



The Economic Engine

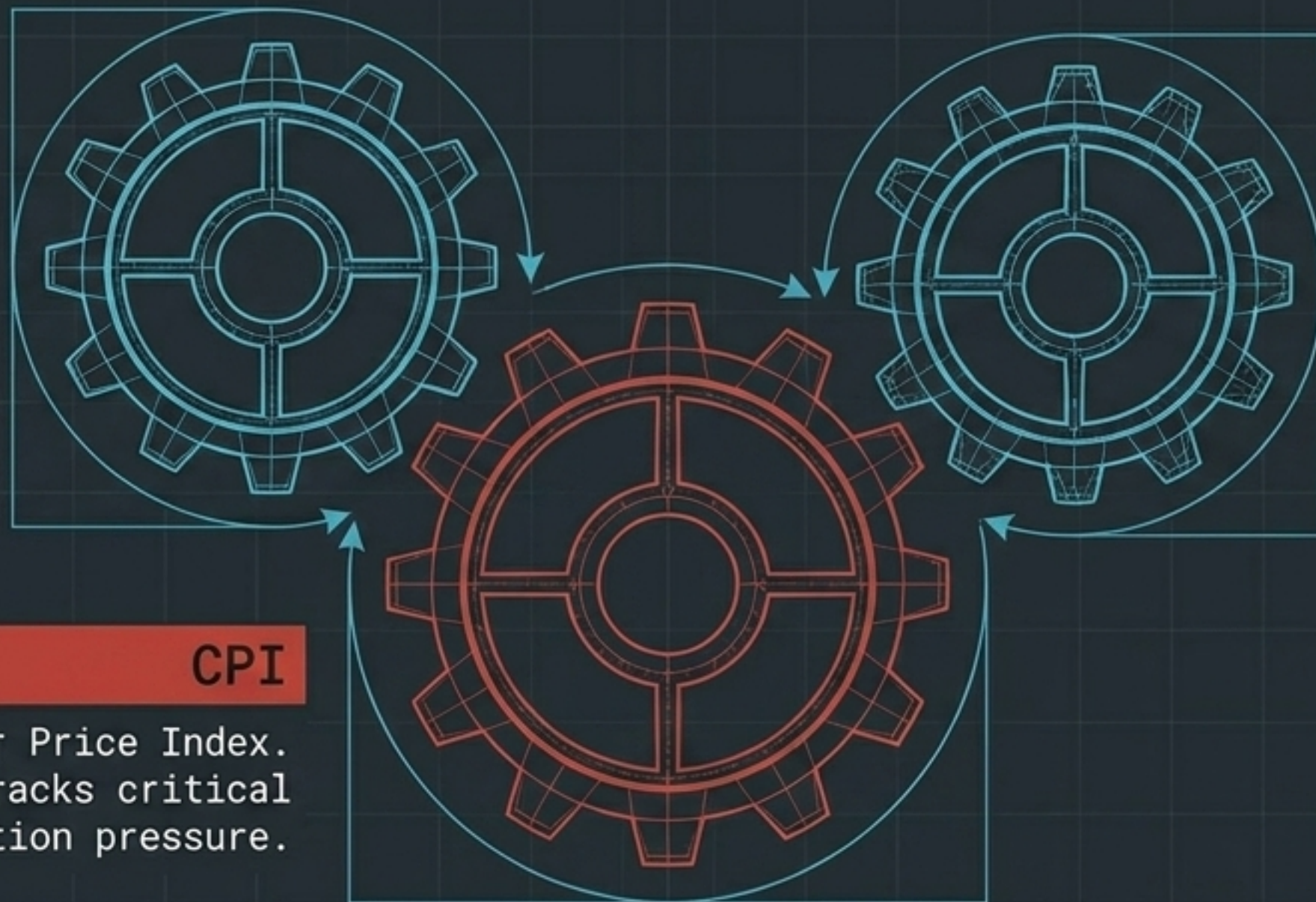
Navigating High-Impact News Volatility



Catalyst Hierarchy Map

NFP

Non-Farm Payrolls.
Measures core labour
market health.



Central Banks

Interest Rate Decisions.
The ultimate
macroeconomic
liquidity lever.

