

"One moment. One Decision. A Lifetime of Impact."



Darrin Lingard is not your typical safety speaker. After a devastating workplace accident resulted in the loss of his leg, Darrin faced a long personal battle far beyond just the injury and the impacts to himself. 30 years after the accident, Darrin brings a raw, personal insight into the true cost of a workplace accident and how it changes your life forever. His story isn't about blame - it's about choice.

"This was preventable—and it still happens today."

OVERVIEW

In this compelling keynote speech, Darrin shares the moment that changed everything: a preventable accident caused by a shortcut, complacency, and assumptions. But the story doesn't stop at the incident—it also dives deep into the long-term impact on his identity, career, relationships, and mental health. Audiences walk away with a deeper appreciation for managing their own safety, protecting what really matters to them and the realisation that safety is a way of thinking, a way of leading, and a way of living - and not just in the workplace.

KEY TAKEAWAYS

- ✓ The real-life impact of shortcuts and risk-taking
- ✓ The ripple effects on everyone around you
- ✓ Recognition of what you are really gambling with
- ✓ Why owning your own safety changes everything
- ✓ A mindset shift to protect what really matters to you

AUDIENCE IMPACT

- ✓ Emotional Connection
- ✓ Mindset Shift
- ✓ Personal Ownership
- ✓ Actionable Insight
- ✓ Self Reflection

WHAT MAKES THIS KEYNOTE SPEECH DIFFERENT

Real-life accident case study with 30-year impact review (not just theory)

Authentic and Raw - based on lived experience beyond just the accident

Behavioural and Cultural Changing Experience - triggers self-reflection and ownership

Relatable - speaks Their Language (Mining, Trades, Frontline Management background)

Reinforcement - the importance of Safety Compliance and Risk Management practices

BOOKING INFORMATION

Website: darrinlingard.com/safety

Email: darrin@darrinlingard.com

Phone: +61 407 142 533

Location: Brisbane, Australia (Available for national & international events)