

Bright Stars Curriculum

November Week 2

Week 2: **Fruits & Vegetables**

Letter: T

Number: 7

Color: Blue

Shape: Diamond



Bright Stars Curriculum

Why should young children learn about fruits & vegetables?

Learning about fruits and vegetables helps young children build lifelong healthy eating habits, support proper physical growth and brain development, and discover how different foods fuel their bodies.

When they are aware the health benefits of eating fruits & vegetables, their early experiences with fresh produce reduce picky eating and lower health risks later in life.



This Week's Learning Targets

This week's lesson will be exciting for our young children will be learning about fruits & vegetables. They will be learning about what fruits and vegetables bring them more nutrition so they will grow healthy and strong. They will have some word patterns, sounds of words, repetition and rhymes! They will be learning more about why they need to eat fruits and vegetables. There will be writing and more of exercising our tongue and counting how many letter sounds are in a word. This will help you develop strong letter recognition, sound them out and forming words.

Goals for this week:

- 1.Trace the upper- and lower-case letter T,
- 2.Recognize object names that begin with the letter T,
- 3.Match pictures and name words with initial "T",
- 4.Make sets of objects that is equal to 7,
- 5.Recognize blue objects around them and start naming them,
- 6.Trace, cut and make their own diamonds,
- 7.Make logical connections while working with patterns,
- 8.Recognize rhymes using pictures while reading after the teacher,
- 9.Develop phonemic awareness through pictures and,
- 10.Develop listening skills during read alouds.

Domains and skills developed:

Fine motor skills: Tracing, writing, drawing, cutting, and coloring

Social & emotional: Identifying, observing, and naming things that they see around them

Cognitive: Recognize numbers, letters, colors, and shapes

Language & communication: Talk about their favorite color and shape, developing simple answers to simple questions, naming the four kinds of weather

Physical: Action songs and reciting nursery rhymes

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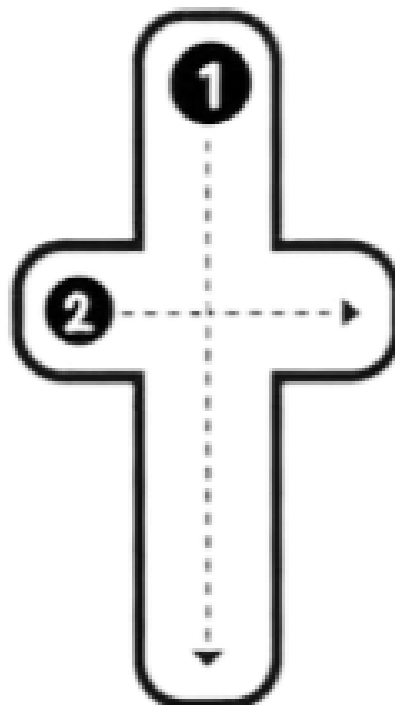
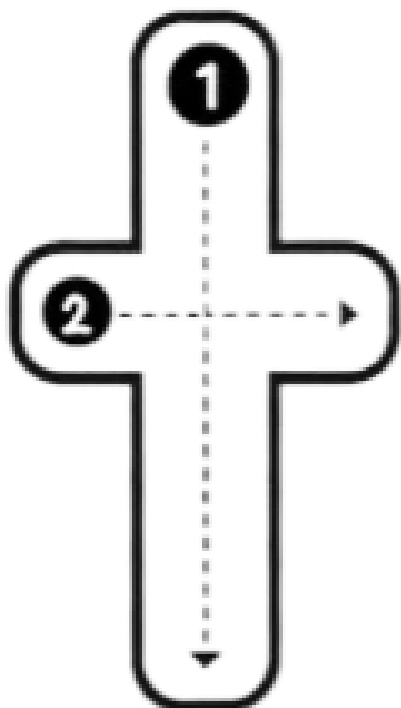
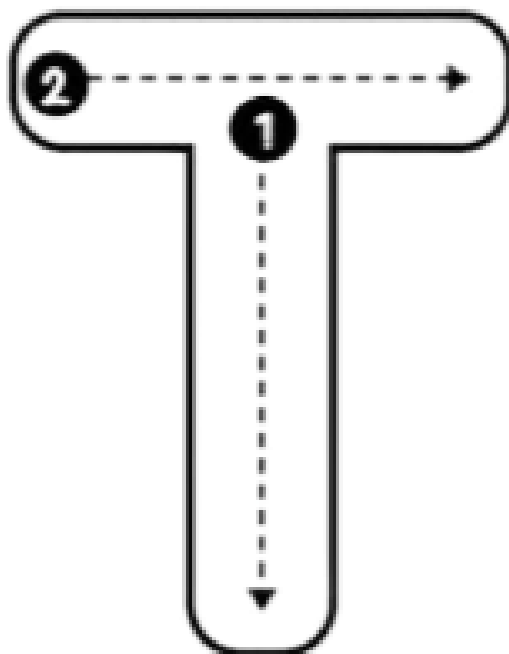
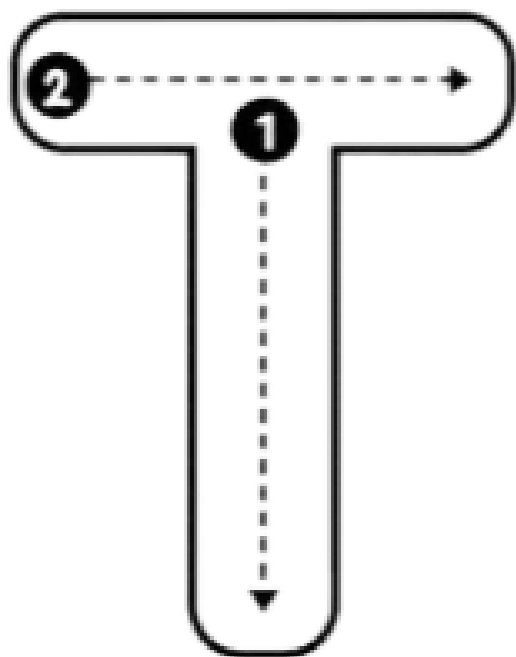
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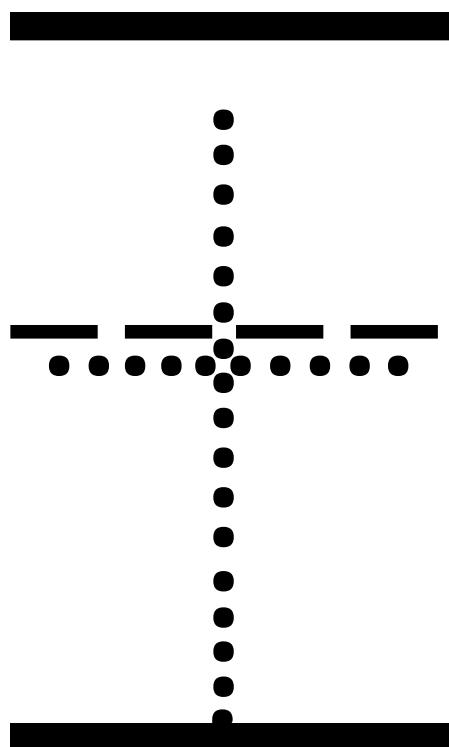
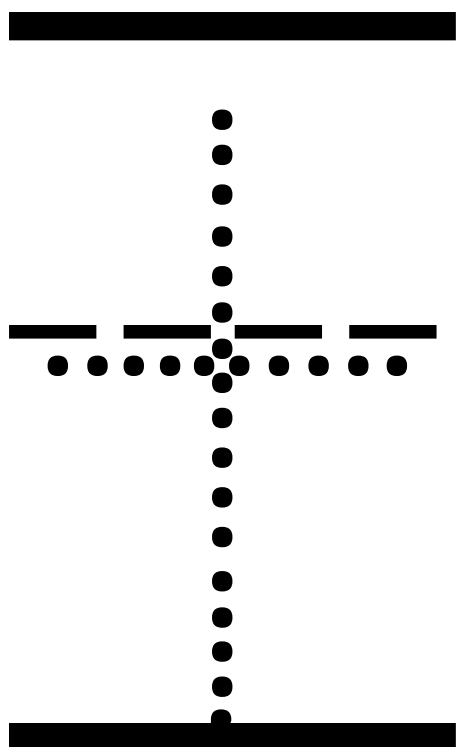
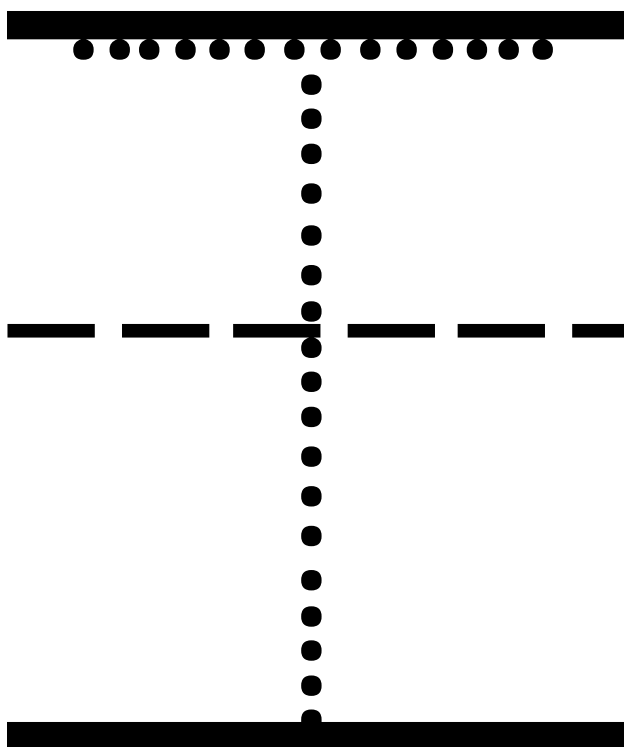
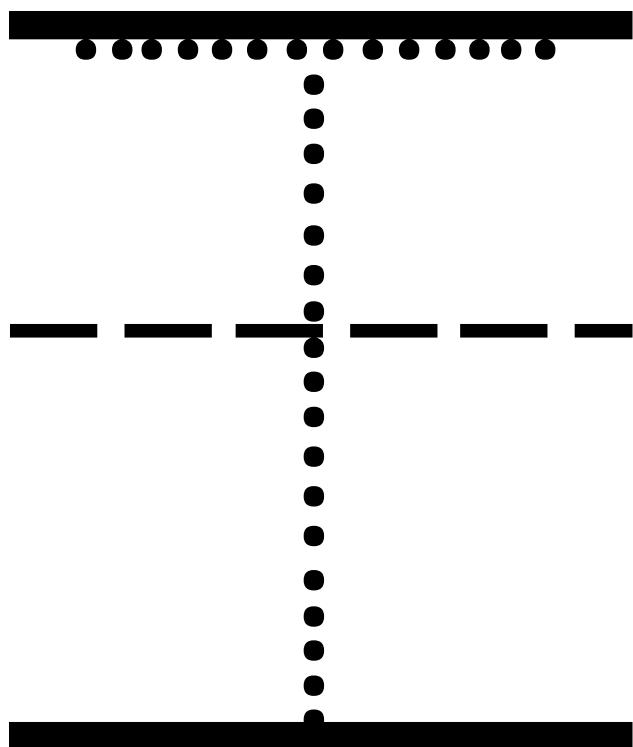
Name: _____

