

IMPACT REPORT



2023

TABLE OF CONTENT

PI

Mission, Vision & Values

P.2

Message from Suman Roy



P.3

Our Team

P.4

Board Of Directors

P.5

Executive Council

P.6

Programming

P.7

Deeper Look

P.8

StartUp Scarborough Fresh Food Market

P.9

Community Cooking Community Gardens P.IO

Project arrowhead Police Hampers $P
lap{1}{1}$

SDGs

P.I2

Milestones

P.I3

Thank you, Volunteers

P.I4

Thank you, Donors

Scarborough Food Security Initiative



MISSION. VISION & **VALUES**

Empower Scarborough and provide innovative solutions to poverty reduction through dignified access to food. Feed Scarborough advocates for and believes that good healthy food is a human right.

Vision Hunger-free resilient Scarborough

Good Food is a Human Right

- Access to sustainable, nutritious, balanced food

Dignified access to food

Be Innovative

Be Accountable

Bring In Systemic Change

- Advocate

Enhanced Experience For Our Community

- Transparent
- Diverse
- Welcoming
- Non Judgemental



MESSAGE FROM THE FOUNDER



Dear Colleagues and Partners,

I'm not just a representative of Feed Scarborough, I'm a member of this community deeply concerned about the wellbeing of our neighbours.

In recent years, we have witnessed a troubling trend in our community - the alarming increase in food insecurity. This issue has touched the lives of far too many individuals and families, and the consequences have been devastating. As an organization dedicated to combating food insecurity, we have worked tirelessly to provide support and resources to those in need. However, despite our best efforts, the challenges we face have only grown more daunting.

The unfortunate reality is the increase in demand for our services has put significant strain on our ability to meet the needs of the community. Our resources are stretched thin, and the demand continues to outpace our capacity to respond effectively.

Looking ahead, I must be candid with you - the outlook for next year does not appear promising. Economic uncertainties, coupled with ongoing systemic issues, suggest that the need for food assistance will likely continue to rise. While we remain committed to our mission, we recognize that we cannot tackle this challenge alone. It will require a collective effort, with the support of government agencies, community organizations, and compassionate individuals like yourself.

In closing, I want to express my deepest gratitude to you for your unwavering support and commitment to our shared cause. Together, I am confident that we can build a hunger-free, resilient Scarborough where no one has to go hungry. Thank you for your time, your compassion, and your dedication to making a positive impact in the lives of others.

Sincerely, Suman Roy



OUR TEAM





Suman Roy Founder, Executive Director



Andrea Kuzell

Manager
Food Programs



Sukhmani Singh Manager Operations



Lisa MeersManager
Long-term Programs



Aleyda Ramirez
Coordinator
Warehouse & Healthy Meals



Mizanur Rahman Coordinator Food Banks



Cesar Aguilar Mata Coordinator Food Banks



Robin SagiCoordinator
Marketing & Donor Relations



Michelle Musson
Coordinator
Volunteers



BOARD OF DIRECTORS





Clifford Gomes Chair



Meenu Gulati Treasurer



Tina Hurl-PriestlySecretary



Christine SelvaggioDirector, Fund Raising





Rinkee Ahmad
Director



Celecia PartapDirector, Brand & Marketing



EXECUTIVE COUNCIL



Azreen Sikder



Dr Abdul Fattah



Tei Narteh



Jessica Whitmore



Amanda Persaud



Daena Evelyn



Carolyn Michaud

PROGRAMMING

Feed Scarborough uses a holistic approach to tackling food insecurity. We know food insecurity is a by-product of poverty and if we don't address the root causes we will never have a hunger-free, resilient Scarborough. We use a three-pronged approach to addressing our community needs through emergency response, long-term impact, and research and advocacy programs.

Emergency

Long-term Impact

StartUp Scarborough

8 new entrepreneurs

8 supporting entrepreneurs

Research & Advocacy

6 Food Banks

Online food Bank 252,752 individuals served

Healthy Meal Program 3 Community Gardens

4 community partners 8 Gard
100,000 meals 38 Allo

5 growing businesses

8 Garden Workshops 38 Allotment Gardens

2 Fresh Food Markets

Launch of Sustenance Beyond The Surface

Food Security
Resource Booklet

CP24 Launched our Clairlea Food Bank with TAS Impact

2,000 Turkey dinners served for Thanksgiving

Golden Age Social

(Senior Cooking Class)
12 participants

Youth Cooking Class
20 participants

150 Corporate Volunteer Days 14 School Tour



DEEPER LOOK

We served 124,555 individuals in 2022. That number more than doubled to 252,752 in 2023.

Individuals Served in our Food Banks in 2023.

26,755
Served in November.
The most served in a single month.



