quad, Ultimate Gold's from All Around, City, GAR, Twisters, Vernon, Connection, Prairie

Saturday, January 25th

Session 5 - Level 3 (51 Gymnasts)

Check In at 8am
March In at 8:15am
Meet Begins at 8:25am
Meet Ends at 10:35am
Flipstar, AllAround
Gateway, Quad, St Charles

Session 6 - Level 4 (67 Gymnasts)

Check In at 10:50am
March In at 11:10am
Meet Begins at 11:20am
Meet Ends at 2:40pm
Elite, Gateway, Mattoon,
MEGA, Legacy, Twisters, City

Session 7 - Level 3 (53 Gymnasts)

Check In at 3pm
March In at 3:15pm
Meet Begins at 3:25pm
Meet Ends at 5:40pm
CGA, City, Mattoon, Ultimate, Prairie,
Vernon, XCalibur, City

Session 5B - Level 5 (68 Gymnasts)

Check In at 8am
March In at 8:20am
Meet Begins at 8:30am
Meet Ends at 11:55am
GAR, CGA, City, Prairie, Ultimate, Vernon,
Xcalibur, Gymkhana, Legacy, Mattoon,
Connection

Session 6B - Bronze/Level 2 (72 Gymnasts)

Check In at 12pm
March In at 12:15pm
Meet Begins at 12:25pm
Meet Ends at 3:10pm
City, Gemini, Ipower, St Charles, Vernon, CGA

Session 7B - XCEL Silver (48 Gymnasts)

Check In at 3:30pm
March In at 3:45pm
Meet Begins at 3:55pm
Meet Ends at 5:55pm
All Around, St Charles, Prairie,
Elite, XCalibur, GAR

Session 8 - Level 6 (69 Gymnasts)

Check in at 6:20pm
March In at 6:40pm
Flight One Warm Up at 6:50pm
Meet Begins 7:05pm
Meet Ends at 10pm
Legacy, All Around, MEGA, Twisters, Quad, Mattoon, Elite

Sunday, January 26th, 2020

Session 9 – XCEL Silver (86 Gymnasts)

Check In at 8am
March In at 8:20am
Flight One Warm Up at 8:30am
Meet Begins at 8:40am
Meet Ends at 11:10am
Gemini, Connection, Twisters, Pride, CGA, City, Vernon

Session 10 - Platinum/Diamond (60 and 4 = 64 Gymnasts)

Check In at 11:15am

March In at 11:35am

Flight One Warm Up at 11:45am

Meet Begins at 12pm

Meet Ends at 2:40pm

All Around, CGA, City, Edwards, Elite, Gemini, XCalibur, Twisters,

Prairie, Oswego, Vernon, St Charles

Session 11 – XCEL Gold (69 Gymnasts)

Check In at 2:45pm

March In at 3:05pm

Flight One Warm Up at 3:15pm

Meet Begins at 3:25pm

Meet Ends at 5:45pm

Elite, Gemini, XCalibur, Pride, St Charles, CGA