



The Voice

BY JULIA KARPEISKY

The Voice

Written by Julia Karpeisky
Illustrated by Anna Yakubovskaya

Dedication

This poem is dedicated to my children, Rachel and Aaron,
and to all children, with the hope that they always know
that they are capable, lovable, and loved.

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Authors Note:

This poem is about me.

It is also about many of my clients, friends,
people I know, and perhaps it is about you
or someone you care about.

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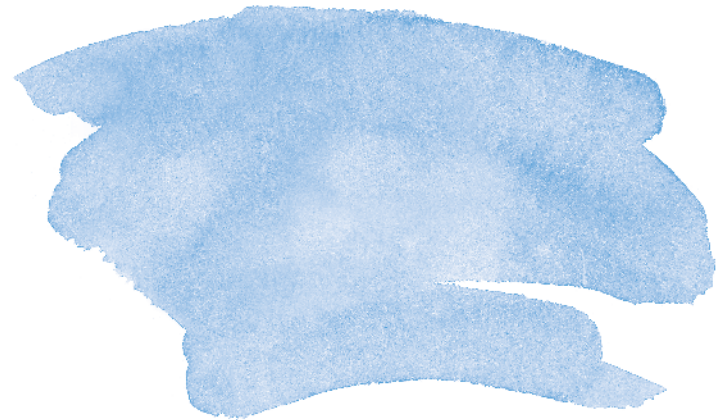




Because deep inside of her,
And deep inside of YOU,
There is a Voice
That knows.



What if we believed that
everyone (including us) is
capable and lovable?



I am grateful for the pain and struggles that brought me to the healing work of finding my voice.

Julia Karpeisky

A watercolor-style illustration of a landscape. The scene is dominated by shades of blue and white. In the foreground, there are dark, textured blue shapes that look like hills or mountains. In the background, a bright white light source, possibly the sun or moon, is positioned behind a range of mountains, creating a soft, ethereal glow. The overall effect is one of tranquility and hope.