Shape, arrow

Description automatically generated

**DAILY PROCEDURE & SCHEDULE**

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| 9:00-10:00 | Breakfast |
| 10:00-11:00 | Clean resident's rooms and laundry |
| 12:30-3:00 | Activities, Puzzle Club, Sewing Club, Garden |
| 3:00-4:30 | Exercise (Walking if weather permits) |
| 4:30-5:30 | Staff prepares dinner |
| 6:00 | Dinner |
| 6:00-7:00 | Library |
| 7:00-9:00 | Residents free time and preparing for bed |