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LIFE IS IMPOSSIBLE TO EXPLAIN

As we grow up in this world, we are trained by the people around us to search for a “*good life*”, the one we think is free of doubt, free of insecurity, free of unhappiness. However, to our dismay, sooner or later we find ourselves in the middle of very difficult times. These situations, we think, are in the way; they are seemingly preventing us from getting “there”. Many of us will wonder if we will “ever” get “there”! Many human beings will eventually realize what life really is while going through this “bad storm”, some of us will be required to go through many “bad storms”. Even the ones that die appearing not to get “it”, have had moments of awareness. Perhaps, it is *their noncompliance of living up to our expectations* which leads us to believe that *their lives were not worth living*.

Life is a totally new experience for every one of us. Some humans may want to instill in us their ideas, or we may ask them to do it, wishing we would become “experienced” through their experiences. They will try to lure us with the idea that we will be “better off” living the same manner they experience their lives. They will turn angry, worried or disappointed when these expectations do not become a reality. They will judge and condemn us. These are not bad people, these are poor souls who do not have any idea of what life is, and how much of their existence has been spent in convincing others to live they same way they do, “the right way”!

Let us stop here for a moment and reflect on how much effort we have wasted in trying to convince others to live their life the same way we live ours. Are our lives really as happy and as trouble-free that every one around us should live they way we live? Should my son live my life and not his? Is not this an arrogant assumption?

Life is like a rain forest without trails, it has dense and tall vegetation. I always thought my life had “roads or trails” because I had electricity, food in the pantry, a toilet with running water, and an automobile. Nevertheless, having these conveniences does not mean that I have a map with instructions on where to go and what to do. Every morning I wake up not knowing what to do or where to go, so I will have an exciting day free of worries. I know I have to get up, have breakfast and go to work; but this is not what I really wish to do! I want to be free of preoccupation and hustles!

So what is life? LIFE IS IMPOSSIBLE TO EXPLAIN, THAT IS WHAT LIFE IS.

The only think I know about life is that it is a journey full of surprises; some painful, some pleasant, and some indifferent surprises. Life is like planning a trip to a country which has food, traditions and architecture we enjoy. After a long plane flight, we arrive in a totally different country; the food, customs, and even the language are different! We immediately become horrified by the idea of staying there. However, we find out **at that very second** that this trip has **no return**. Our immediate response is to run, but we cannot. Since we do not have any choice, we eventually get off the plane. We gradually realize that the people there also have worries and unhappiness, they are as afraid as we are. In time, we learn to enjoy some of their food, appreciate their traditions, and even speak some words of their language! We find unexpected moments of peace and joy; we become more “open-minded”.

Life is full of experiences which, when lived may allow us to have an existence beyond our wildest dreams. We just need to “hang in there” until our “second wind” kicks in. We then see that although a virgin rain forest comes with sharp thorns and dangerous animals; it also comes with the sweetest fruits, and the most beautiful flowers.