

VH SPECIAL COMFORT OR VARIANT GIRDLES SIZING CHART

Measurements in inches			
Size	Under breasts	Waist	Hips
XS	24 - 26	22 ^{3/4} - 24 ^{3/4}	33 - 34 ^{3/4}
S	26 ^{1/2} - 28 ^{1/4}	25 ^{1/4} - 27 ^{1/4}	35 - 37
M	28 ^{3/4} - 31	27 ^{1/2} - 30	37 ^{1/2} - 39 ^{3/4}
L	31 ^{1/2} - 34 ^{3/4}	30 ^{1/4} - 33 ^{1/2}	40 ^{1/4} - 43 ^{1/4}
XL	35 - 38 ^{1/4}	33 ^{3/4} - 37	43 ^{3/4} - 46 ^{3/4}
XXL	38 ^{1/2} - 41 ^{3/4}	37 ^{1/2} - 40 ^{1/2}	47 ^{1/4} - 50 ^{1/2}
XXXL	42 ^{1/4} - 45 ^{1/4}	41 - 44	50 ^{3/4} - 54

To purchase a garment, please visit [lipoelastic](http://www.lipoelastic.co.uk) on www.lipoelastic.co.uk and remember to input code **GHALISURGEON**

This will ensure that you receive your discount at the checkout

Good luck and Best wishes

Mr Ghali

GYNAECOMASTIA VEST SIZING CHART

Measurements in inches		
Size	Chest circumference	Waist
XS	34 ^{1/4} - 35 ^{3/4}	29 ^{1/2} - 31
S	36 ^{1/4} - 37 ^{3/4}	31 ^{1/2} - 33 ^{3/4}
M	38 ^{1/4} - 40 ^{1/4}	34 ^{1/4} - 36 ^{1/2}
L	40 ^{1/2} - 43	37 - 39 ^{3/4}
XL	43 ^{1/4} - 46	40 ^{1/4} - 43 ^{1/4}
XXL	46 ^{1/2} - 49 ^{1/4}	43 ^{3/4} - 46 ^{3/4}
XXXL	49 ^{1/2} - 52 ^{1/4}	47 ^{1/4} - 50 ^{1/2}

For more information about medical post-operative compression garments and bras by LIPOELASTIC®.

**Contact Karen on
07853 512202**



Patient Information Leaflet

**Medical post-operative
compression garments**



WARNING

NOT ALL POST-SURGICAL COMPRESSION GARMENTS ARE EQUAL

We hope that this patient information leaflet will help you to find the correct compression garment for you, which complements your surgeon's work, to achieve long lasting successful results for your body contouring procedure.

Whenever we undergo a procedure like a Liposuction or An ABDOMINOPLASTY, there is essentially a trauma to the body and /or a cavity created, where body tissue/fat was previously situated.

Our bodies are adept at trying to compensate, whenever a space is created and the immediate



reaction is to fill the space with fluid; this can have negative consequences and in some cases, the resulting Oedema; Seroma or Haematoma can be very dangerous if left untreated.

For this reason, your surgeon, will have recommended a compression garment to be worn, which helps to knit back the two surfaces together and to effectively close the cavity that



has been created; thus fooling the body into thinking that the trauma has not occurred. Effectively, the garment is designed to mimic a 'second skin' if you will.

The compression garment needs to be strong enough to hold and contour the relevant body parts in place, yet soft enough to remain



comfortable without yielding or the stretchability being compromised when it is washed.

The various designs on offer, are there for a reason; Taller body frames tend to benefit from zips to fasten them, whilst petite individuals, may benefit more from a fixed strap design with hook and eyes to the front aspect. The Hook and eye closures are particularly valuable, during the first couple of weeks after surgery, when you will initially be swollen and then as the swelling subsides, so you will be able to tighten the compression by moving down on the clasp settings.

ONE TO WEAR; ONE TO WASH

We recommend two post surgical garments, to keep your surgical site clean and fresh at all times during the recovery period and ideally, we would like you to wear the garments for 6 weeks, to optimise surgical recovery and to allow your new shape and contours to form.

Lipoelastic Compression Garments are designed by Surgeons for their patients and they offer a no fuss returns process and a free virtual sizing service ,as well as 24/7 telephone advice on the sizing and style that you require.