

# LITTLE RED HEN'S SWEET POTATO CORN MUFFINS

## INGREDIENTS

1 cup all-purpose flour  
1 cup yellow cornmeal  
4 teaspoons baking powder  
1 teaspoon salt  
½ cup sugar  
3 sweet potatoes or 1 (16 ounce) can sweet potatoes  
2 eggs  
6 tablespoons milk  
3 tablespoons oil

Mix the dry ingredients together in a mixing bowl.

Mix the wet ingredients together in a mixing bowl.

Add the dry and wet ingredients together and mix. Do not overmix.

Put in greased muffin tins and bake at 425 until done- 15 to 20 minutes.

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