



## PLAYER CODE OF CONDUCT – ALL LEVELS

Players representing the PNRL in team or competitions are expected to demonstrate good sportsmanship by respecting opponents and officials, participating for enjoyment, honouring referees' decisions, avoiding foul play and disrespectful behaviour, caring for facilities, safeguarding their health, and appreciating the volunteer efforts of officials and coaches.

### Code of Conduct – Player

- Be a good sport. Respect all good play whether from your team or the opposition and shake hands with, and thank, the opposition players and officials after the game – win, lose, draw.
- Participate for your own enjoyment and benefit.
- Always respect the Referee's decision.
- Never become involved in acts of foul play.
- Honour both the spirit and live up to the highest ideals of ethics and sportsmanship; avoid gamesmanship and respect the traditions of the game.
- Never engage in disrespectful conduct of any sort including profanity, sledging, obscene gestures, offensive remarks, trash-talking, taunting or other actions that are demeaning to other players, officials or supporters.
- Care for and respect the facilities and equipment made available to you during training and competition.
- Safeguard your health; don't use any illegal or unhealthy substances.
- Recognise that many Officials, Coaches and Referees who give up their time to provide their services. Treat them with the utmost respect.
- PNRL are a no drinking player policy during the duration of national camp and tournaments
- Players are to refrain from social media posts that implicates the Philippine National Rugby League

When playing for the Philippine National Rugby League, remember you are Filipino through and through so treat yourself and other with the utmost respect.

