



Things to Know as a Member

Zen Planner: Download the Zen Planner Members app onto your cell phone. Reserve & cancel classes using this app. And be sure to check-in to each class using your bar code.

Community: We have a private Facebook page for our Fightgirl members. Lots of fun interaction and announcements can be found here. Please join it if you have a Facebook account. Search "Fightgirl VIP Members Page" in groups

Wait-list: If a class you'd like to attend is full, join the wait-list for it. You will be alerted by text if your wait-list spot is upgraded to a reservation.

Body Scan: We also offer Free InBody scans monthly so you can keep track of your fitness progress. You MUST have an appointment to have the scan done. Text Jen at 559-500-1578 to schedule your appointment.

2 Hour Class Cancellation Policy: Fightgirl Fitness enforces a strict 2 hour class cancellation policy. You may cancel in the app, however, you will be charged \$10 for the late cancellation if under 2 hours from class time. If it is an emergency, just text us to be excused. **Saturdays are a strict 8 hour cancellation policy.**

NO SHOWS: If you have reserved your place in a Fightgirl Fitness class and do not show for your reserved class you will be charged \$15.00 and forfeit a session for the class. You will receive an email before being charged. If this is a mistake just text us.

Late Arrival Policy: DO NOT arrive late to class. Our classes start and end on time. Any disruption will not be tolerated.

NEED FOR CLASS: 12 ounce boxing gloves and a mat. Both can be found and purchased at Dicks Sporting Goods, Big 5 and/or Amazon for reasonable prices.

Membership Options:

Moving forward our memberships are month to month. With no contracts, we do require a 30 day cancellation notice. If you submit your cancellation less than 30 days of your next billing date, you will be billed for the next month.

HOLDS: Your membership may be put on hold ONE time during a calendar year. Additional months will be \$25 per month up to 3 months. No fee for medical holds. 30 day cancellation will still be upheld if canceling during hold.

Any questions feel free to text 559-500-1578 during office hours 8am-5pm M-F

**Month to Month
Membership Options**
2 classes per week - \$109
3 classes per week - \$139
6 classes per week - \$169

**Split 1/2
Payments**
1st & 15th
5th & 20th
10th & 25th