


What keeps you from sitting at the piano?

Is it fear?

- Fear of mistakes
 - Fear of being laughed at
 - Fear of not understanding the notes
 - Fear that you ‘just won’t ever get it’
 - Fear that you are a bad student
 - Fear that you will ‘sound bad’
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Is it excuses?

- I don’t have enough time
- It will take too much energy
- I’ll never get my skills back
- I won’t like it anyway
- My piano isn’t tuned
- I can’t focus for very long

I have one more question for you.