CPI

Consumer Price Index.
Tracks critical
inflation pressure.

These high-impact events act as fundamental catalysts, instantly overriding technical setups and injecting massive volatility into the market.

Execution Archetypes

The Gambler

Exact release minute ($T=0$)

Predictive luck and guesswork

Wide stops or unprotected exposure

Reactive and stressed

The Sniper

15-minute stabilisation ($T+15$)

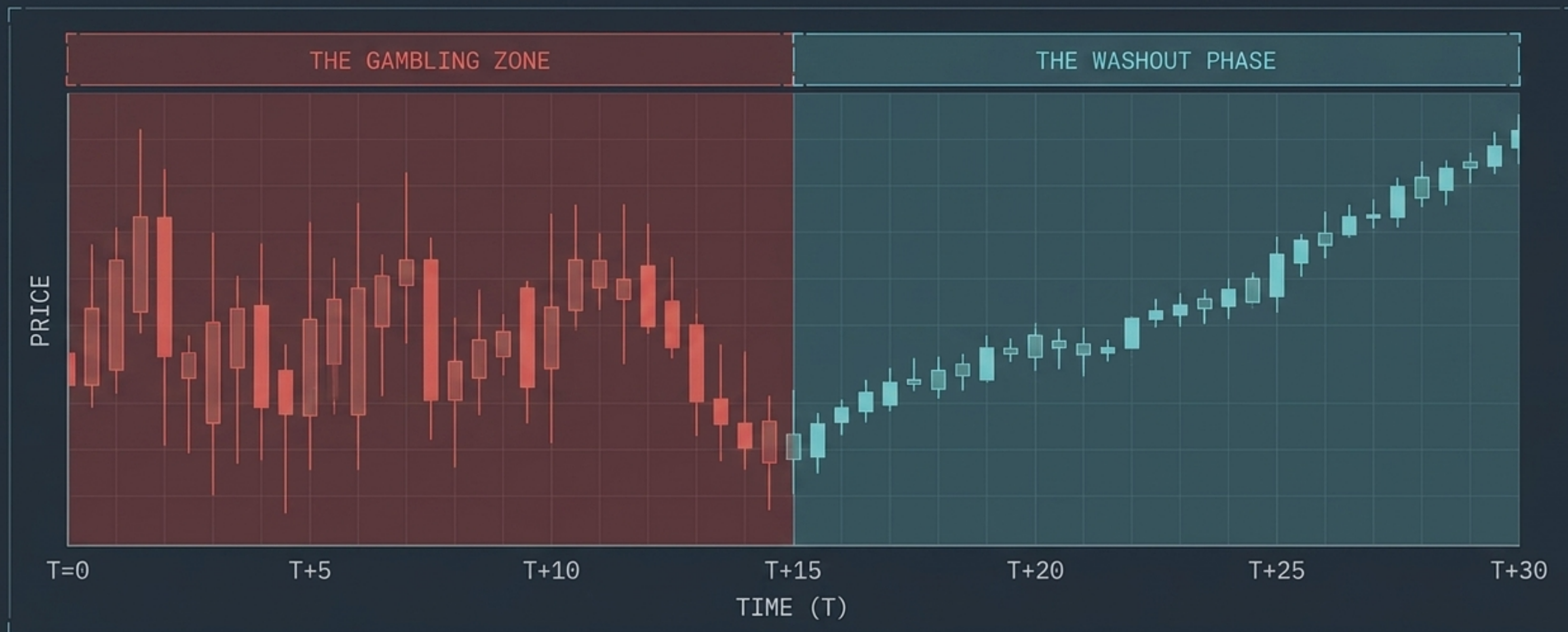
Confirmed directional trend

Tightened stops or
completely flat position

Systematic and detached

Attempting to trade the exact minute a catalyst fires is gambling, not trading.

The Volatility Washout Curve



Wait 15 minutes after the news breaks. Allow the erratic liquidity hunt to complete, and execute only when the dust settles and true market direction is established.

