

■ Doctor Note:

McQueeney, James F (1985

Default Progress Note

Visit Date: Mon, Jul 6, 2026

Provider:

Location: V

Electronically signed by on 07/06/2026

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Subjective:

CC: Mr. McQueeney is a 40 year old White male. He is here for an annual exam.

HPI:

Encounter for general adult medical examination without abnormal findings

Encounter for general adult medical examination without abnormal findings noted. His last physical exam was last year. He performs testicular self-exams occasionally. He is current with his Td immunization.

Smoking Status: Nonsmoker

Mixed hyperlipidemia

Encounter for screening for depression

Encounter for screening for diabetes mellitus

ROS:

CONSTITUTIONAL: Negative for chills, fatigue and fever.

EYES: Negative for blurred vision and eye pain.

E/N/T: Negative for nasal congestion and sore throat.

CARDIOVASCULAR: Negative for chest pain.

RESPIRATORY: Negative for dyspnea.

GASTROINTESTINAL: Negative for abdominal pain, abdominal bloating, constipation, diarrhea, nausea and vomiting.

GENITOURINARY: Negative for dysuria and change in urine stream.

MUSCULOSKELETAL: Negative for arthralgias, back pain and myalgias.

INTEGUMENTARY: Negative for rash.

NEUROLOGICAL: Negative for headaches, paresthesias and weakness.

HEMATOLOGIC/LYMPHATIC: Negative for easy bruising, excessive bleeding and lymphadenopathy.

PSYCHIATRIC: Negative for anxiety and depression.

Past Medical History / Family History / Social History:

Last Reviewed on 7/06/2026 by

Past Medical History:

HLA-B27 +

Chronic uveitis 2013-2017

Distal phalangeal amputation right hand digits 2-4 (work accident)

Surgical History:

Hernia Repair: at age 1ef inguinal;

Family History:

Unremarkable

Social History:

Household: Process Engineer for Hyde Tools;

Children: 1 child

Exercise: Primary form of exercise is weight lifting. Frequency is daily.

Marital Status: Single Sexually active with women only.

Functional Status:

Tobacco/Alcohol/Supplements:

Last Reviewed on 7/06/2026

Tobacco: Nonsmoker (never smoked);

Alcohol:

Drinks approximately 1-2 times per month.

Supplements: Patient admits to use of multivitamins, Irish sea moss, and fish oil. Marijuana used None

Substance Abuse History:

Last Reviewed on 7/06/2026

NEGATIVE

Mental Health History:

Last Reviewed on 7/06/2026

NEGATIVE

Communicable Diseases (eg STDs):

Last Reviewed on 7/06/2026

Reportable health conditions; NEGATIVE

Current Problems:

Last Reviewed on 7/06/2026

Mixed hyperlipidemia

Immunizations:

Td (adult), 5 Lf tetanus toxoid, preservative free, adsorbed (TENIVAC) 6/19/2025

Objective:

Vitals:

Current: 7/6/2026 Ht: 5 ft, 5 in; Wt: 203.8 lbs; BMI: 33.9

T: 98.6 F (temporal); BP: 117/75 mm Hg (right arm, sitting); P: 80 bpm (finger clip, sitting); sCr: 1.29 mg/dL; GFR: 73.27

O2 Sat: 97 % (room air)

Exams:

PHYSICAL EXAM:

GENERAL: well developed and nourished; appropriately groomed; in no apparent distress;

EYES: EOMI; PERRLA; normal lids, conjunctiva, and fundoscopic exam;

E/N/T: normal EACs, TMs, nasal/oral mucosa, teeth, gingiva, and oropharynx;

NECK: supple, full ROM; no thyromegaly; no carotid bruits;

RESPIRATORY: lungs clear to auscultation; symmetric expansion; no dyspnea;

CARDIOVASCULAR: regular rate and rhythm; normal S1, S2; no murmur, rub, or gallop; normal PMI; 2+ carotid, radial, femoral, and pedal pulses; no aortic or femoral bruits;

GASTROINTESTINAL: nontender, nondistended; no hepatosplenomegaly or masses; no bruits;

GENITOURINARY: penile and testicular exams are normal, without masses, tenderness, or lesions;

LYMPHATICS: no adenopathy in cervical, supraclavicular, axillary, or inguinal regions;