Trace the upper & lower case T



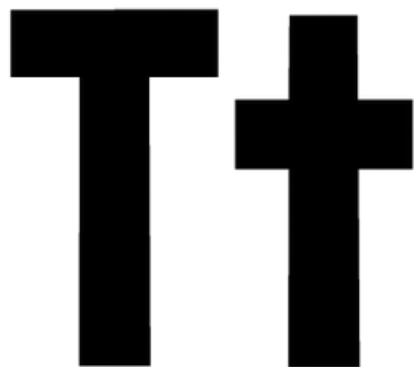
Name: _____

Trace the upper & lower case T



Name: _____

Let's learn more about the letter, "T":



Name: _____

Spell it!



tent

Color it!



tiger



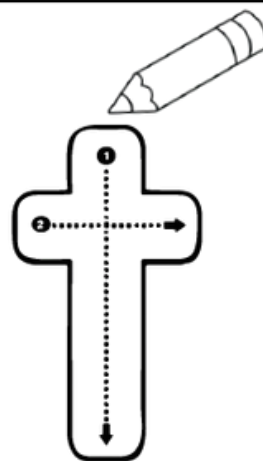
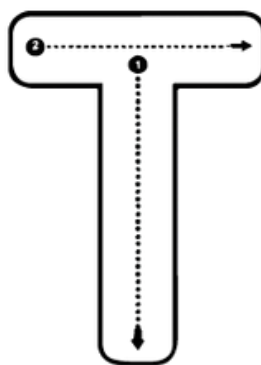
tornado

Highlight it!



T	I	T	P
Z	M	R	N
E	T	Q	J

Trace it!



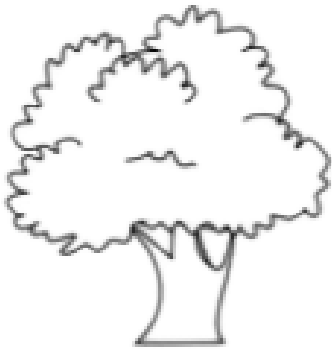
Trace it

Name: _____

Let's learn more about the letter, "T":

Word Tracing

Directions: Trace the word.



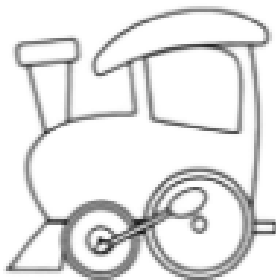
tree



table



tiger



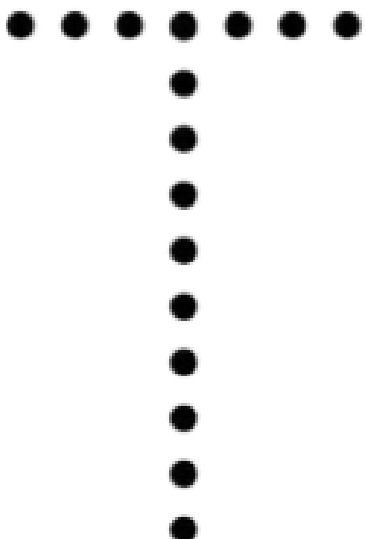
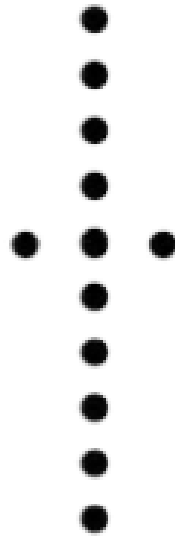
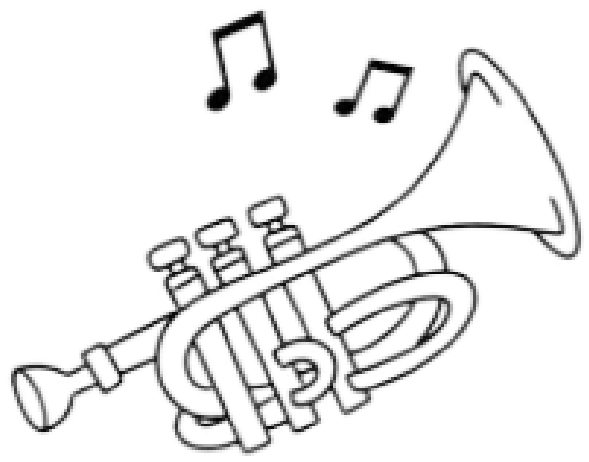
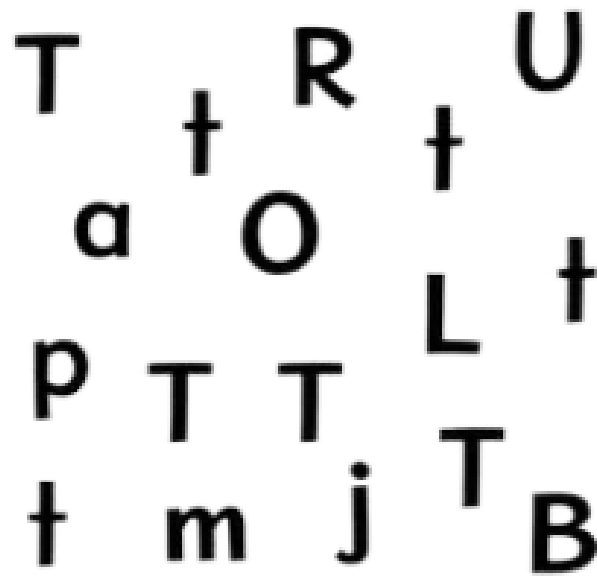
train

Name: _____

Let's learn more about the letter, "T":

