



# Top 12 Life Questions:

---

>> Answer these on the back or on a separate sheet of paper. Don't hold back.

1. Are you happy with your life? Why or why not?
2. Do you feel loved?
3. Do you truly like yourself?
4. What matters most to you? Who matters most to you?
5. Can you let go of your past? If no, why?
6. Are you loving your life authentically to your own desires, or are you living your life to other people standards / expectations?
7. Do you need an apology for anything? From who?
8. If you were to die tomorrow, what would be your biggest regrets?
9. If you were to die in 6 months, what would you do with your life?
10. What is your definition of success?
11. What would you do if you couldn't fail? (weren't scared)
12. How can I be the person I want to be? (How can I be better?)