SKIN: no significant rashes or lesions; no suspicious moles;

MUSCULOSKELETAL: Normal range of motion, strength and tone;

NEUROLOGICAL: cranial nerves, motor and sensory function, reflexes, gait and coordination are all intact;

PSYCHIATRIC: appropriate affect and demeanor; normal speech pattern; grossly normal memory;

Assessment:

Z00.00 Encounter for general adult medical examination without abnormal findings

DDx:

E78.2 Mixed hyperlipidemia

DDx:

Z13.31 Encounter for screening for depression

DDx:

Z13.1 Encounter for screening for diabetes mellitus

DDx:

Z13.0 Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism

DDx:

ORDERS:

Radiology/Test Orders:

96127 Behav assmt w/score & docd/stand instrument (In-House) (x2)

Lab Orders:

80053 Comprehensive metabolic panel (Send-Out)

80061 Lipid panel (Send-Out)

85025 Complete blood count (CBC), automated (Hgb, Hct, RBC, WBC, platelets) and automated differential WBC (Send-Out)

Procedures Ordered:

99173 Screening visual acuity, quantitative, bilateral (In-House)

Other Orders:

DQ514P Queried Patient for Tobacco Use (Send-Out)

Plan:

Encounter for general adult medical examination without abnormal findings

LABORATORY: Lab studies ordered today include CBC, comprehensive metabolic panel, and lipid panel.

MEDICATIONS: (no change to current medication regimen) The following vaccines were discussed and recommended and the patient will consider at a later time: MMR vaccine,, Influenza, Covid vaccine (latest version)

COUNSELING was provided today regarding the following topics: healthy eating habits, vitamin and mineral supplementation (Multivitamin), regular exercise, testicular self-exam, STD prevention, contraception (barrier methods), alcohol, Sunscreen use, ABCDEs of moles discussed., Dental care on a yearly basis recommended., Influenza vaccine in the fall., based on today's eye exam it is recommended that a more comprehensive exam be performed by an an optometrist., Recommended patient get a pedometer, and discussed goal of 10,000 steps per day., Annual f/u with vision specialist for corrective lenses and routine screening, and Discussed Covid 19 prevention strategies..

FOLLOW-UP: Next CPE 1 years and Return for labs fasting

Smoking Status: Nonsmoker

Orders:

99173 Screening visual acuity, quantitative, bilateral (In-House)

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Mixed hyperlipidemia

Orders:

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Encounter for screening for diabetes mellitus

Orders:

80053 Comprehensive metabolic panel (Send-Out)

Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism

Orders:

85025 Complete blood count (CBC), automated (Hgb, Hct, RBC, WBC, platelets) and automated differential WBC (Send-Out)

Patient Recommendations:

For Encounter for general adult medical examination without abnormal findings:

Limit dietary intake of fat (especially saturated fat) and cholesterol. Eat a variety of foods, including plenty of fruits, vegetables, and grain containing fiber, limit fat intake to 30% of total calories. Balance caloric intake with energy expended. A daily multivitamin was recommended. Maintaining regular physical activity is advised to help prevent heart disease, hypertension, diabetes, and obesity.

Testicular cancer is the #1 cancer in men ages 15-35. You should regularly examine your testicles for knots, lumps, or tenderness. Testicular pain, even if not associated with any masses, needs to be evaluated by your doctor! Sexually transmitted diseases may be prevented by abstaining from sexual activity or avoiding sexual contact with high risk partners, and consistently using a condom or female barrier contraceptive.

Abstinence from sexual activity or consistently using a condom or female barrier contraceptive plus spermicide during intercourse is effective in preventing unintended pregnancy. Patient reminded to use SPF 15 or higher sunscreen. I also recommend 1.

Charge Capture:

Primary Diagnosis:

Z00.00 Encounter for general adult medical examination without abnormal findings

Orders:

99396 Preventive medicine, established patient, age 40-64 years (In-House)

99173 Screening visual acuity, quantitative, bilateral (In-House)

E78.2 Mixed hyperlipidemia

Z13.31 Encounter for screening for depression

Orders:

96127 Behav assmt w/score & docd/stand instrument (In-House) (x2)

Z13.1 Encounter for screening for diabetes mellitus

Z13.0 Encounter for screening for diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism