

SWFL's High School Summer Basketball League



RULES & REGULATIONS

OUR LEAGUE FOLLOWS FHSAA RULES WITH THE FOLLOWING EXCEPTIONS:

GAME FORMAT

Each game consists of two 20-minute halves with a running clock that only stops for timeouts and the final minute of each half. Each team receives two 30-second timeouts per half. Halftime lasts 3 minutes. Teams are responsible for bringing their own balls for warm-up. RSL will not provide warm-up balls. The lead official will select a suitable game ball from the two teams.

SCORING & FOULS

For shooting fouls, one free throw is worth two points. In “And-1” situations, the extra point is automatically awarded—no free throw is attempted. Standard FHSAA team foul rules apply, with the bonus beginning at 7 fouls per half and double bonus at 10.

EXPECTED ARRIVAL TIME

To ensure that games run smoothly, RSL will always start games 5 minutes after the end of the previous game. There may be instances where running clocks or forfeited games result in a change to the schedule, so it is **important** to arrive at least 1 hour prior to your scheduled game. Teams are expected to be ready to play no more than 5 minutes after the scheduled time or risk forfeiting the game.

INSURANCE

All teams are required to have team insurance to participate in the league. Please ensure you have proof of insurance in case you are asked to provide it.

PLAYER-TEAM

To ensure that competition is fair and that all players are eligible to participate, we require that each player only compete for one team in a particular division. *Violations will result in an automatic game forfeit.*

SCOREBOARD & BOOKS

Each team is allowed up to 3 coaches on the staff. Mandatory Team Requirements include the home team assistant coach/parent volunteer will be on the stat books and the away team assistant coach/parent volunteer will be on the scoreboard.

HOME & AWAY

The home team will be listed on the left/top and the away team will be listed on the right/bottom. Home team will wear light uniforms and the away team will wear dark uniforms. If a team is not wearing the appropriate uniform, then it may result in a technical foul before the game begins.

SPECIAL RULES

In head-to-head matchups, the result of the matchup takes precedence over the total points. In the event of a tie, the tie-breaker will be based on point differentials. If all teams in round-robin have the same record and have faced each other, there will be an automated coin flip to determine bracket seeding.

MERCY RULE

At the 3 minute mark If the score difference is reduced to 20 points, the game clock will start again. If the score difference is reduced to 10 points, the game clock will stop once more.

SPORTSMANSHIP

Fighting, aggressive language, or unsportsmanlike behavior leads to immediate ejection. Technical fouls result in 2 automatic points for the opposing team and loss of possession. Two technicals = ejection and a one-game suspension.

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CODE OF CONDUCT

RESPECT

All participants are expected to show respect for referees, RSL staff, officials, coaches, teammates, and opponents at all times. Verbal or physical abuse, whether directed at officials or other players, will not be tolerated. Disputes should be handled professionally, and decisions made by game officials must be accepted without protest.

FAIR PLAY

We promote fair play and expect all participants to play the game with integrity. Cheating, using illegal players, or any other form of dishonesty will result in disciplinary action, including potential forfeit of game or exclusion from league without refund. Players are expected to give their best effort and avoid unsportsmanlike conduct.

SAFETY

Safety is a priority at RSL. Players are expected to take care of themselves and others by avoiding reckless play or behavior that could cause injury. If a player is injured, they are encouraged to seek medical attention and should not continue playing if it endangers their well-being.

ADMISSION

We strive to organize high quality, yet affordable events for travel sports. To ensure continued success, we kindly request that everyone, excluding players in uniforms and 3 coaches per team, pays to access the games. This enables us to maintain high quality events for your club. We greatly appreciate your cooperation in adhering to this policy.

SOCIAL MEDIA CONDUCT

Clubs are encouraged to engage with the RSL on social media in a respectful manner. Any derogatory or inflammatory comments directed toward players, officials, or the tournaments will not be tolerated and may result in a permanent ban from RSL AAU Tournaments. Positive engagement and sharing of game highlights and experiences are encouraged.

ZERO TOLERANCE FOR VIOLENCE

Any act of physical violence, including fighting or aggressive conduct, will result in immediate ejection from the game, and potentially the league. RSL has a zero-tolerance policy for violence, and any such behavior will be met with serious consequences, including legal action if necessary.

COMMITMENT TO THE CONDUCT

Any violation of this policy will result in immediate ejection from the venue/tournament and may result in a permanent ban from future RSL Events & Leagues. There are no exceptions to be considered for this policy.

UNIFORM COMPLIANCE

All players must wear matching uniforms at our tournaments for a cohesive and professional appearance. T-shirts are not considered acceptable uniforms for our tournaments. Team cohesion is mandatory. Uniforms must have numbers on the front and back. Coaches must dress appropriately in collared shirts or team apparel.