Pet Quality of Life Scale and Daily Diary

Directions: Use the key factors of quality of life below to help assess your pet's condition. Use the Daily Diary to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category for that day. The maximum score is 12 and you can determine your own scale. You can even add categories that pertain to your pet's particular situation. For example, 'Respiratory Rate' if your pet suffers from heart failure or lung cancer. You can give half or quarter points if appropriate.

MOBILITY

2 **Good Mobility** – No difficulty getting around, enjoys walks and going outside
1 **Poor Mobility** – Difficulty getting up, hard to get in position to eliminate, short walks only
0 **Bare Minimum Mobility** – Needs assistance, pain medication/anti-inflammatory medications do not help.

NUTRITION

2 **Good Appetite**
1 **Poor Appetite** – Hand feeding, needs enticing
0 **No Appetite**

HYDRATION

2 **Adequate Intake**
1 **Poor Intake/** or increased in some patients with particular diseases
0 **Requires Clysis** (subcutaneous fluids)

INTERACTION/ATTITUDE

2 **Interacts normally** with family and other pets
1 **Some interaction** with family and other pets
0 **Hides** in the closet or under the bed

ELIMINATION

2 **Normal** urination and/or defecation
1 **Reduced/Irregular** urination and/or defecation
0 **None**

FAVORITE THINGS

2 **Normal** favorite activities, hobbies, etc
1 **Decrease** in doing their favorite things
0 **No interest** in their favorite things

EXAMPLE SCALE IS AS FOLLOWS:

12 – 9	Everything is okay
6 – 8	Requires intervention
< or = 5	Consider humane tranquilization and euthanasia

Daily Diary

Date	Mobility	Nutrition	Hydration	Interaction/ Attitude	Elimination	Favorite Things	Total & Daily Notes