

PROJECT ZERO

Autumn Newsletter

"It's been a packed and eventful few months, we have continued to strive and grow and we have made meaningful and strategic contributions in the area of Black Men's Mental Health. We hope to continue to make strides in this area and across all of our work in 2026."

Steve Barnabis, Project Zero Founder and Operational Manager

Recent key events

September 2025

Attended the 'Music with Morris' event at the People's Pavilion

Launched Propel project at Waltham Forest College

Attended NFL Flag Football Festival

Launched our Building Communities programme in collaboration with the Hill Group

Launched Young Carers Programme

October 2025

Hosted Half term holiday programme

Attended a Construction Career insight day in collaboration with London Youth, PLUS Interiors, and Overbury

Launched the Kooth & SPOKE World: Spoken Minds project

Attended the Growing Connections event with Eden Communities

Hosted a one week work experience programme in collaboration Morgan Sindall

Invited to V&A Museum storehouse

November 2025

Hosted our annual Monster's Ball

Hosted Fireworks Hot & Chocs

Attended the Health Service Journal awards

December 2025

Steve invited to Windsor Castle to meet His Majesty the King and the Federal President of Germany

Jungle Bash end of year Christmas Parties

Hosted our 2nd Building Communities session in collaboration with the Hill Group

Hosted 5th Annual Inspire awards



We Did It!



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IMPACT

🌟🍁 Autumn 2025 at a Glance 🍁🌟

👛 4+ Youth Employment Insight days

👤 Average of 60 children welcomed
daily at our October holiday programme

🏰 Multiple inspiring trips that expanded horizons
and built friendships

👑 Royal Visit to Windsor Castle 🏰

📷 The pictures taken by a member of staff were used to
launch National Youth Week



State Visit by The Federal President of Germany and
Ms Elke Bündenbender, with His Majesty The King



Key events to come

January 2026:

Restarting youth clubs

📅 **Date:** Tuesday 13th January 2026

February 2026:

Project Zero Careers fair

📅 **Date:** Monday 16th February 2026

🕒 **Time:** 11:00 AM – 2:00 PM

February Half-term holiday programme

📅 **Date:** Tuesday 17th February to
Friday 20th February 2026

Outdoor Partnership with Organic Lea

📅 **Date:** Tuesday 17th February &
Thursday 19th February 2026



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New year focus

We will continue our work with Vanguard who have been supporting us with capacity building and in-centre case support.

We also will focus more of our efforts into our SEND work.

Finally, we would like to develop in our role in supporting Black Men's mental health.



Health Service Journal Awards



Music with Morris event



PLUS Interiors Career Insight day

Join in: Youth Champion signups

At Project Zero, we are committed to engaging with our local Waltham Forest community and empowering young people to play an active role in Waltham Forest.

Our Youth Champion programme, open to Waltham Forest residents aged 14–16, invites young people to become ambassadors for Project Zero. Youth Champions help to shape our services, mentor their younger peers and represent their community.

If you know a young person who lives in Waltham Forest and would like to develop skills, build confidence, and make a difference locally **please join us at the Outset Centre on Tuesday 13th January 2026.**

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V&A Storehouse trip

"This year has been full of positive moments. Our alternative provision students have made significant progress, overcoming challenges and closing gaps in their learning.

In our youth hubs, we've seen the long-term impact of our work, watching young people who once started out shy and misunderstood grow into confident leaders and peer mentors who now support others beginning their journeys."

Nia Gichie, Inclusion Manager

We would like to extend thanks to these organisations for helping to make our autumn great!



Thank you for reading and we would like to thank you for your support this year and wish you a restful festive period and Happy New year!

The Project Zero Team

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