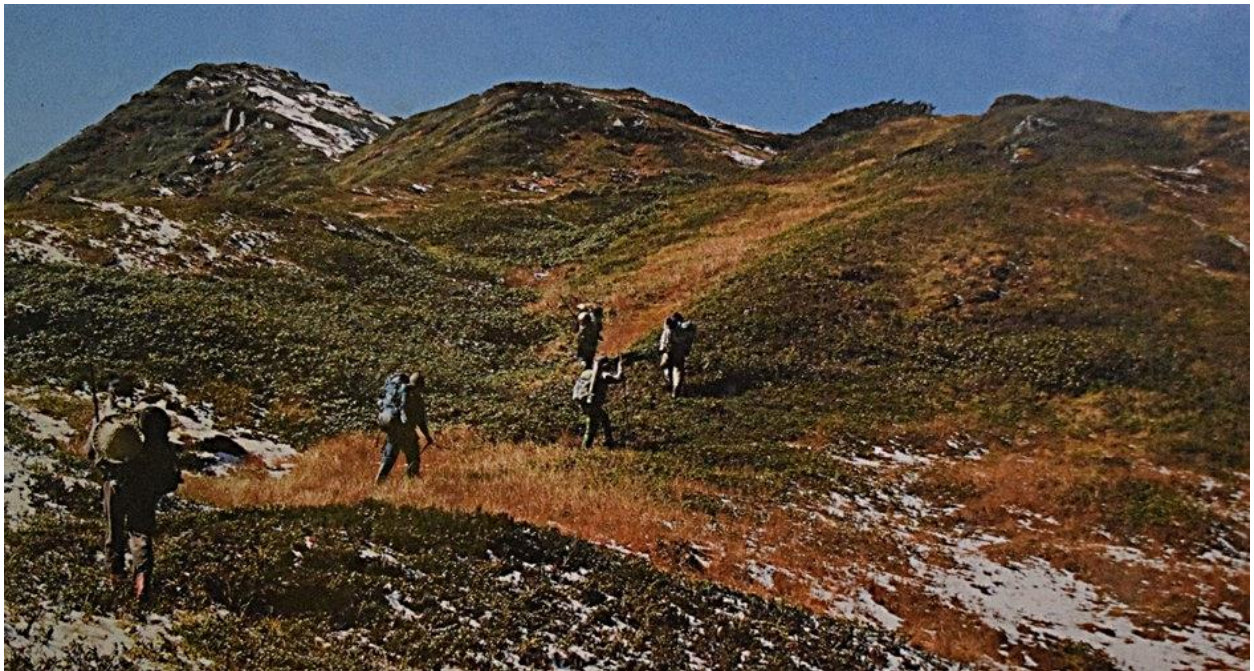


The 7 Lakes Trek

The Mishmi hills are home to some of the most incredible trails in India which a traveler can embark on. Old hunting treks along lush green valleys and steep mountains are a great way to explore and experience the natural beauty of this trek in the eastern Himalayas.

The trek will take you to seven breathtakingly beautiful high altitude lakes hidden in the unnamed hills of the frontier state of India, Arunachal Pradesh. Starting from open valleys of tall grass and ferns, this trek will take us up to an elevation of 4000 meters into the glaciers that feeds these lakes and rivers below all throughout the year. May, June and then, September to mid-November are good months to trek to the 7 Lakes. You will encounter wild flowers in May and June. Late August and September may have rains, October and November have clear skies with spectacular views of the Eastern Himalayas, though the climate is much colder.

The trek is ideal for intermediate to expert trekkers as on almost all trekking days we will be climbing uphill or downhill, sometimes steep gradients. You will be accompanied by experienced guides and former hunters who know the territory well.



Itinerary: 11 Nights/ 12 Days

Number of walking days: 7

Dibrugarh – Roing – Anini – Trek – Roing – Dibrugarh

Day 01: Dibrugarh – drive to Roing, 160 km/ 4.5 hours

Arrive at Dibrugarh, meet and assist and transfer by road into Arunachal Pradesh – a pleasant drive through picturesque tea estates of eastern Assam. The journey will take you through India's longest bridge, the Bhupen Hazarika Setu at 9.15 km across the Lohit River. We arrive at the Assam-Arunachal Pradesh border post where our permits will be checked. Continue on to Roing. Check into homestay upon arrival. You will be briefed about the trek and any last minute purchases can be done today since Roing is the last major town we'll be in before we head into remote Arunachal Pradesh.

Day 02: Roing to Anini, 220 km/ 8.5 hours

Today will be a long day on the road to reach the last town near the starting point of our trek. We will travel on a mountain road, cross Mayodia Pass at 8,700 feet and will reach Anini only in the evening. Check into homestay. This is where we'll drop our extra luggage before we start off on our trek the next morning. A hearty meal awaits you and a few hours of rest before the trek.

Day 03: Anini to Emuli to Jungle Camp 1

The start of our trek is from a small settlement called Emuli – which is about 25 kilometers from Anini. There on, we leave our transfer vehicles and start walking up a ridge of the hill. Degree of elevation is moderate so you can ease your way in before the steep climbs of later days. Trek through grasslands to the Aniku Top, 9000 ft, for 4 to 5 hours and reach Camp 1.



