

GIRLS AND BOYS TRACK AND FIELD

10.0 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by C.I.F. or the Sac-Joaquin Section.

10.1 CONTACTS

The Sac-Joaquin Section (Bylaw 505.2) will determine the maximum number of allowable contests. Scrimmages (time trials) for all levels are limited to 2 per team.

10.2 START DATE

Start and end dates will be designated by the CIF/Sac-Joaquin Section.

10.3 PLAYER CLASSIFICATION

An athlete may move from one athletic classification to another at any point in time during the season. The athlete is restricted to only one classification per day and must adhere to the established total number of contacts per season as stated in Sac-Joaquin Section bylaws.

10.4 RULES OF THE SPORT

- A. The host team must report the final results to Athletic.net.
- B. The order of events in league dual/tri meets will follow the old section order of events (sprint hurdles first) with the exception of all classifications of 3200 meters which are to be run before the 4 x 400 relays. (see appendix for order)
- C. There will be no limitation to the number of entrants per event in the league championship meet.
- D. The league championship will be determined by the school that accumulates the most points using the following formula:
 1. One point awarded for each school defeated at the center meets.
 2. Two points awarded for each school defeated at the League Championships.

10.5 ALL LEAGUE AWARDS AND SELECTION PROCESS

All League selections will be determined by the first place finishers in each individual event at the championship meet. First place relay teams will also be considered All League. However, individuals are limited to one all league patch regardless of the number of first place finishes he/she may earn. The Coach of the Year will be selected.

10.6 POSTSEASON QUALIFICATION PROCEDURE

Postseason qualification is determined by the Sac-Joaquin Section.