

RSL's AAU Basketball Tournament



RULES & REGULATIONS

Part 1

ELIGIBILITY

All participants must be between the grades 2nd-8th grade, have completed registration including signing the liability waiver and submitting any required payments. Clubs are responsible for providing accurate information, including team rosters. To verify eligibility, each player must have access to their school portal to verify grade at any time or team may forfeit game.

GAME DURATION

For 2nd-7th grade, games will consist of two 16 minute halves and will be played with a running clock. For 8th grade, games will consist of two 18 minute halves and will be played with a running clock. For all divisions, the clock will stop at the 3 minute mark before the end of the game. Half-time will consist of 3 minutes. Each team will have 4- 30 second times outs per game.

TEAM ROSTERS/CHECK-IN

Team rosters must be completed by the Friday **before** the first day of tournament. Teams may have up to 12 players on their rosters to ensure all players have an opportunity to play. Check-in will be required **PRIOR** to their 2nd game. This will be completed by clubs submitting team rosters via email. Please send your rosters to rsl@recreationalsportsleague.com.

ELIGIBILITY CHALLENGES

Challenges will be accepted, but the challenger must pay a fee of \$75 to challenge each athlete's eligibility. The site coordinator will work with the head coach to review the documentation provided as proof of the player's eligibility. If proper documentation is not provided, the player will be allowed to participate, with no exceptions. If a game has already been played and a player is found ineligible, the team will forfeit. If an athlete is determined to be ineligible, the \$75 fee will be returned to the challenger.

GAME PLAY

Standard basketball rules as governed by the National Federation of High School Basketball will apply unless otherwise noted. Any disputes or rule interpretations will be resolved by game officials, whose decisions are final.

UNIFORMS

Teams must wear matching jerseys with clearly visible numbers on both sides. This is a mandatory requirement for all teams. Coaches are required to dress appropriately in collared shirts or team apparel. Home team is required to wear white/light and Away team wears dark colored uniform. Any player not dressed will not be able to participate.

FOULS

Players are allowed to commit up to 5 fouls before being ejected from the game. Each team is allowed to commit 7 bonus fouls per half, after which each subsequent foul will result in one free throw for the opposing team. The double bonus rule applies when a team reaches 10 fouls in a half, allowing the opposing team to take two free throws on each subsequent foul.

SPORTSMANSHIP

Unsportsmanlike conduct, including excessive arguing, taunting, physical altercations, or disrespect toward officials, opponents, or spectators, will not be tolerated. Penalties for unsportsmanlike behavior may include warnings, technical fouls, ejection from the game, suspension, or permanent expulsion from the league.

FORFEITS

RSL aims to provide athletes a space to improve and showcase their skills in basketball. Teams from all over the state are invited to participate. We do not tolerate game forfeiting, as it reflects poorly on everyone involved. If a team forfeits a game for any reason, they will be required to pay a \$100 fee in order for their club to participate in the next event they are scheduled for. \$100 deposit will be required before participating in future RSL events. There are no exceptions to this policy!

OVERTIME

During the first overtime period, there will be a 1:00 minute time limit, and each team will have an additional time-out available. During the second overtime period, the game will be played in sudden death format, with the first team to score winning the game. Each team will also have one additional time-out during this period.

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RULES & REGULATIONS

Part 2

GIRLS' TEAMS

Girls' teams are allowed to play one level down in the boys' division (e.g. a 7th grade girls' team can play in the 6th grade boys' division). If a girls' team is unable to compete in the boys' division, they will not be permitted to do so in future tournaments. This determination is at the sole discretion of the RSL site-coordinator and appropriate staff.

GAME BALLS

Teams are responsible for bringing their own balls for warm-up. RSL will **not** provide warm-up balls. The lead official will select a suitable game ball from the two teams.

EXPECTED ARRIVAL TIME

To ensure that games run smoothly, RSL will always start games 5 minutes after the end of the previous game. There may be instances where running clocks or forfeited games result in a change to the schedule, so it is **important** to arrive at least 1 hour prior to your scheduled game. Teams are expected to be ready to play no more than 5 minutes after the scheduled time or risk forfeiting the game.

INSURANCE

All teams are required to have team insurance to participate in RSL AAU Tournaments. Please ensure you have proof of insurance in case you are asked to provide it.

PLAYER-TEAM

To ensure that competition is fair and that all players are eligible to participate, we require that each player only compete for one team in a particular division. *Athletes may play up within the same club. However, athletes cannot play down or across divisions. Violations will result in an automatic game forfeit.*

SCOREBOARD & BOOKS

Mandatory Team Requirements include the home team assistant coach will be on the stat books and the away team assistant coach will be on the scoreboard. *If a team is unable to fulfill the necessary game functions, their game will be forfeited. There are **no** exceptions to this policy.*

HOME & AWAY

The home team will be listed on the left/top and the away team will be listed on the right/bottom. Home team will wear light uniforms and the away team will wear dark uniforms. If a team is not wearing the appropriate uniform, then it may result in a technical foul before the game begins.

SPECIAL RULES

In head-to-head matchups, the result of the matchup takes precedence over the total points. In the event of a tie, the tie-breaker will be based on point differentials. If all teams in round-robin have the same record and have faced each other, there will be an automated coin flip to determine bracket seeding.

MERCY RULE

At the 3 minute mark If the score difference is reduced to 20 points, the game clock will start again. If the score difference is reduced to 10 points, the game clock will stop once more.

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CODE OF CONDUCT

RESPECT

All participants are expected to show respect for referees, RSL staff, coaches, teammates, and opponents at all times. Verbal or physical abuse, whether directed at officials or other players, will not be tolerated. Disputes should be handled professionally, and decisions made by game officials must be accepted without protest.

FAIR PLAY

We promote fair play and expect all participants to play the game with integrity. Cheating, using illegal players, or any other form of dishonesty will result in disciplinary action, including potential forfeit of game or exclusion from tournament without refund. Players are expected to give their best effort and avoid unsportsmanlike conduct.

SAFETY

Safety is a priority at RSL. Players are expected to take care of themselves and others by avoiding reckless play or behavior that could cause injury. If a player is injured, they are encouraged to seek medical attention and should not continue playing if it endangers their well-being.

ADMISSION

We strive to organize high quality, yet affordable events for travel sports. To ensure continued success, we kindly request that everyone, excluding players in uniforms and 3 coaches per team, pays to access the games. This enables us to maintain high quality events for your club. We greatly appreciate your cooperation in adhering to this policy.

SOCIAL MEDIA CONDUCT

Clubs are encouraged to engage with the RSL on social media in a respectful manner. Any derogatory or inflammatory comments directed toward players, officials, or the tournaments will not be tolerated and may result in a permanent ban from RSL AAU Tournaments. Positive engagement and sharing of game highlights and experiences are encouraged.

ZERO TOLERANCE FOR VIOLENCE

Any act of physical violence, including fighting or aggressive conduct, will result in immediate ejection from the game, and potentially the league. RSL has a zero-tolerance policy for violence, and any such behavior will be met with serious consequences, including legal action if necessary.

COMMITMENT TO THE CONDUCT

Any violation of this policy will result in immediate ejection from the venue/tournament and may result in a permanent ban from future RSL AAU Tournaments. There are no exceptions to be considered for this policy.

UNIFORM COMPLIANCE

All players must wear matching uniforms at our tournaments for a cohesive and professional appearance. T-shirts are not considered acceptable uniforms for our tournaments. Team cohesion is mandatory. Uniforms must have numbers on the front and back. Coaches must dress appropriately in collared shirts or team apparel.