

QUESTIONS FOR SELF-REFLECTION



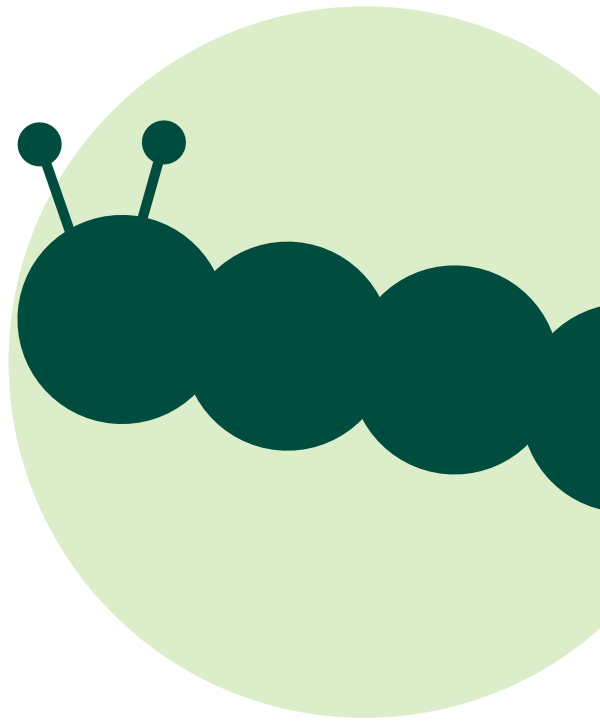
ATTENTION

What area of your life is speaking to you right now?

What part of our life is in most need of your attention? (YOU, relationships, health, work, community, etc.)

IMPACT

If you were to allow your VOICE to lead you, what impact would you want to have in that area of your life?



WORDS

What conversations would you need to have to make it happen? (with yourself and others)

INSIGHTS

What insights from today's program could you use to make your VOICE sound even more convincing, both physically and figuratively?

How could you make it fun and easy?



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