



Add more Feng Shui to your home

Become computer literate

Buy a car

Clean a room or space

Create a budget

Create a meditation schedule

Create a night-time routine

Create a She Shack/Man Cave

Create a YouTube Channel

Create an exercise routine

Create your personal brand

Declutter project

Deep breathing exercises

Do Random acts of kindness

Donate time/money to a non-profit

Draw or doodle each day

Drink more water

Eat a healthy diet

Explore another culture

Get up earlier than usual

Give up alcohol for 30 days

Identify your obstacles

Keep a list of daily accomplishments

Keep track of your expenses

Learn a new language

Learn new technology

Learn to cook

Learn to knit or crochet

Learn to prepare healthier dishes

Learn to swim

Listen to a guided relaxation

Log what you eat each day

Make a wish

Plan a vacation

Pull a daily Tarot or Oracle card for fun

Purge items



Read before bed each night

Refinance your house

Remodel your house

Remove added sugar from your diet
each day

Save for a rainy day

Set a bedtime and stick to it

Set a reminder every few hours to
check in on yourself

Speak positive words only

Spend time coloring

Start a business

Take a class

Take a power nap

Think before you speak

Walk 12,000 steps a day

Watch sunset or sunrise

Write a note to your future self