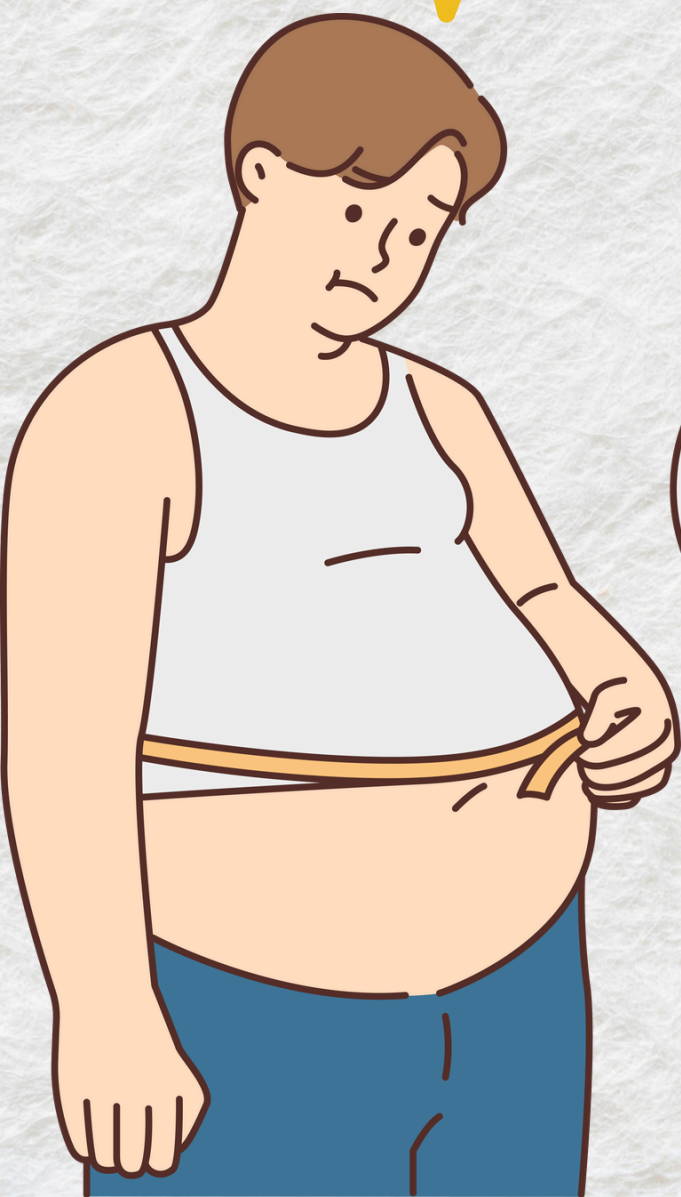


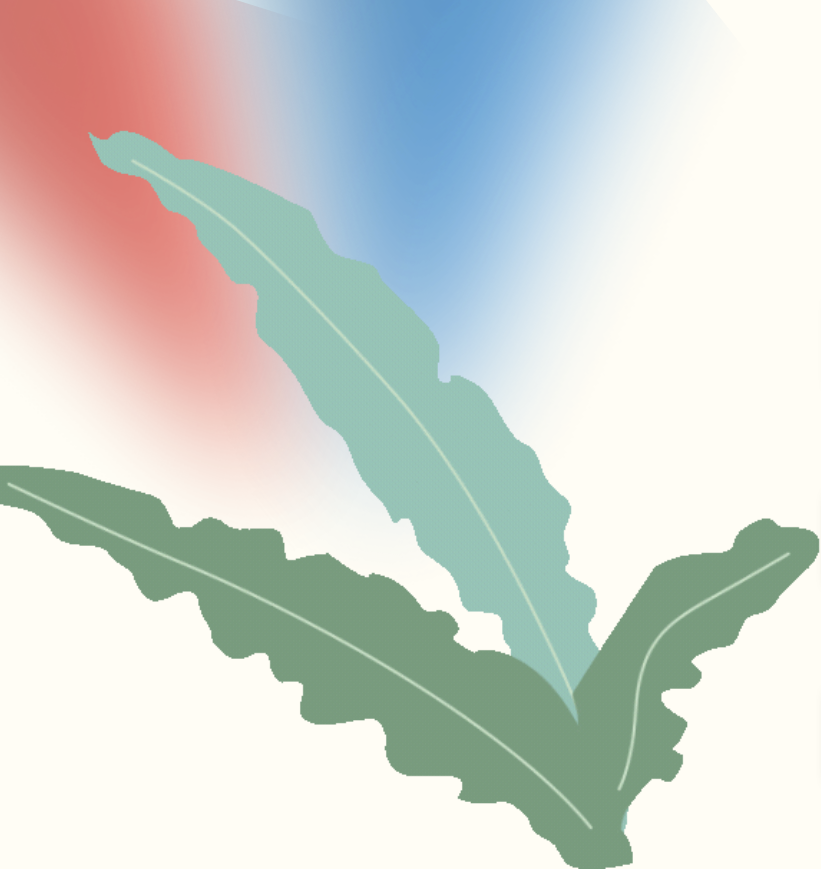
**WARNING!**

**Protective  
Screens can  
HELP!**

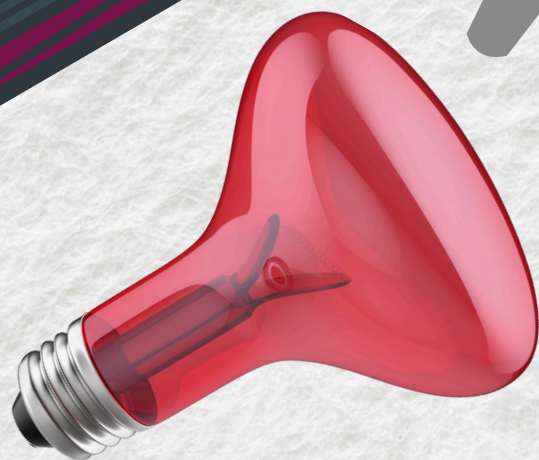
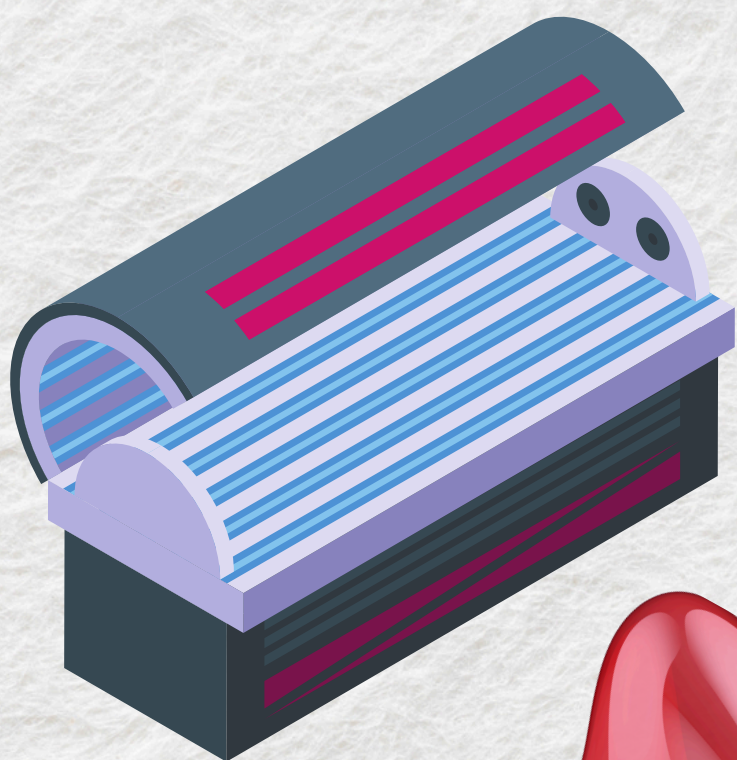
**Your Cell  
Phone  
Could Be  
Making  
You  
Gain  
Weight?!**







Just as Plants  
Need a spectrum of  
light or if grown inside  
both **Blue** & **Red** light...



**WE NEED  
BOTH FOR  
OUR  
HEALTH**

Red light therapy: or exposure of your  
skin to a lamp or laser device with a  
specific type of **Red** light to Improve  
Health!