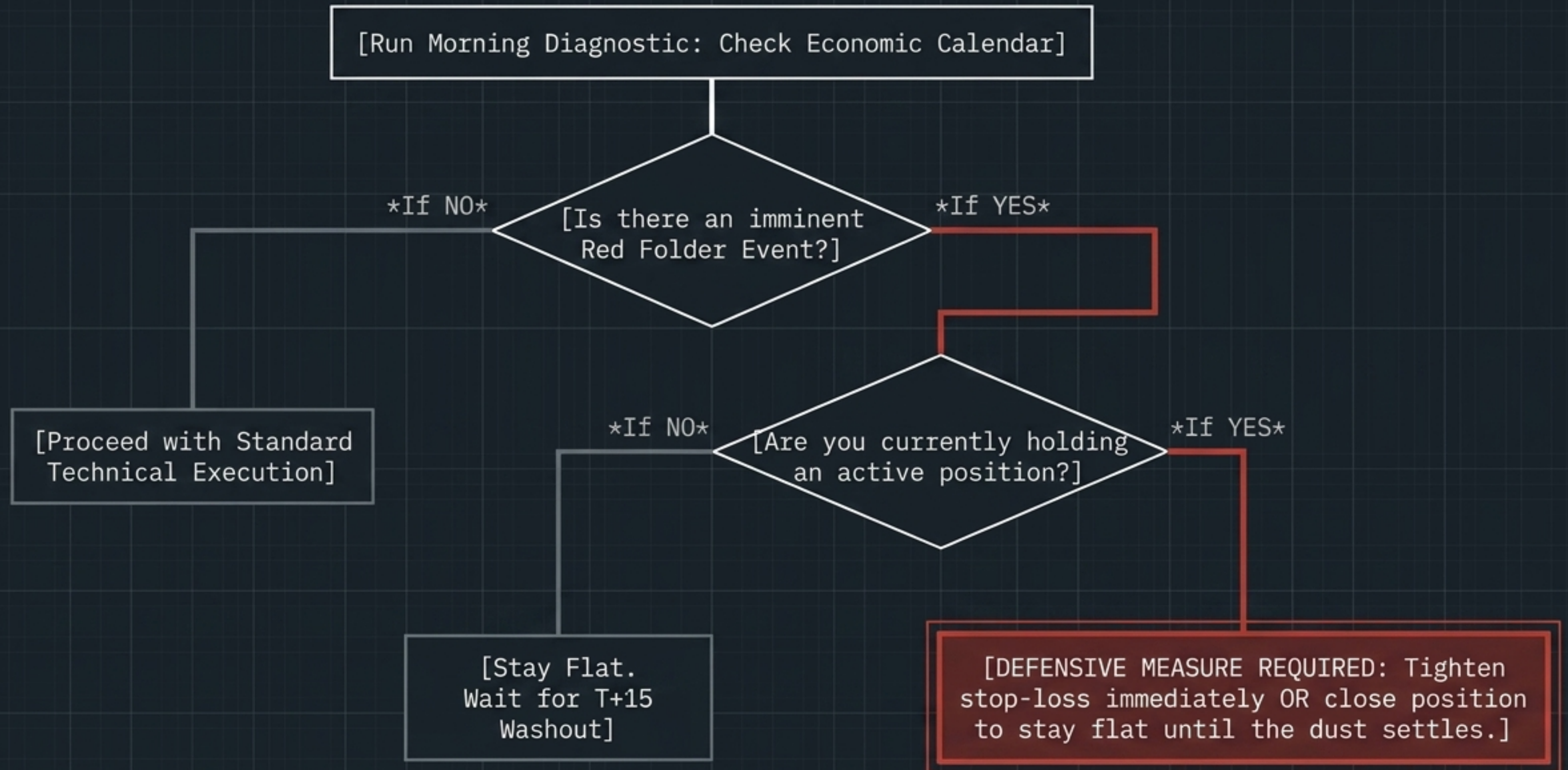
Optimal Execution Windows



If the 15-minute washout does not present a clear setup, pivot to the New York Open.

This secondary window provides a high-probability entry point after the fundamental shockwave has been fully absorbed by the market.

The Red Folder Protocol



The Volatility Navigation Loop



Professional trading is the systematic management of the news lifecycle.
Capital preservation precedes tactical execution.