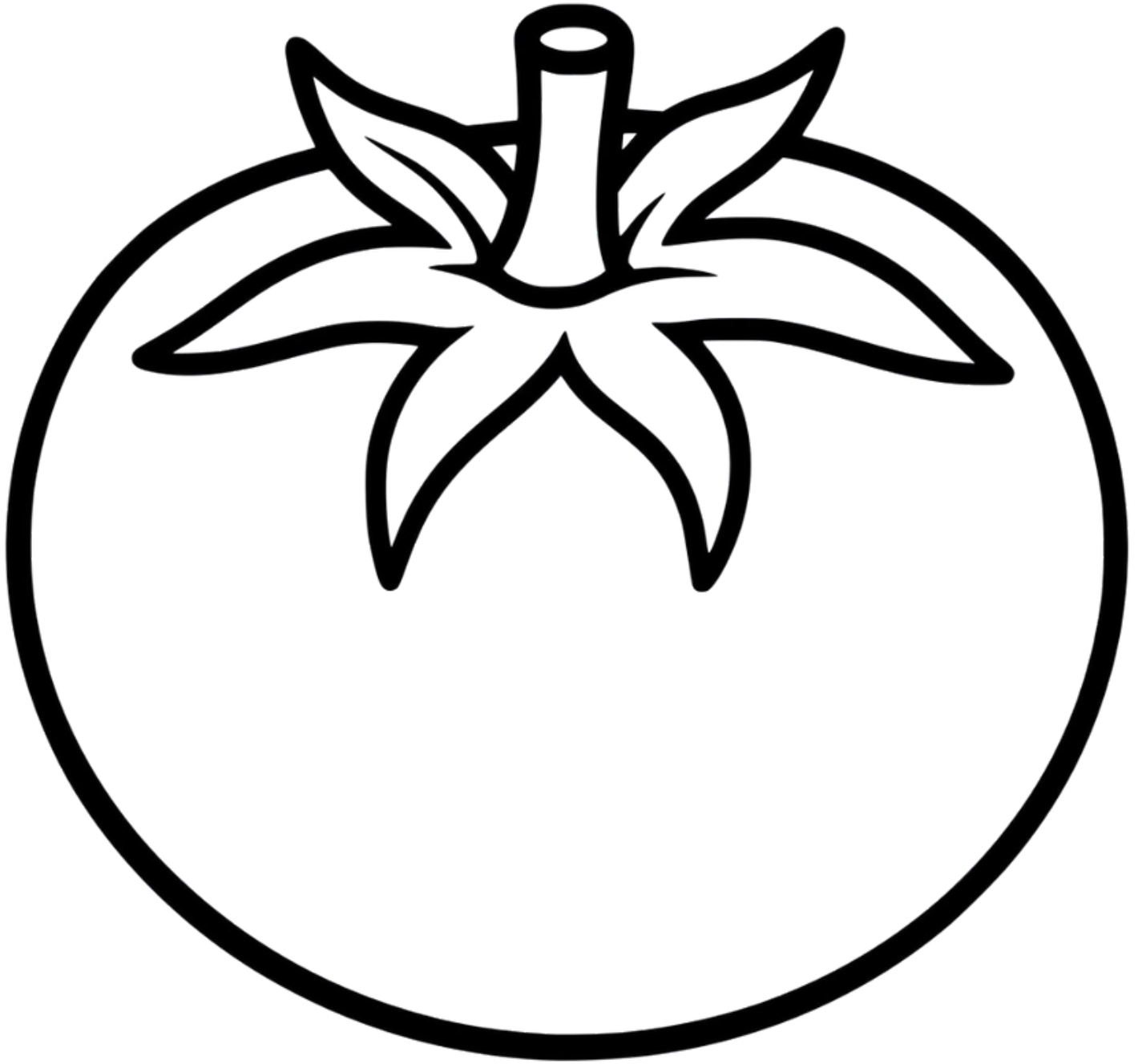
Letter T

Trace, color, find.

Name: _____

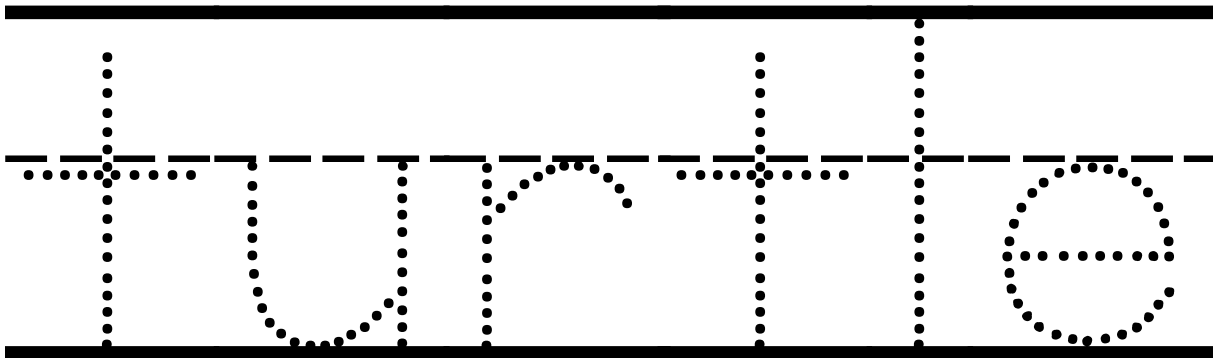
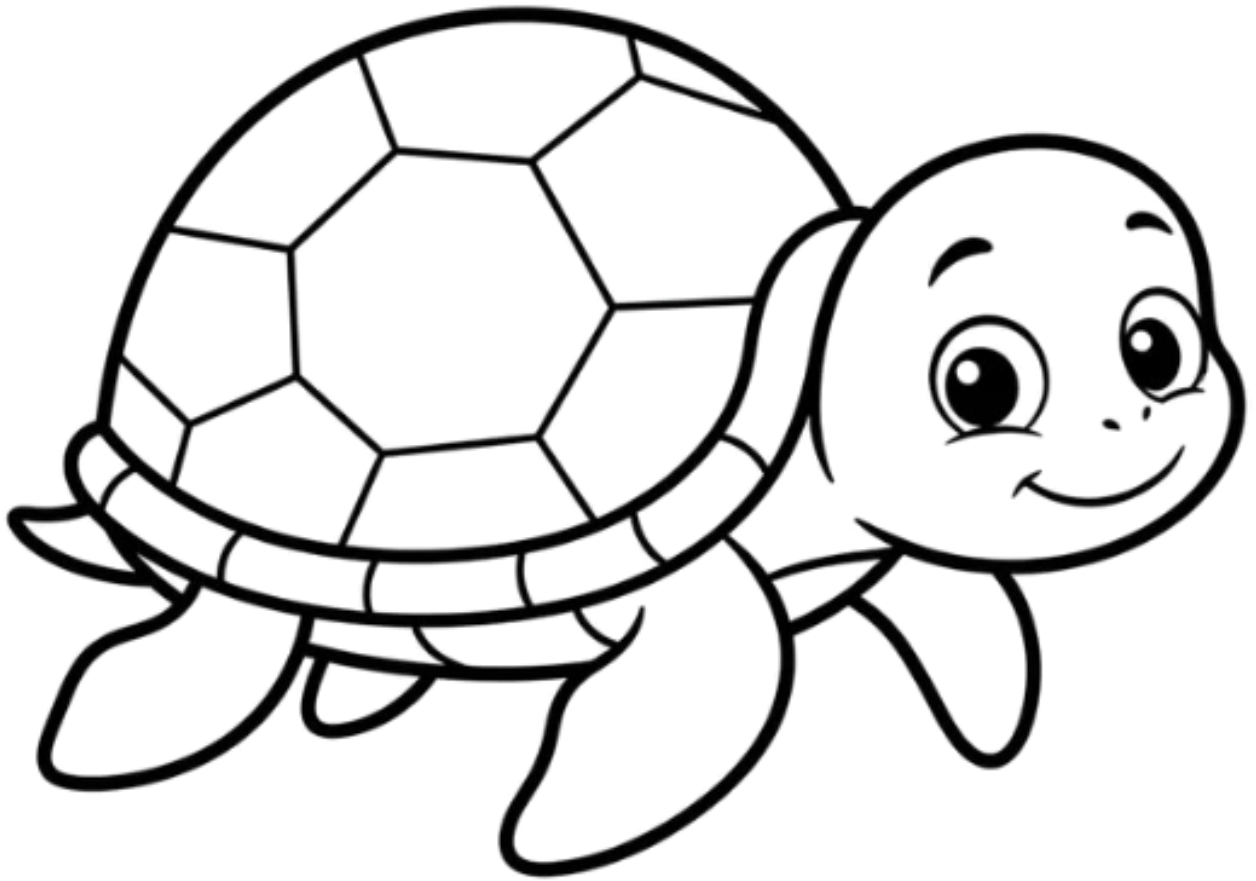
Let's learn more about the letter, "T":



tomato

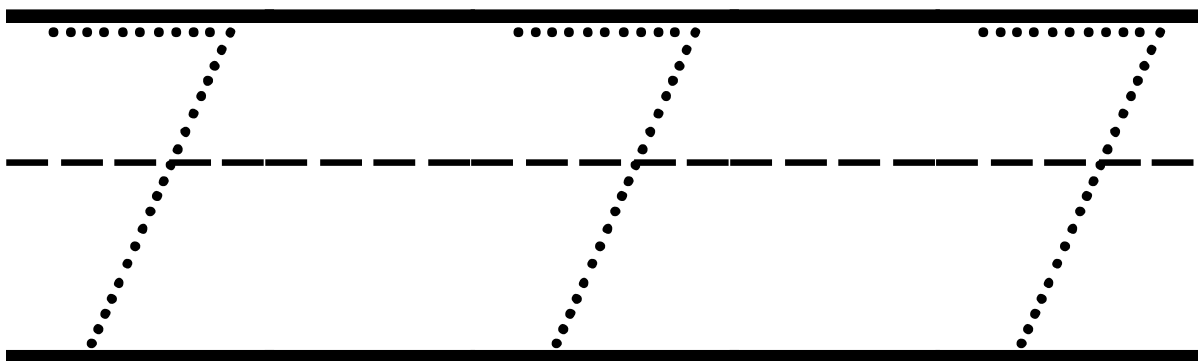
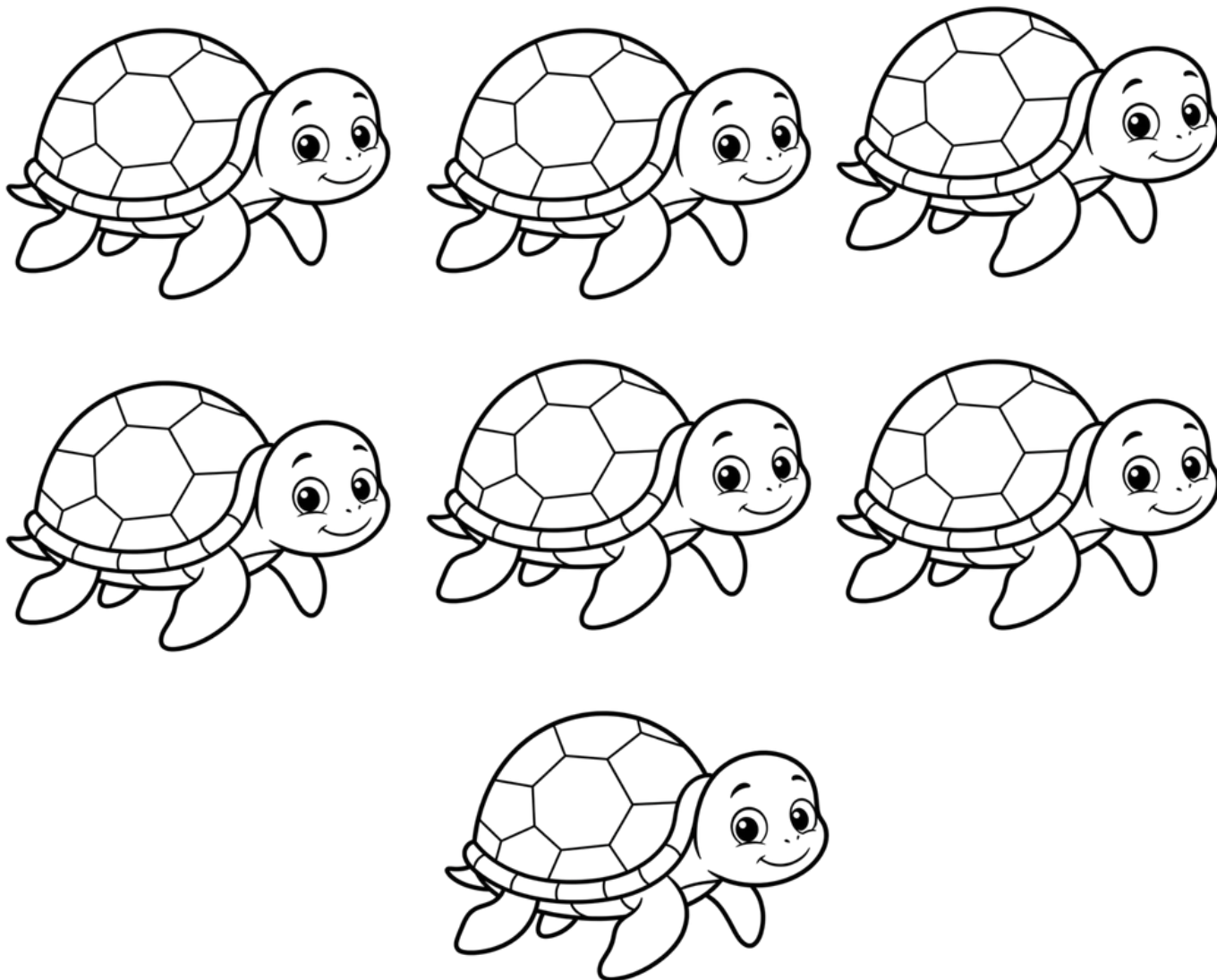
Name: _____

Let's learn more about the letter, "T":



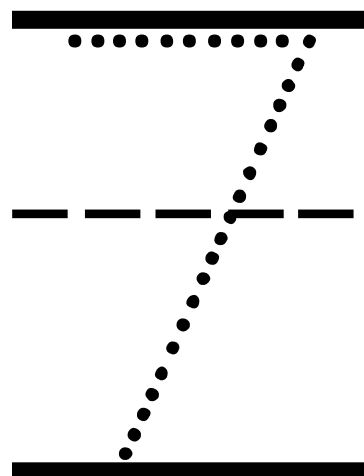
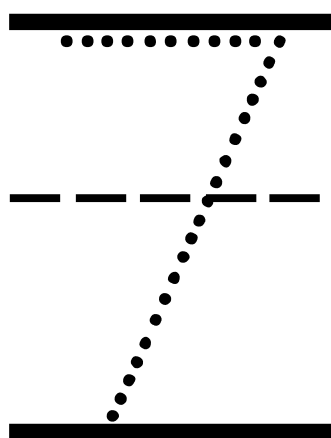
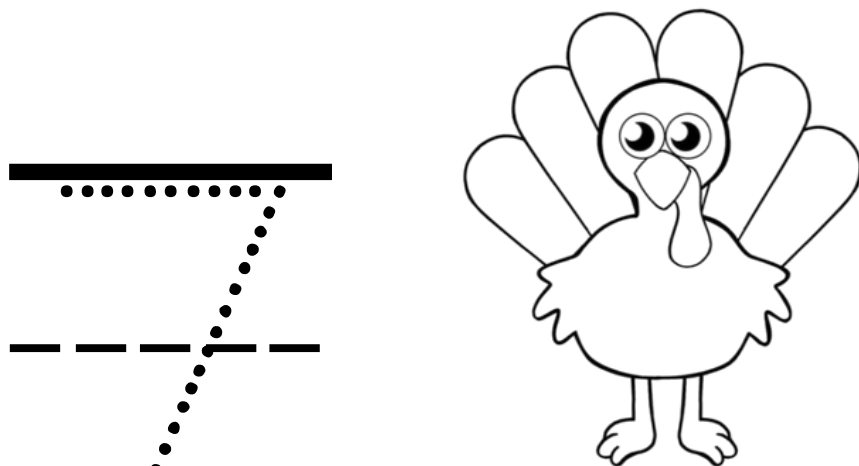
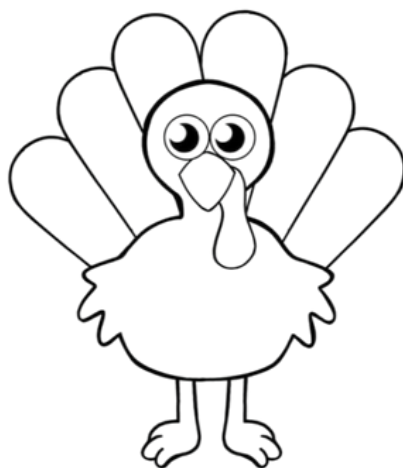
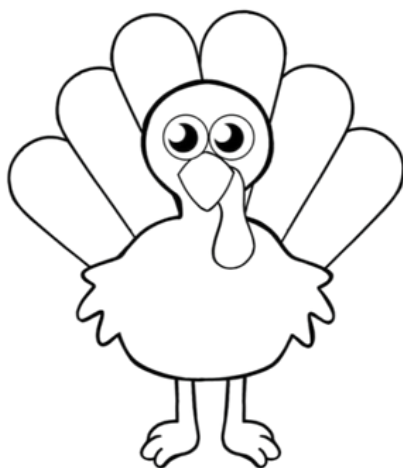
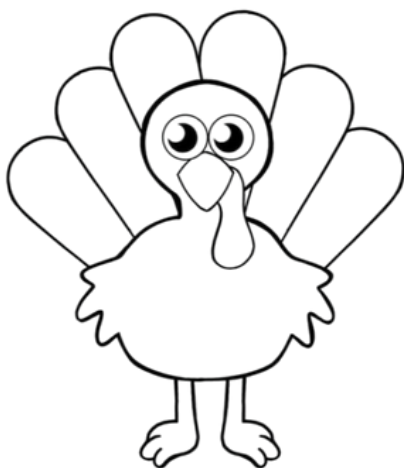
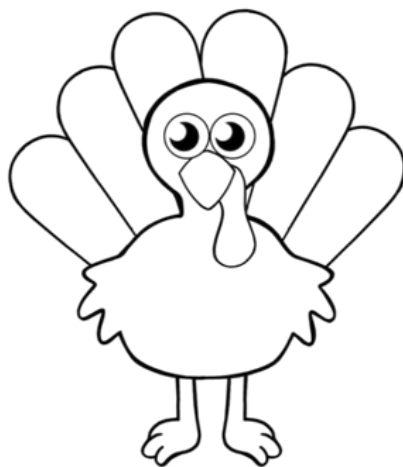
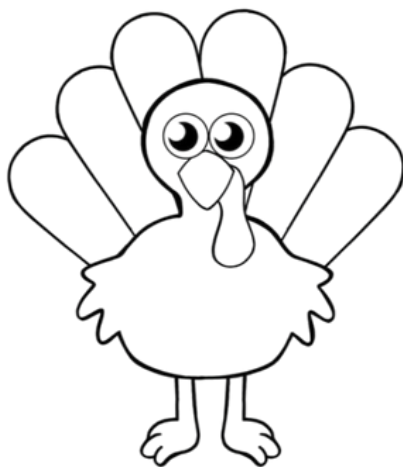
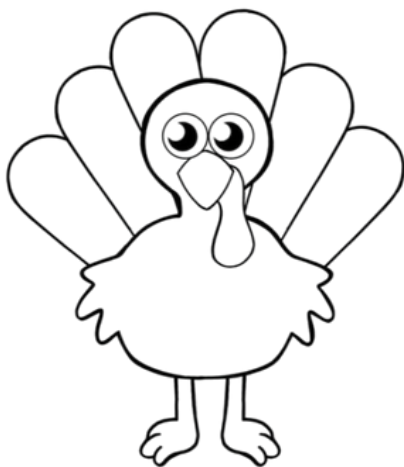
Name: _____

Count the turtles and trace number 7:



Name: _____

Count the turkeys and trace number 7:



Name: _____

Follow the instructions in each box:

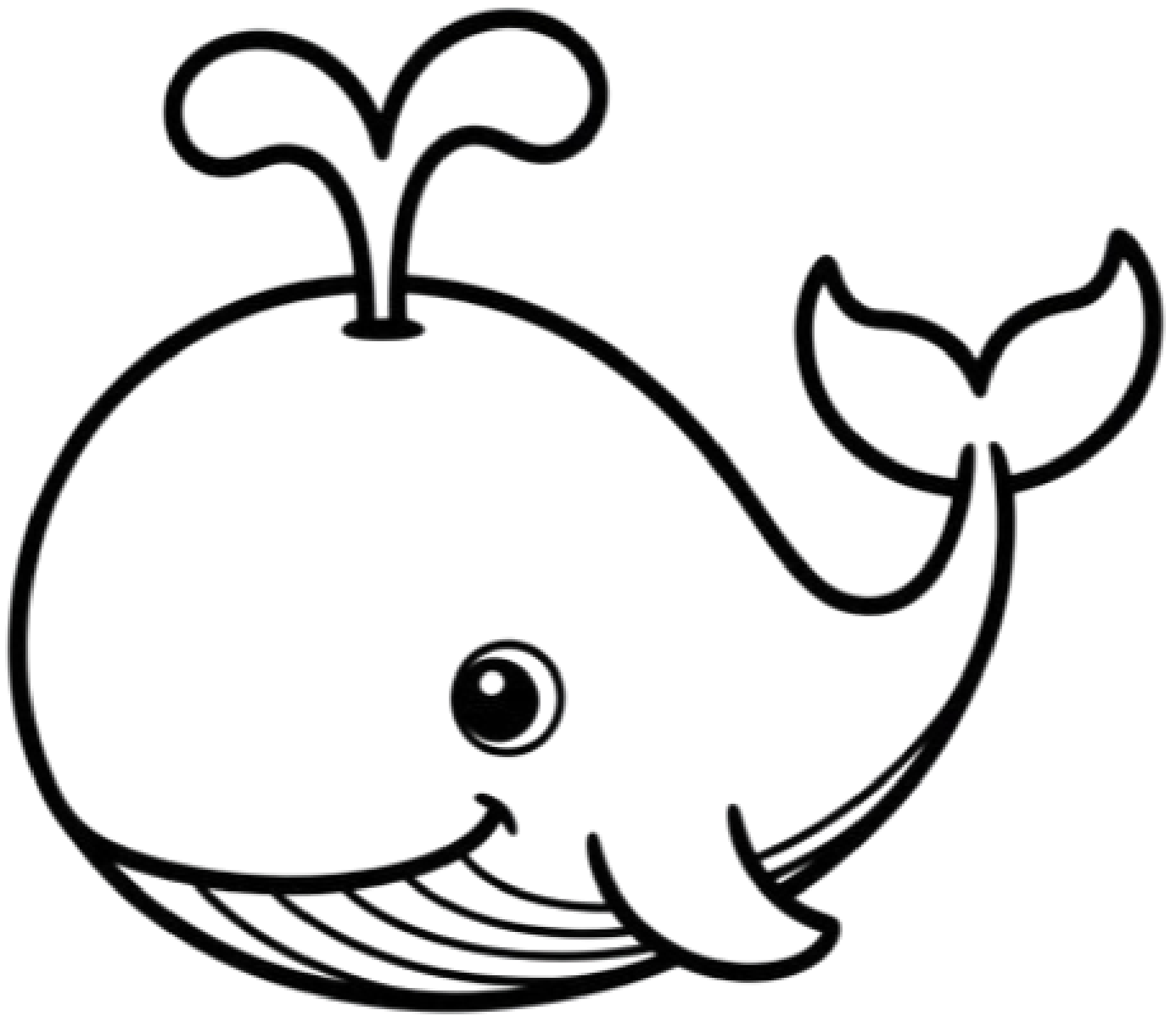
7 seven	   4 9 7
-----------------------	---

7 
--

3 7 2 4 9 7 5 7 6 7 9 8	5 6 8 seven
---	--

Name: _____

Color this whale, blue:



whale

Name: _____

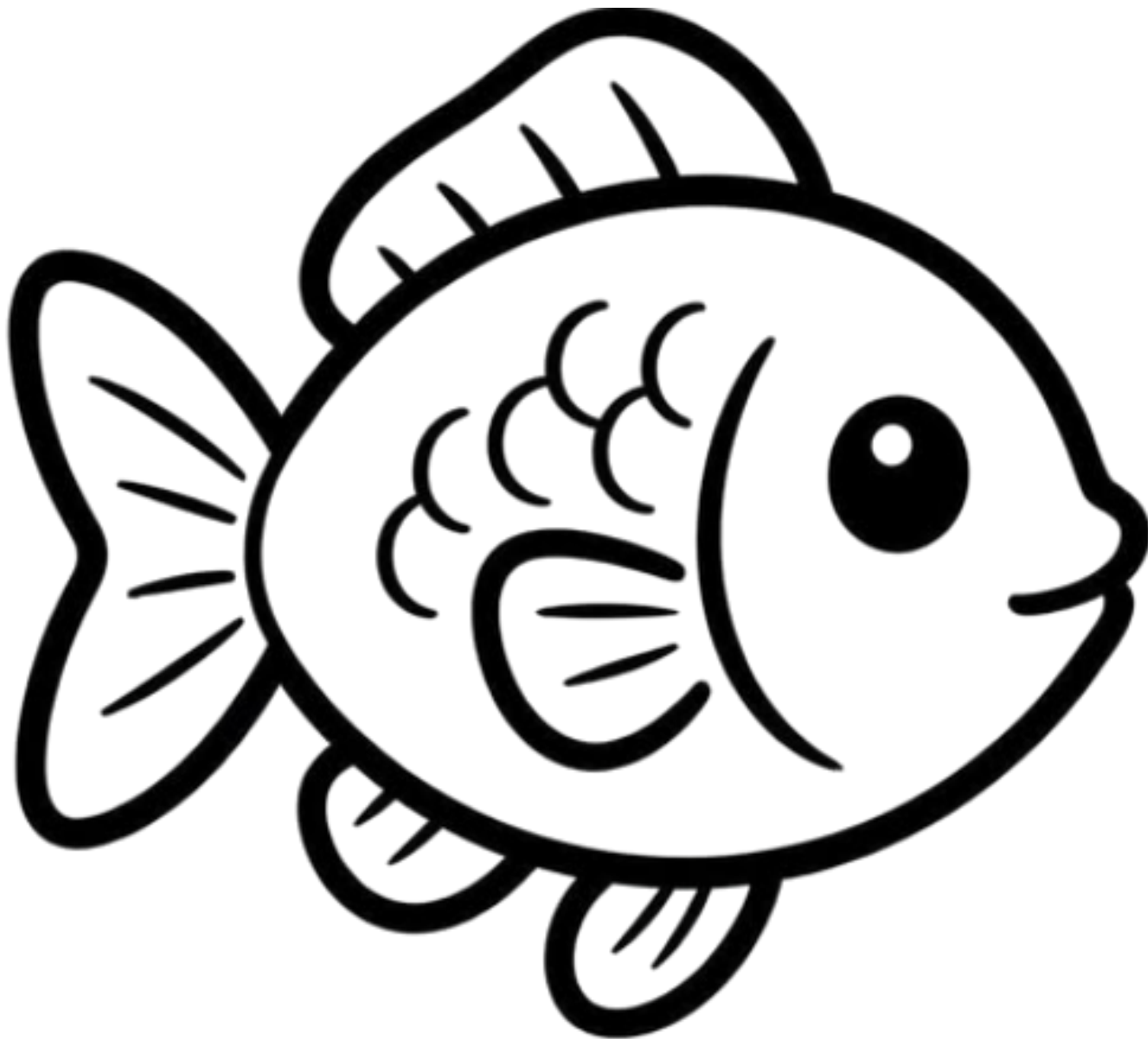
Color these blueberries, blue:



blueberry

Name: _____

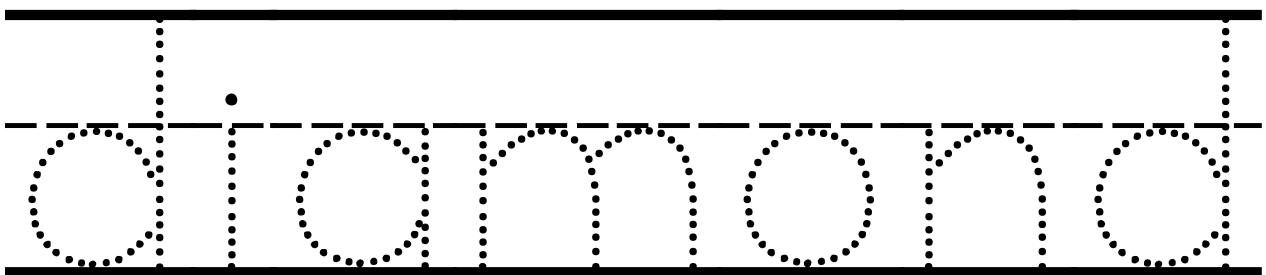
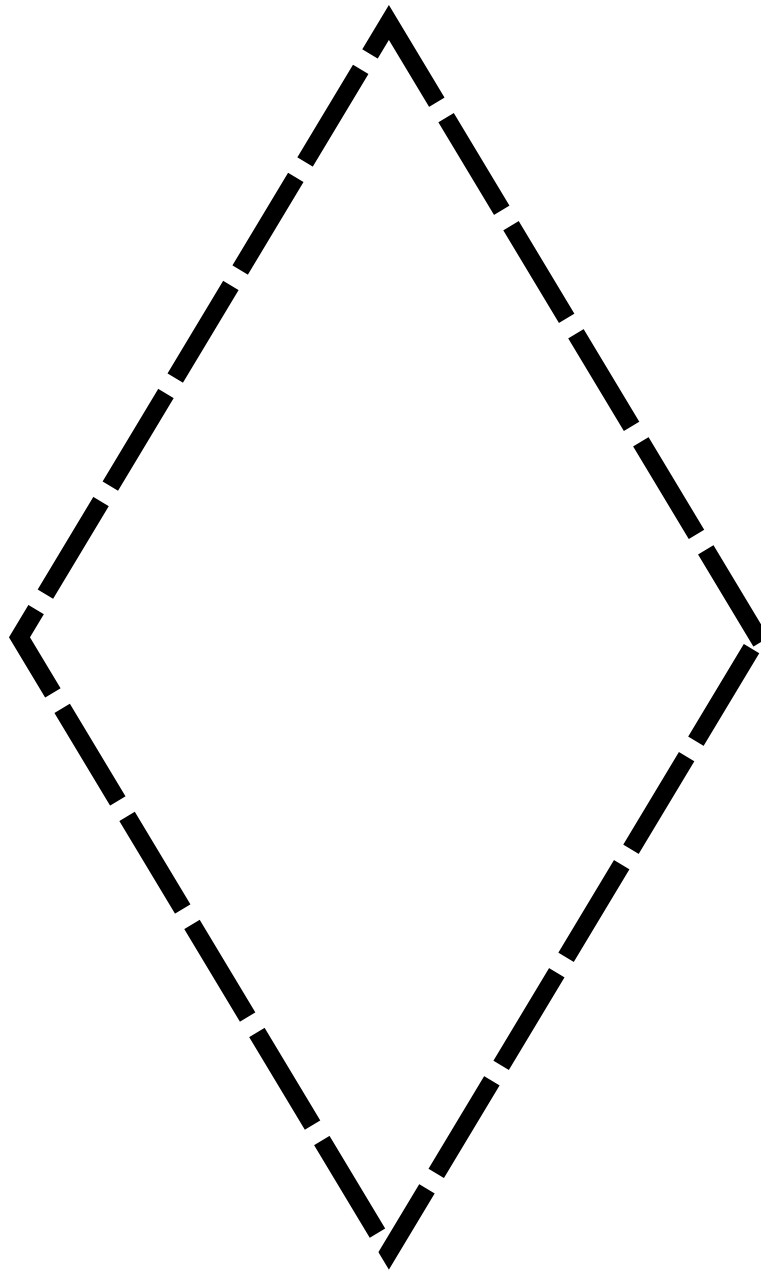
Color this fish, blue:



fish

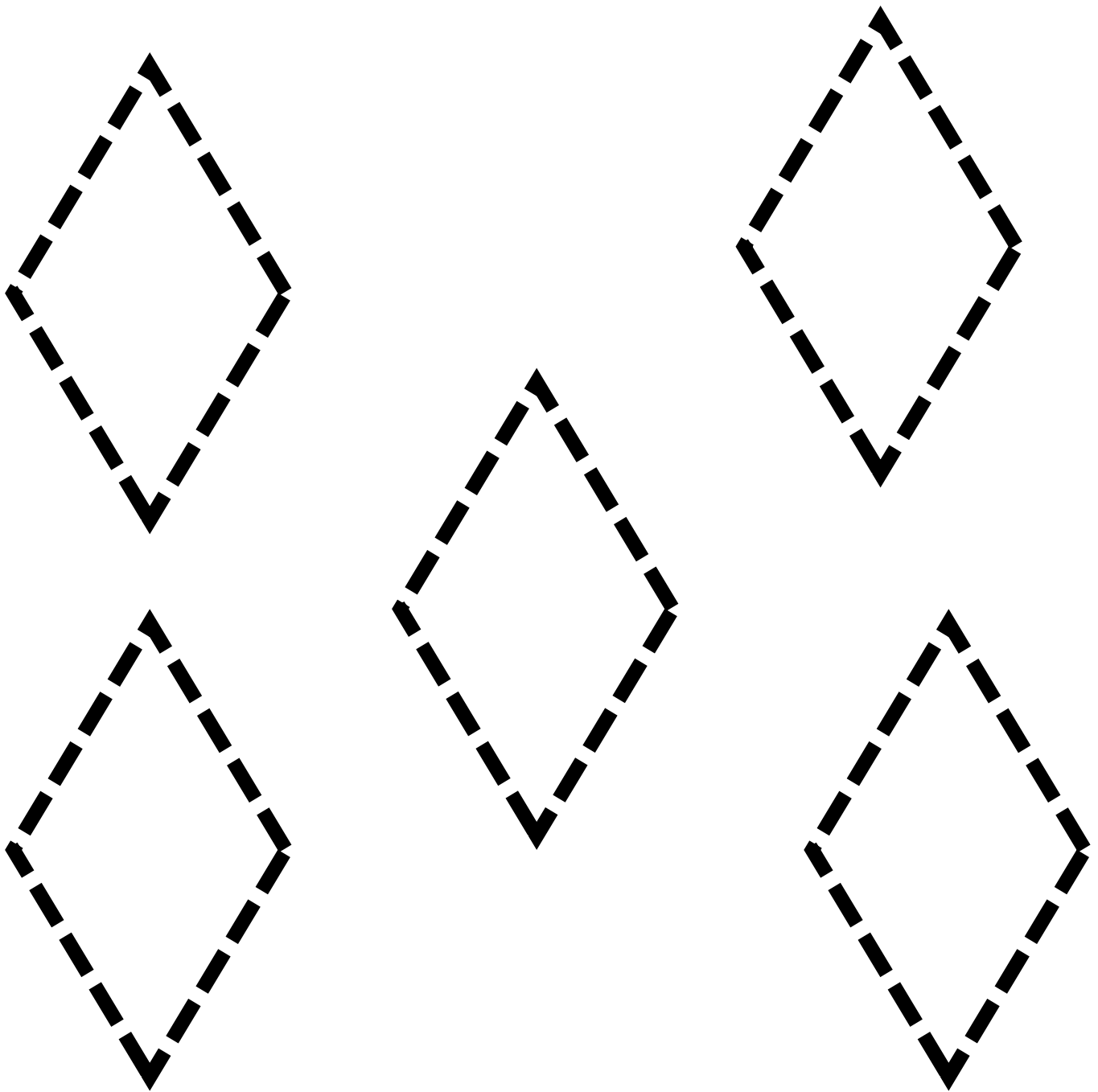
Name: _____

Trace and make your own diamond:



