

Single Serving Meal Options

Udon Stir Fry

Choice of Protein, Seasonal Vegetables

Thai Peanut Chicken

Seasonal Vegetables with a Peanut Butter Sauce and Salted Peanuts

Greek Chicken Bowl

Quick-Pickled Cucumber, Kalamata, Feta, Lemon-Yogurt Sauce

Pesto Pasta

Choice of Chicken or Shrimp, Seasonal Vegetables

Bibimbap

Choice of Protein, Kimchi, Scallion, Shiitake, Carrots, Gochujang Sauce,
Rice

Asian Salad

Choice of Protein, Seasonal Vegetables, Sesame Dressing

Buffalo Chicken Enchiladas

Caramelized Onions, Cheddar

Japanese Chicken Meatballs

Stuffed with Scallion, Ginger and Garlic. Served with Jasmine Rice and Bok Choy

Korean Fire Chicken

Spicy Alert! Made with Thai Peppers, Gochujang, Gochugaru. Served with Rice or Potatoes

Mexican Lasagna

A twist on classic lasagna; Tortillas in place of noodles with choice of Chicken or Beef in a Tomato Based sauce

Za'atar Crusted Salmon

Seasonal Vegetable, Roasted Sweet Potatoes

Harissa Shrimp Tacos

Kewpie Slaw, Smashed Lime Avocado

Chermoula Vegetable Bowl

Quinoa, Zucchini, Squash, Spinach, Walnuts

Chicken Adobo

Seasonal Vegetable, Garlic Fried Rice

Creamy Tomato Orecchiette

Choice of Protein, Spinach, Olives

Chipotle Beef Stuffed Sweet Potatoes

Sauteed Peppers & Onions, Topped with Cheddar

Southwest Pumpkin Soup

Chicken, Black Beans, Corn, Jalapeno, Pumpkin Seeds

Zoodle Puttanesca

Zucchini Noodles, Tomatoes, Kalamata, Capers, Anchovies, Basil

Taco Salad

Romaine, Ground Beef, Pico de Gallo, Sour Cream, Cheddar, Doritos

Tapenade Baked Chicken

Mozzarella, Brown Rice Pilaf

Black Bean Burgers

Feta, Chipotle Mayo, Swiss Cheese, Lettuce