Food Bank Updates

In April of 2023, we opened our 6th food bank located at 772 Warden Ave. In 8 short months, the food bank serves roughly 650 people a week. This is a full-time food bank open 5 days a week for 6.5 hours each day.

Healthy Meal Program

Our partnership with Second Harvest helped us serve 100,000 meals in 2023. Thanks to Toronto Community Housing, East Scarborough Storefront, and Rouge Park Food Bank for serving the community.



STARTUP SCARBOROUGH

This is our third cohort of participants for our entrepreneurship program. A 6-month program that supports budding entrepreneurs start, support or grow a businesses through modules and mentorship.



Start!

Eight participants engaged in our Start modules in areas of apparel, health care and consulting.



Support!

We guided 8 entrepreneurs who were looking for extra support in the areas of marketing and sourcing funding so they could continue to work on their businesses.



Grow!

5 entrepreneurs participated in our "grow" support that helped businesses seek knowledge in areas such as catering and international trade to take their businesses to the next level.



FRESH FOOD MAKRETS



Mobile Farmer's Market goes to 3 food deserts in Scarborough, serving roughly 400 households from May - October.

We launched a stationary market at 772 Warden that offered fresh produce and items from local businesses. A space for socializing, we hosted an array of events from paint nights to game board nights. This market served 1000 customers from June - October.

This program was in conjunction with the City of Toronto's Main Street Fund. Local Artist Yasaman Mehrsa painted a shipping container that links the Bluffs and our mission to provide access to food.

COMMUNITY COOKING

Part of our long-term impact is to encourage healthy, easy skill training around cooking while bringing the community together.

Golden Age Social

- A 12-week workshop that brings seniors together to share recipes, and stories and cook meals from around the world.
- 12 participants took part in this program.



Youth Cooking

- An after-school program that taught easy, healthy meal options for youth to replicate at home
- 20 participants took park in 2 workshops a week for 4 weeks.

COMMUNITY GARDENS



We hosted 8 workshops that focused on cooking from the garden, balcony gardening, and pollinators.

Our allotment garden gave space to 38 gardeners with priority given to those living within 1km and don't have access to outdoor space.

10 volunteers supported the planting, harvesting and maintenance of our gardens, along with additional support from corporate volunteers.

PROJECT ARROWHEAD





We support Toronto Police Division 41 in their youth sports program, Project Arrowhead. The program links sports and work readiness for at-risk youth in neighbouring schools.

In 2023, they supported two cohorts that came to Feed Scarborough to volunteer and learn about food security.

POLICE HAMPERS



We supply hampers to Toronto Police Division 41 who give out these hampers when patrolling the neighbourhood. New candidates participate in a volunteer day at Feed Scarborough as part of their orientation into 41 Division.

Scarborough Food Security Initiative

Impact Report 2023

WORKING TOWARDS THE SUSTAINABLE DEVELOPMENT GOALS



Food Banks StartUp



Food Banks Healthy Meals



Food Banks Healthy Meals Markets



Food Banks StartUp Advocacy



StartUp Advocacy



StartUp Project Arrowhead



Advocacy Project Arrowhead



Food Banks Healthy Meals



Community Gardens



Community Gardens



Community
Gardens



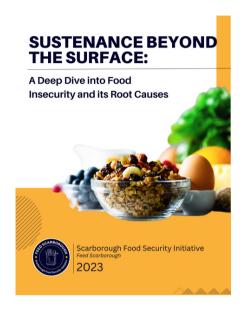
Corporate Volunteering Advocacy

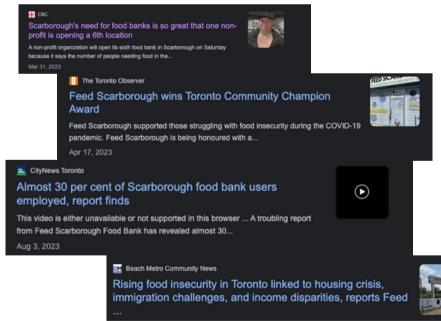


THE GLOBAL GOALS

BIG MILESTONES IN 2023

In August, we launched our report
Sustenance Beyond the Surface, which
focused on the root causes of food
insecurity through the eyes of our clients,
This report shed light on life experiences, as
well as, recommendations on ways we can
support people facing food insecurity.





When it comes to food insecurity
we are not silent. From losing a
local grocery store that caused a
food desert to being awarded
the Toronto Community
Champion Award, Feed
Scarborough made headlines in



Thank You, Volunteers

1,050 VOLUNTEERS SUPPORT FEED SCARBOROUGH IN 2023!





Thank You, Donors 31 EVENTS

34 FOOD DRIVES

2 VENDOR MARKETS

150 CORPORATE VOLUNTEER DAYS