Name: _____

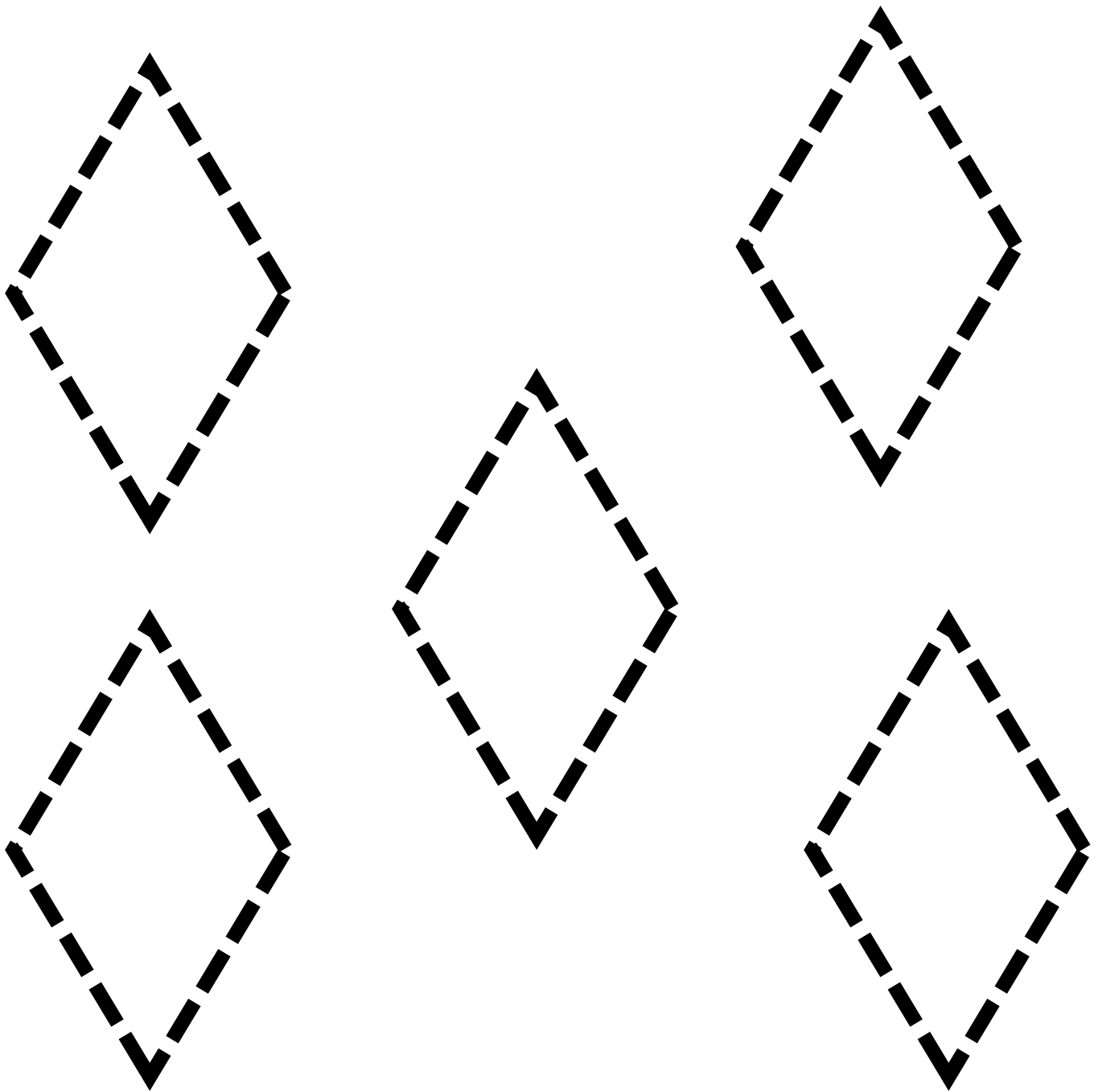
Trace and make your own diamonds:



diamond

Name: _____

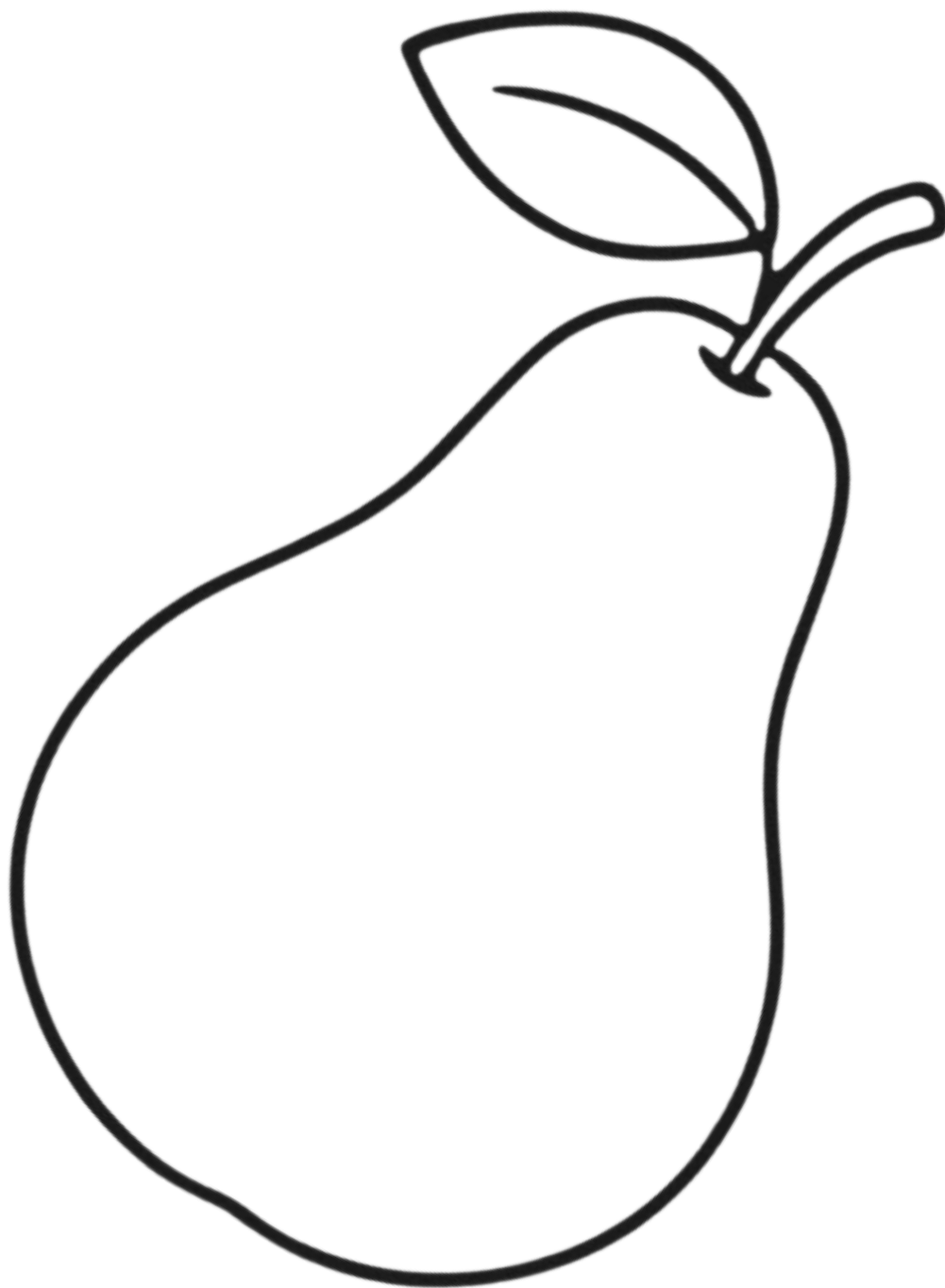
Trace and make your own diamonds:



diamond

Name: _____

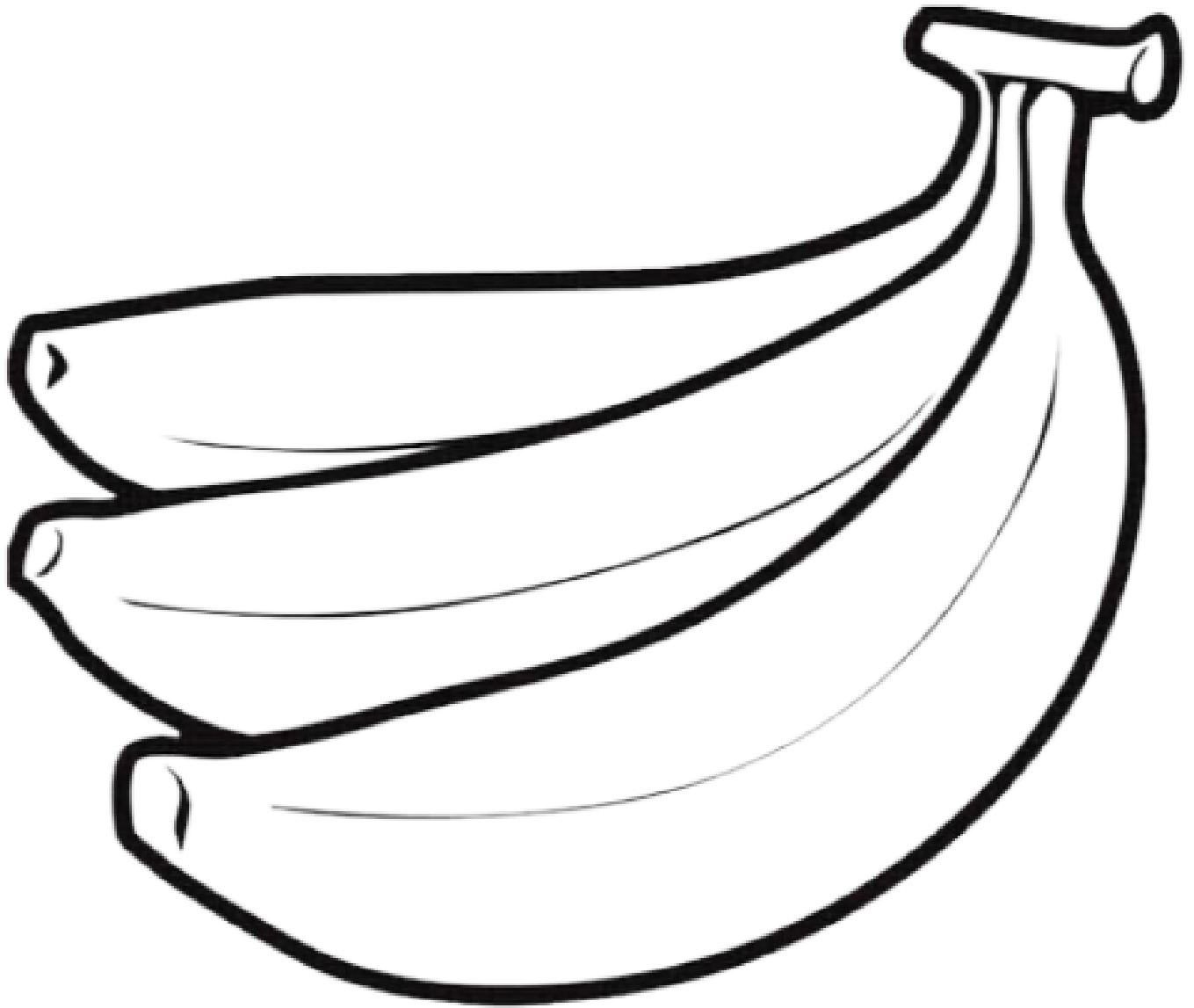
Color this avocado, green:



avocado

Name: _____

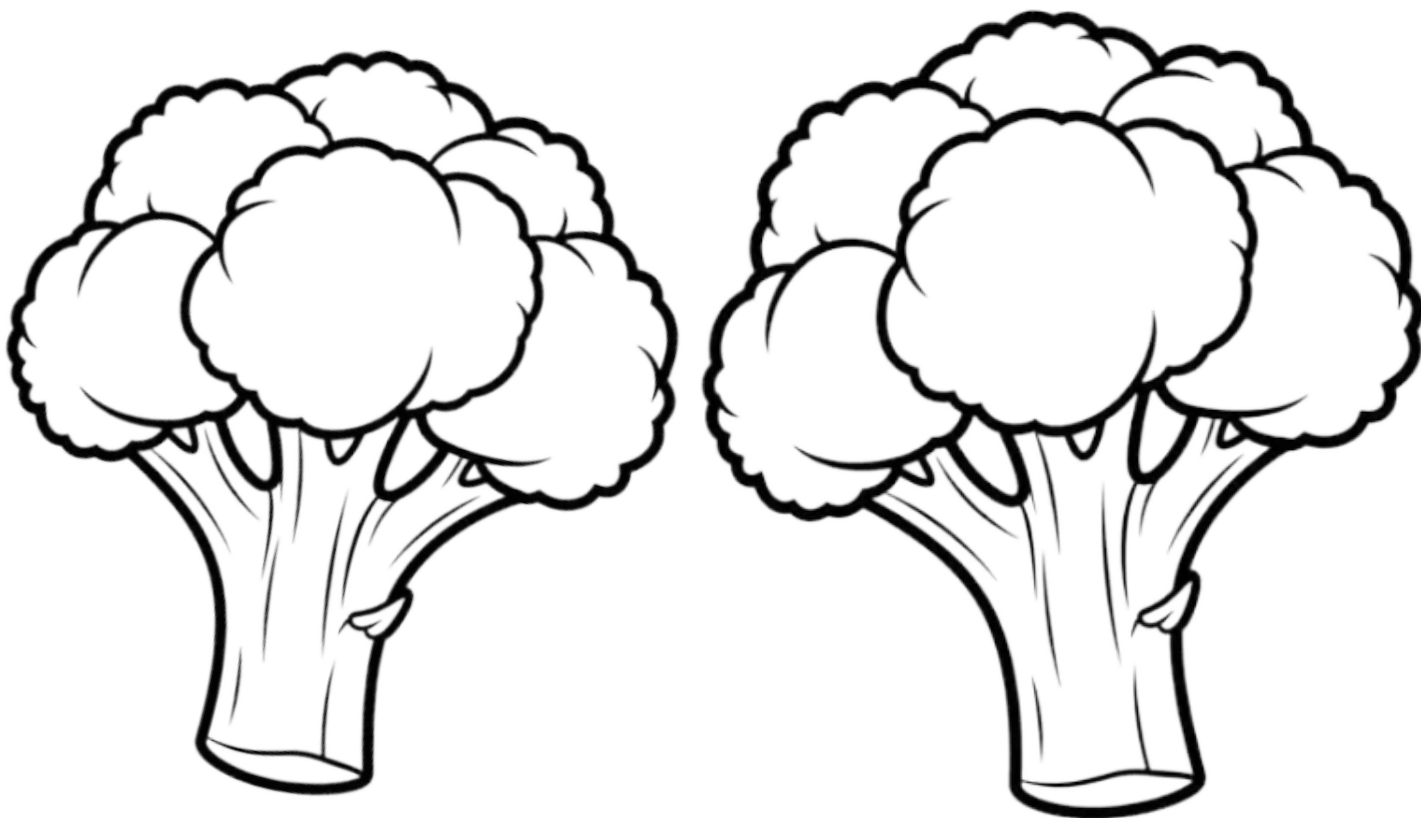
Color these bananas, yellow:



banana

Name: _____

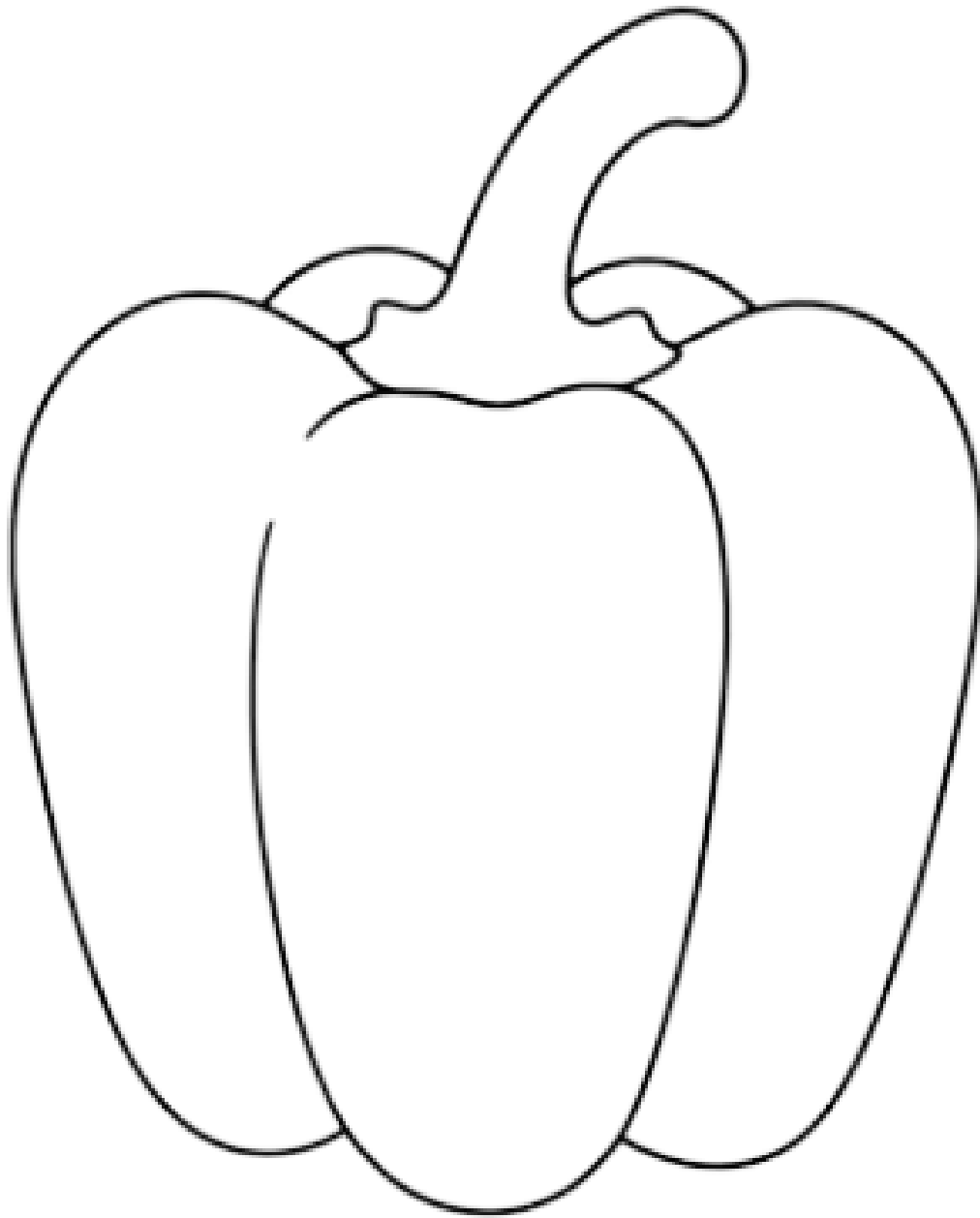
Color these broccoli, green:



broccoli

Name: _____

Color this bell pepper, red:



bell pepper