



HEALTH AND BALANCE

TREATMENTS AND PRICES (JUNE 2022)

Treatment	Description	Price
Holistic foot reflexology treatment	Treating all body organs and systems – 1 hour duration	£40
Hand reflexology	If preferable alternative to foot reflexology – 30 minutes duration	£25*
Facial/Ear reflexology	To relax facial muscles and nerves – 30 minutes duration	£25*
Full hot stone reflexology treatment	Treating all body organs and systems with the added benefits of hot stone – 1 hour 15 minutes duration	£50
Hot stones foot treatment	Hot stone foot massage – 1 hour duration	£40
Back Hot Stone Massage	Back massage using hot stones – 1 hour duration	£45
Indian Head Massage	Gentle scalp massage – 45 minutes duration	£30*
Reiki	Reiki healing session – 45 minutes duration	£30*

Home therapy sessions available for an additional fee.

To book an appointment or enquire further:

E-mail: healthandbalance@outlook.com

Phone Carolene on: 07533 400419

Payment can be made by card, bank transfer, cash or cheque on the day of treatment.

Recommend a friend and get a free 'taster' treatment worth up to £30*.