



5 DAY MIRACLE RESET PLANNER

Miracle Reset Planner

Day One

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Give yourself permission to change

Notes

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Day/Date

Action Steps

Challenges

Purpose & Motivation

“Men are anxious to improve their circumstances but are unwilling to improve themselves; they therefore remain bound.” --James Allen

Miracle Reset Planner

Day Two

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No time for negatives

Notes

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Day/Date

Action Steps

Challenges

Purpose & Motivation

*To remove negative thoughts, listen to soothing
music or read something inspirational.*

Miracle Reset Planner

Day Three

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Make a commitment to yourself

Notes

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Day/Date

Action Steps

Challenges

Purpose & Motivation

*Don't just be involved in your life,
be committed to your life.*

Miracle Reset Planner

Day Four

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Write it down and read it everyday

Notes

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Day/Date

Action Steps

Challenges

Purpose & Motivation

Make your commitment real by writing it down.

Miracle Reset Planner

Day Five

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Embrace, implement, do and be the change

Notes

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Day/Date

Action Steps

Challenges

Purpose & Motivation

*“It is not the strongest of the species that survives, nor the most intelligent that survives.
It is the one that is the most adaptable to change.” - Charles Darwin*