

QUESTIONS FOR SELF-REFLECTION



Attention

What area of your life is speaking to you right now?
What part of our life is in most need of your attention?
(YOU, relationships, health, work, community, etc.)



Impact

If you were to allow your VOICE to lead you, what impact
would you want to have in that area of your life?



Words

What conversations would you need to have to
make it happen? (with yourself and others)



Insights

What insights from today's program could you use to make
your VOICE sound even more convincing, both physically
and figuratively? How could you make it fun and easy?

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