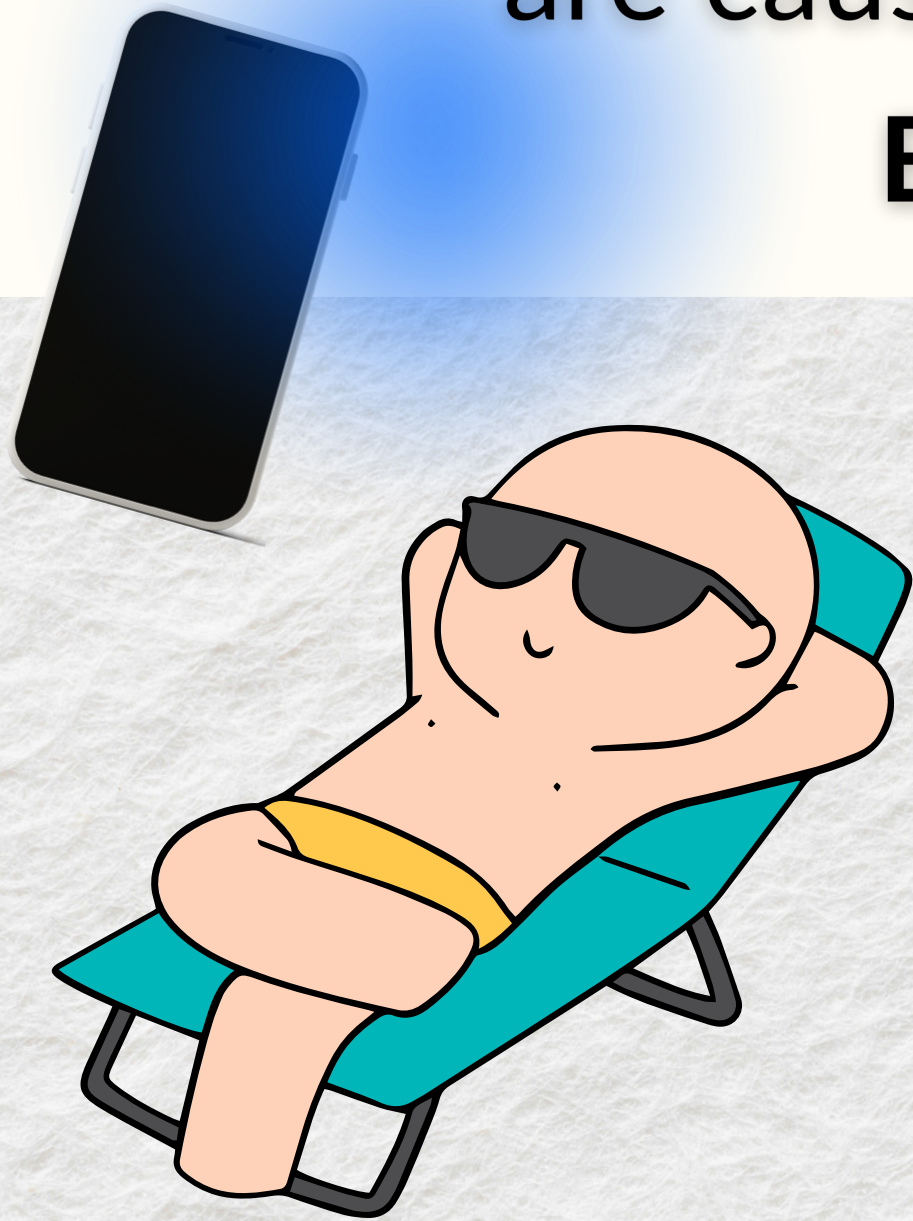


**BREAKING**

**LIVE**

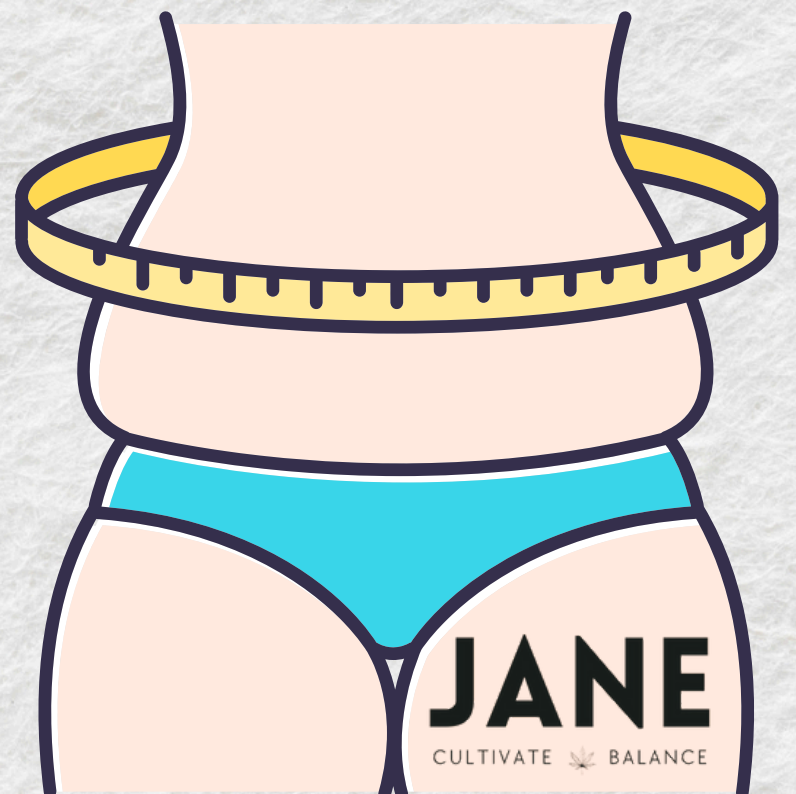
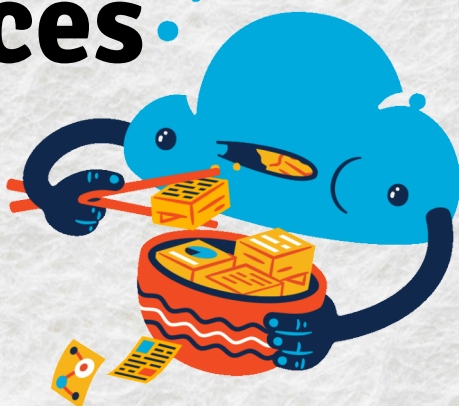
**NEWS**

