

**"It's been a packed and eventful few months, we have continued to strive and grow and we have made meaningful and strategic contributions in the area of Black Men's Mental Health. We hope to continue to make strides in this area and across all of our work in 2026."**

**Steve Barnabis, Project Zero Founder and Operational Manager**

## Recent key events

### September 2025

Attended the 'Music with Morris' event at the People's Pavilion

Launched Propel project at Waltham Forest College

Attended NFL Flag Football Festival

Launched our Building Communities programme in collaboration with the Hill Group

Launched Young Carers Programme

### October 2025

Hosted Half term holiday programme

Attended a Construction Career insight day in collaboration with London Youth, PLUS Interiors, and Overbury

Launched the Kooth & SPOKE World: Spoken Minds project

Attended the Growing Connections event with Eden Communities

Hosted a one week work experience programme in collaboration Morgan Sindall

Invited to V&A Museum storehouse

### November 2025

Hosted our annual Monster's Ball

Hosted Fireworks Hot & Chocs

Attended the Health Service Journal awards

### December 2025

Steve invited to Windsor Castle to meet His Majesty the King and the Federal President of Germany

Jungle Bash end of year Christmas Parties

Hosted our 2<sup>nd</sup> Building Communities session in collaboration with the Hill Group

Hosted 5<sup>th</sup> Annual Inspire awards



**We Did It!**



# PROJECT ZERO

## IMPACT

### Autumn 2025 at a Glance

- 4+ Youth Employment Insight days
- Average of 60 children welcomed daily at our October holiday programme
- Multiple inspiring trips that expanded horizons and built friendships
- Royal Visit to Windsor Castle
- The pictures taken by a member of staff were used to launch National Youth Week



State Visit by The Federal President of Germany and Ms Elke Büdenbender, with His Majesty The King



# Autumn Newsletter

## Key events to come

### January 2026:

#### Restarting youth clubs

**Date:** Tuesday 13<sup>th</sup> January 2026

### February 2026:

#### Project Zero Careers fair

**Date:** Monday 16<sup>th</sup> February 2026

**Time:** 11:00 AM – 2:00 PM

### February Half-term holiday programme

**Date:** Tuesday 17<sup>th</sup> February to Friday 20<sup>th</sup> February 2026

### Outdoor Partnership with Organic Lea

**Date:** Tuesday 17<sup>th</sup> February & Thursday 19<sup>th</sup> February 2026



## New year focus

- We will continue our work with Vanguard who have been supporting us with capacity building and in-centre case support.
- We also will focus more of our efforts into our SEND work.
- Finally, we would like to develop in our role in supporting Black Men's mental health.



Health Service Journal Awards



Music with Morris event



PLUS Interiors Career Insight day

## Join in: Youth Champion signups

At Project Zero, we are committed to engaging with our local Waltham Forest community and empowering young people to play an active role in Waltham Forest.

Our Youth Champion programme, open to Waltham Forest residents aged 14–16, invites young people to become ambassadors for Project Zero. Youth Champions help to shape our services, mentor their younger peers and represent their community.

If you know a young person who lives in Waltham Forest and would like to develop skills, build confidence, and make a difference locally **please join us at the Outset Centre on Tuesday 13<sup>th</sup> January 2026.**

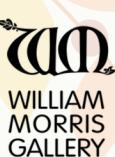


V&A Storehouse trip

**"This year has been full of positive moments. Our alternative provision students have made significant progress, overcoming challenges and closing gaps in their learning. In our youth hubs, we've seen the long-term impact of our work, watching young people who once started out shy and misunderstood grow into confident leaders and peer mentors who now support others beginning their journeys."**

**Nia Gichie, Inclusion Manager**

**We would like to extend thanks to these organisations for helping to make our autumn great!**



Thank you for reading and we would like to thank you for your support this year and wish you a restful festive period and Happy New year!

The Project Zero Team