

**Concerned  
about a loved  
one's use of  
alcohol or other  
drugs?  
There is help!**



Making a difference, **ME**  
**3M** now that you know.

**Joyner and Associates LLC**  
P.O. Box 181310  
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216-780-3883  
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Making a difference, **ME**  
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**Family Education &  
Support Group  
Program services  
are free.**

For dates and schedules  
of each location, please  
visit our web site.  
[www.joynerandassociates.com](http://www.joynerandassociates.com)



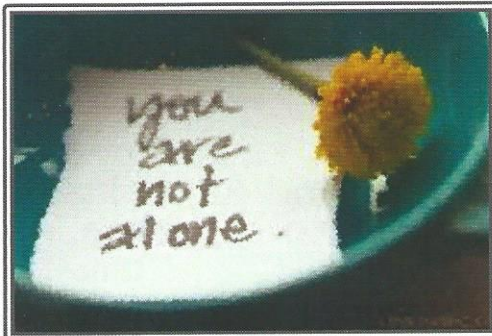
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## Concern

It's estimated that 1 out of 10 people who use alcohol before the legal age and as many as 6 out of 10 who use other drugs before age 15, develop drug addiction or another substance use disorder. Addiction negatively impacts the user's life and the lives of those who love him or her.

Thoughts like, *"it can't happen in my family"* or *"it's just a phase they're going through"* can fuel years of denial, during which overwhelming behavioral and financial difficulties take their toll. The stigma associated with those who are addicted prevents family members from identifying the problem and seeking appropriate help.

Parents and other loved ones believe that they somehow must have caused or contributed to related problems and therefore they should be able to cure it or at least control the user's behavior. The truth is much the opposite.



## Family Education & Support Group Program

Designed for parents, grandparents, other family members and significant others who are concerned about a loved one's abuse or addictive use of alcohol and/or other drugs.



The two components of the program are:

**Education Group:** Provides information covering a variety of topics that helps family members understand addiction as a brain disorder, how addictive behaviors impact the family, and healthy ways for family members/concerned others to respond to their addicted loved ones behaviors without taking responsibility for them.

**Support Group:** Provides a caring environment for those seeking insight and support for making healthier choices for themselves and those they love in response to the negative impact of a loved one's substance use disorder.

The groups are sponsored in total or in part by:

- Lorain County Alcohol & Drug Abuse Services, Inc. (LCADA)
- Episcopal Community Services
- Stella Maris, Inc.
- Other grants and donations

## Jim Joyner, LICDC-CS

Jim Joyner is a Licensed Independent Chemical Dependency Counselor Clinical Supervisor through the Ohio Chemical Dependency Professional Board. He has worked in the field of alcohol and other drug treatment, prevention, education and intervention services for over 47 years. Jim currently is in private practice and works as a consultant providing education and support program services for parents and others who are worried about a loved one's harmful use of alcohol, other drugs and substances. In 2017 Jim facilitated over 190 education and support group programs throughout northeast Ohio. Jim's unique program design assists participants in making healthy choices for themselves and healthy responses to those they love



He believes that the single greatest negative impact on the quality of life that effects every man, woman and child in America today can be found in the combined consequences related to the abuse and addictive use of alcohol, other drugs and substances. He further believes that through effective programming and support these problems can be arrested.

*"Making a difference, now that you know"*

### Concerned Others Check List

- ❖ Do you feel the need to make excuses for their alcohol or other drug using behaviors?
- ❖ Do you sometimes lie to cover for them due to their alcohol or other drug use related behaviors?
- ❖ Do you avoid talking to them about their alcohol or other drug use for fear of their negative response?
- ❖ Have you given them opportunities to correct their using behaviors with little or no change on their part?
- ❖ Do you feel responsible in part for their alcohol or other drug use and related problems?
- ❖ Have you ever felt that if you changed yourself or manipulated the environment that you could stop or control their using?
- ❖ Do you sometimes lay awake at night worrying about them due to their alcohol or other drug use and related behaviors?
- ❖ Are you finding it harder to trust them?
- ❖ Do you find yourself needing to "keep an eye" on them in an attempt to protect them, yourself or your property?
- ❖ Are you spending time worrying about their use, trying to prevent their use, or trying to fix the consequences of their using behaviors?

*If you answered YES to at least one of these questions, and are interested in learning what you can do, give us a call.*

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