Exposure to **Blue Light**  
from TV, Tablets, & Cellphones  
are causing **Significant Health**  
**Effects** on its Users..



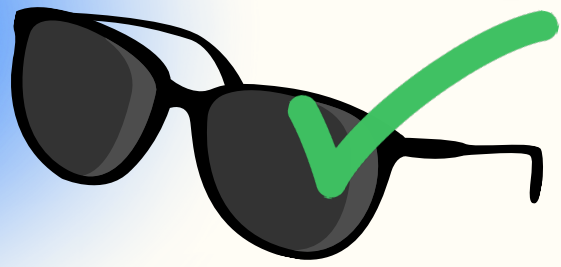
**Blue Light stops**  
**our body from**  
**using the sunlight**  
**as a food or**  
**energy source**

**Making our body**  
**rely on ORAL**  
**Energy Sources**  
**More!**



**JANE**  
CULTIVATE  BALANCE





Aside from limiting  
Screen Time..

Specific Eye Glasses &

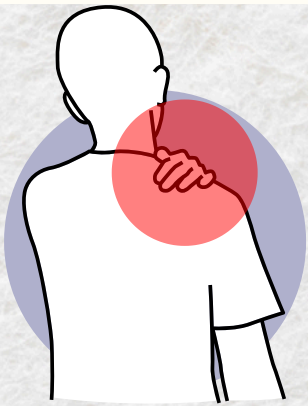
Protective screens can **HELP!**



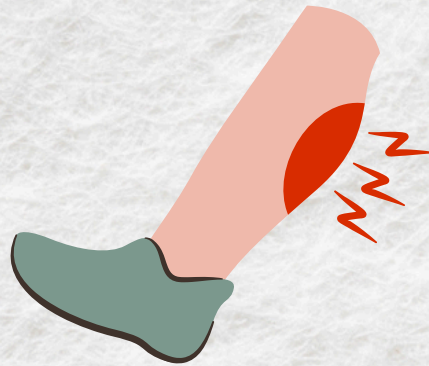
Blue Light Exposure, does have  
**Negative effects on our Eyes,  
Weight, & Overall Health!**



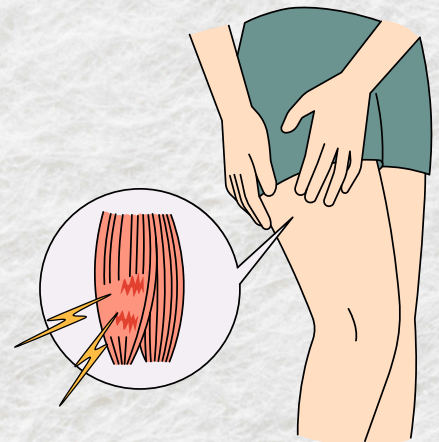
Helps the mitochondria (power house) of your cells, Soak up the **RED** LIGHT and use it for Energy.



Decrease Pain



Decrease Inflammation



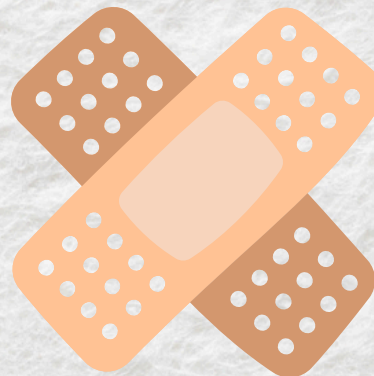
Improve Muscle Recovery



Weight Loss



Increase Collagen

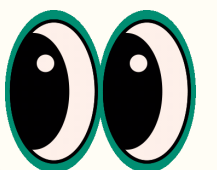


Improve Healing & Scars



Body Detox

Look At some of the Benefits!



**RED** Light helps Cells Repair themselves leading to Total Body Healing