

You will have left the studio already equipped with at least two Tattoo Armour pads, one of which will have already been applied to the fresh tattoo before your leaving. After six hours of wear, remove the pad barrier in a clean environment and wash your tattoo with unscented soap. Once the pad has been removed and the tattoo is clean and dry, apply a thin amount of designated moisturizer and apply a new pad, repeating the previous steps. After removing your last replacement pad, the tattoo itself must stay clean and moisturized regularly until healing is complete for the best possible results.

General Instructions

Keep the pad on your fresh tattoo for 6 hours. When removing the Tattoo Armour pad, you will see that whatever blood plasma that has seeped out of the fresh tattoo will have been absorbed into the pad. Dispose of used pad in the trash bin. **Do not reapply an already used pad.** When you sleep with the pad on and if you exceed the recommended six hours, it's okay, as the tattoo will naturally bleed less during sleep as you are moving much less than when active. Just ensure you clean the tattoo well after removing the pad.

With clean hands, carefully cleanse the skin after removing Tattoo Armour, avoiding excessive rubbing. After cleansing the tattoo, gently pat dry with a clean paper towel and clean hands. Apply a thin layer of vitamin e ointment, vaseline, aquaphor or an alternative such as hustle butter for example (please check with me before using any products not mentioned previously by myself).

Apply a replacement pad and tape it using medical tape or cohesive tape to ensure it will stay put. You are looking for a secure but not excessively tight fit! You will repeat these until the pads are coming off clean, as in there is no visible transferring that has seeped into the pad during its wear. After this, continue to apply the aftercare moisturizer of your choosing for at least two weeks.

Cleaning The Tattoo

Before cleaning the tattoo, ensure your hands are clean. Make sure you have enough soap in hand to lather before you touch your tattoo to avoid cross contamination. Work the lather onto the tattoo carefully as well as the surrounding area, then pass clean running water over the area, rinsing all suds and crud away. Avoid fully submerging the area.

No excessive pressure should be applied when touching the tattoo. Once the area is well rinsed, use a clean, dry paper towel to pat the area dry, then follow up with your designated moisturizer.

Keeping your tattoo hydrated is super important. Avoid over applying your moisturizer, do healthy thin layers over your tattoo for best results. You do not want to suffocate the skin. Always apply moisturizer with clean hands. It is key to *moisturize your fresh tattoo 3x daily on average until two weeks healed, then as needed.*

Parting Recommendations

I strongly recommend using a mild, unscented foam or bar soap. My go to is Dove Unscented for Sensitive Skin, it doesn't dry the tattoo out so much. Some prefer mild baby soaps.

Hustle Butter is my favourite moisturizer to use to heal tattoos. Lubriderm Unscented is also great, Eucerin's Aquaphor Healing Ointment and Webber Vitamin E Ointment are excellent so long as they are applied thinly. Avoid fragranced products.

I strongly recommend wearing breathable, loose clothing that protects the tattooed area. Avoid activities that risk totally submerging your tattoo in water for *at least 2 weeks.* Allowing more time for the skin to heal before participating in activities such as swimming will yield the best results.

Avoid exposing your tattoo to direct sunlight for best results (once healed, SPF is your tattoos best buddy). If exposure is unavoidable, minimize prolonged sunlight exposure as much as possible. **DO NOT** apply sunscreen to your fresh tattoo.

Please contact me if you have any questions or concerns, I am more than happy to guide you through it. Thank you for your trust. Happy healing! - Shy