

This week we will be looking at \mathcal{JOY} . Most of the time we experience joy when something good happens that makes us happy. Joy and happiness goes together. So one may ask, how can we have joy in our spirit every day when we see trouble, sorrow, and sickness all around us? We must realize that joy is an attitude of gratitude. Do we look at life with a thankful heart? In the Hebrew the word joy comes from a primitive root that means to "brighten up". What would cause someone to be bright? LIGHT! Light reflects and radiates. Joy equals light and the light is Yahuah's Word. Mashle (Proverbs) 6:23 states, "For the command is a lamp, and the Turah is a light." Also it is written in Tahalym (Psalms) 119:162 "I rejoice Your Word as one who finds great treasure." Wow! The word not only radiates light, it's a great treasure. Have you seen commercials where someone has won the lottery? They are filled with joy and gladness that will last as long as the money lasts, but when we have the light of the Word in our hearts, there should be a continual joy. Tahalym 19:8, 10 states "The orders of Yahuah are straight **rejoicing the heart**. More desirable than gold, than much fine gold... In guarding them there is great reward." The value and reward of the Word will cause us to REJOICE! We said earlier that light reflects, "In Your presence is joy to satisfaction; At Your right hand pleasures forever." Tahalym (Psalms) 16:11. People will know when you have been in the presence of The Most High Yah. Joy and light will radiate from you. Stay in Yah's Word and His presence and you will experience continual IOY.

"So then, by their fruits you shall know them."