Day 04: Jungle Camp 1 to Jungle Camp 2

Today we will start our journey through a rainforest climbing to 11,000 ft and as we gain height we pass by thin bamboo jungles. Mushrooms on the ground and orchids hanging from trees add variety to the fauna. At about 10,000 ft, thick forest starts again but with an entirely different kind of vegetation. Tonight's camp is in a small patch of relatively plain land close to a mountain stream. Trekking time is 6 hours.

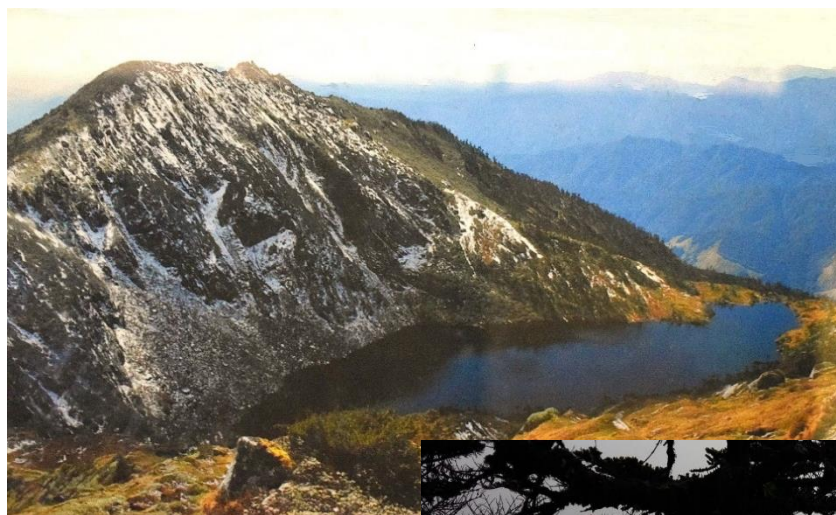
Day 05: Jungle Camp 2 to Lake 1

Trek for 6 to 7 hours through forested areas to the First Lake, Kahu Wuya which is at 12,400 ft. We need to go through a steep rocky terrain for a certain distance before we reach our camp site.



Day 06: Lake 1 to Lake 2, Lake 3 & Lake 4

Trek appx. 3.30 hours to Lake 2, Emuh Ya. This will be our Base Camp at 14,000 ft. There are wooden log huts for our stay which ensures a bit of comfort in the wilderness. The terrain, for some parts, is rocky. On reaching our camp site, we walk for another 30 minutes to Lake 3 called Koyombo. This is the smallest of



the 7 Lakes. From here another short hike will bring us to Lake 4 called Dini and this is the largest of the lakes. Each of these lakes, though located close together, have distinct beauty giving one the

opportunity to realize how very awesome nature can be. Trek back to Lake 2 (Base Camp).



Day 07: Base Camp to Lake 5, Lake 6 & Lake 7

We will trek to Lake 5 called Chene. Local hunters have reported that the lake glows at midnight, a phenomenon attributed to various factors like bioluminescent organisms in the water, unique geological formations or other natural occurrences that creates an ethereal glow. Continue walking over the Chene pass to Lake 6 and 7 and return to base Camp.

Day 08: Base Camp to Jungle Camp 2

We will start the return journey today as we climb down to Jungle Camp 2, 6 hours.

Day 09: Jungle Camp 2 to Emuli and drive to Anini

Continue descending to Emuli from where we started the trek. Board waiting vehicle and drive back to Anini. Overnight at homestay.

Day 10: Day trip to Chigu and Bruni, 60 KM one way

Drive up the Dree River through the picture-perfect Dree River valley to Bruni, the last settlement before the Chinese border. The journey is full of great mountain vistas, cascading waterfalls and small settlements. The Dree River carves out a narrow valley between two mountain ranges going upto 4000 mtrs. We will enjoy a lunch at the Chigu Camp located by the river with 3 waterfalls in view. Return to Anini.

**Day 11: Anini to Roing**

Continuing on our journey back, we will be at Roing once again. Overnight at the homestay.

Day 12: Roing to Dibrugarh, 140 KM/ 4 hours

Drive back through the long bridge to Dibrugarh airport to board outgoing flight.

Tour ends

- Price starts from \$1590 per person for a group of 8 persons (this is the maximum we can take on this trek)
- \$1680 per person for a group of 6 persons
- \$1760 per person for a group of 4 persons
- \$1940 per person for 2 persons

USD 50 per person extra for the special permit to enter Arunachal Pradesh. Please see under 'Entry Formalities' below.

For group sizes other than given above, do write to us – tours@eastindiatravel.in
OR WhatsApp us at [+91 986 4732 022](tel:+919864732022)

Inclusions: Transfers from Dibrugarh airport and back by air-con vehicles; accommodation on twin share in hotels/ homestays; tented accommodation/ huts during the trek; all meals in hotels and during the trek; porters, guides, tents, mats for the trek; all entrances; drinking water; all applicable taxes.

NOTE: We suggest that you bring your own sleeping bags

Not Included: Airfare (international and domestic); tips; drinks; insurance; laundry; expenses of a personal nature; anything not mentioned under 'Inclusions'.

Entry Formalities: The 7 Lakes featured in this trek are in Arunachal Pradesh, the easternmost state of India, remote and pristine. This state requires that you acquire a special permit for entry, the Protected Area Permit (PAP). We will obtain this provided we receive from you, at least 20 days prior to the start of the trek, scanned passport copies, Indian visa copy and recent photographs from each participant. The local government charges \$50 per person for the PAP.

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