



Hope Behavioral Health

***Offering culturally competent
and spiritually sensitive services
that provide hope, emotional healing,
and positive change that improves
lives and strengthens families.***

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MAIN OFFICE

24100 CHAGRIN BLVD, STE. 330
BEACHWOOD, OH 44122

SATELLITE OFFICES

- 7196 SOM CENTER RD, SOLON, OH 44139
- 4110 38TH ST N.W., CANTON, OH 44718
- 30635 LORAIN RD, N. OLMSTEAD, OH 44070
- 76 BELL ST, CHAGRIN FALLS, OH 44022
- 2632 E. 115TH ST, CLEVELAND, OH 44104

1-800-642-4560

www.hopebehavioral.com

THERAPISTS

Albert J. McIntosh, MSSA, LISW-S, President and Clinical Director, practices out of our Beachwood office.

Lauren Clark, MSW, LISW-S, Associate Clinical Director, practices out of our Solon office.

Linda Hritz, MSW, LISW-S, LICDC-S, practices out of our Chagrin Falls and Beachwood offices.

Shavaun Jones, M.S. Ed., LPCC, practices out of our Beachwood office.

Samantha Reid, M.S. Ed., LPCC, practices out of our Beachwood office.

Noelle Chappelle, M.S. Ed., LMFT, practices out of our Beachwood office.

Rachel Croce, M.S. Ed., LMFT, practices out of our Chagrin Falls and Beachwood offices.

Tammy Miller, MATS, LSW, practices out of our Canton office.

Richard Marvin, M.S. Ed, LSW, practices out of our Solon and North Olmsted offices.

Cameo Cook, MSW, LSW, practices out of our Beachwood office.

Gale Griffin, MPC, LPCC, practices out of our Beachwood office.

Shawna Young, MSW, LSW, practices out of our Beachwood office.

Michele Fry, MS, LPC, practices out of our Solon and Beachwood offices.

Lola A. Whatley, MSW, LSW, practices out of our Beachwood office.

Shelby Williard, MSSA, LSW, practices out of our Buckeye office.

Dianne Thompson, Ph.D., practices out of our Beachwood office.

Mendi Wilson, MSW, LSW, practices out of our Beachwood office.

Bruce Holmes, M.S., LSW, practices out of our Beachwood office.

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All of our Therapists are licensed with the
**Ohio Counselor, Social Worker and Marriage
and Family Therapist Board.**

Individual Therapy: At Hope Behavioral Health our therapists primarily utilize an evidence-based therapeutic approach called Cognitive Behavioral Therapy that is particularly helpful in the treatment of generalized anxiety. Together, the client and therapist will evaluate the level of unhealthy emotions and behavior and what triggers them. The client and the therapist will explore and challenge faulty thinking and how to reframe those thoughts. By replacing self-defeating limiting beliefs with new hopeful beliefs, the client can effectively cope with the stresses of life and walk in freedom and emotional restoration.

Trauma Focused Cognitive Behavioral Therapy is used by all of our therapists. TFCBT is uniquely tailored for the treatment of **Children and Adolescents** who have suffered from serious acute, complex or chronic trauma. There is strong consideration given to the cultural and spiritual context of the person within their environment.

Family Therapy is beneficial to improving the overall health of the family when faced with a family crisis or major family transition. For marriage or pre-marital counseling, issues related to communication, intimacy, infidelity, emotional affairs, money management and parenting approaches are discussed and worked on. Blended family issues through marriage, adoption or divorce are also explored, especially when working with children. Family Therapy can also be helpful when helping respond to a child's negative, disruptive and oppositional behavior at home or in school. Through Family Therapy, family safety and boundary plans are established and effective strategies are employed that promote stability and mutual cooperation among all family members.

Addiction Treatment: At Hope Behavioral Health we provide treatment for those suffering from various addictions. We have therapists that utilize the spiritually based Twelve Step approach, combined with traditional psychotherapy methods in order to maximize recovery gains. Each treatment approach is individually tailored for the client.

Fees are established within the median range of behavioral health service for diagnostic, psychotherapy and group psychotherapy services, and are considered reasonably priced.

In-Network Insurances accepted:

CareSource; Anthem Blue Cross & Blue Shield; Apex; Cigna; HealthSpan; Medical Mutual; Mutual Health; Cenpatico - Buckeye; Summa Care; United Behavioral Healthcare – Optum; United Healthcare Community Plan; Medicare Part B

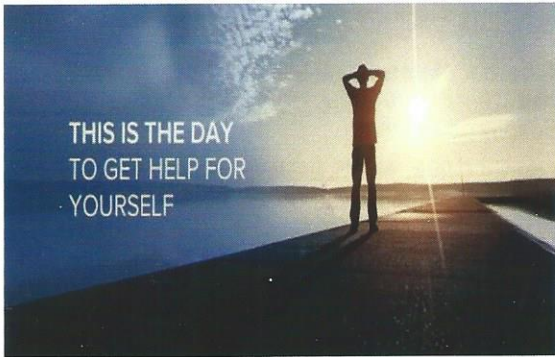
Hope Behavioral Health LLC is accredited by the **Better Business Bureau**.

For more information, please visit our website at:

www.hopebehavioral.com



Hope Behavioral Health



At Hope Behavioral Health we provide culturally competent and spiritually sensitive services:

By **cultural competency** - we are committed to having the knowledge and ability to understand and treat a person within their cultural context. More specifically, we are referring to the beliefs, attitudes, family and ethnic traditions within the environment where a client functions in their daily lives.

By **spiritual sensitivity** - we are committed to the act of being respectful and sensitive to a client's personal faith and their particular faith tradition, as well as the faith community with which they are associated. This includes those who do not identify with any particular faith tradition.

**CALL TO SET UP AN APPOINTMENT
TODAY**

1 (800) 642-4560

FAX 1 (888) 391-5442

There is Hope for:

Parents who are concerned about their child's negative and oppositional behavior at home, poor academic performance in school, and poor choices in the community - as well as their child's recovery from trauma, feelings of depression and low self-esteem. ***There is Hope!***

Couples whose relationship is in crisis, where communication seems impossible without it ending in an argument, and where there is a loss of trust and intimacy in the relationship.

There is Hope!

Those who are suffering from depression and anxiety and who are unhappy with where they are in life. Those who feel that they have drifted far away from the person that they really are at their core being, feeling defeated, downtrodden, and emotionally stuck, with a very low motivation to move forward in life. ***There is Hope!***

Those who are addicted and overwhelmed by guilt and shame, bound to various self-destructive addictive behaviors that they want to desperately break free from. ***There is Hope!***



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