

<b>Questions</b>	<b>Pages</b>
What Causes Cancer?	11
Can Inflammation cause cancer?	13
I heard Candida can lead to cancer, is this true?	14
If cancer is a fungus, why won't antibiotics kill cancer?	16
What are my survival odds for stage 4 colon cancer?	18
What Are the Latest Cancer Treatments?	19
What about the latest trial therapy; Immunotherapy Adjuvant Cancer Therapy?	26
Does any conventional treatment have positive attributes?	27
Recharging The Immune System, Where Is It Anyway?	28
Why Didn't My Immune System Protect Me From Cancer?	29
Most everyone has some cancer cells in their body at one time or another, so why don't they have full blown cancer?	42
What's All the Fuss About GMO's/GE's?	45
Could GMO's play a role in the rise of infertility in the U.S.?	47
How Can I Avoid GMO's?	50
What Should I Avoid?	52
What exactly is an anti-nutrient?	52
What exactly is an anti-nutrient?	52
Why is the Anti-nutrient issue so important for people suffering from cancer?	52
What are some of the more common Anti-Nutrients and how are they neutralized?	54
What is Leaky Gut Syndrome?	58
How Can I Reduce Anti-nutrient Effects?	59
What Should I Eat To Kill Cancer Naturally?	70
Should I consume Organic Foods- Only?	73
Is All Organic Food Healthy?	75
What is Herxheimer Reaction?	76
What is the best way for cancer patients to utilize baking soda in the fight against cancer?	85
There is so much more to essential oils than aromatherapy, so how do I use them to fight cancer?	86

<b>Questions</b>	<b>Pages</b>
Is Rick Simpson Oil- (aka RSO) All I Need to Beat Cancer?	89
How Do I Balance Gut Flora?	118
What is a Probiotic?	121
What about Water?	134
What Supplements Do I REALLY Need?	144

<b>Topic</b>	<b>Pages</b>
1st Year Post Cancer Protocol	190 - 191
Adjuvant Cancer Therapy	26
Alkaline Foods vs Acidifying Foods Table	172 - 176
Alkaline Remedy	85
Allan Smith Story	149
Antibiotics: Over use of	16 - 17
Anti-Nutrient: Table of foods containing	60
Anti-Nutrients	52 - 60
Artificial sweetener	64
Bath Tub Soak Detox	79
Berries and Berry Powders	112
Berry Balls	104
Bread	67
Budwig Diet	108 - 109
Calcium Sources	156
Cancer PREVENTIVE Protocol	192
Carcinogenic Meats Table	62
Care Giver Companion Chart	186
Care Giver Schedule	185
Chemo-Preventive Dietary Agents Against CSC	71
Chemotherapy	19 - 26
Chlorine: Effects on Health	135
Coffee Enema	76, 77, 78, 79
Complex Carbohydrates	133
Cooking Oils	131 - 133
Cruciferous Vegetables	125
Daily Routine Explained	181 - 182
Dairy	68
Detox Methods	77 - 80
Essentials Oils- (EO's) Remedy	86 - 89
Exercise	97
Father Zaga's Supreme Health Formula	100
Fermenting Foods	123
Food Chart: Clean / Dirty	74
Food to Avoid	61 - 67
Garbage In- Garbage Out- Mental Detox	222
General Guideline for Eating	179
GMO foods	45 - 51
GMO foods to Avoid	49
GMO produce: How to Identify	50
Gold-Cur Paste	103 - 104
Great sources of Vitamin E	151
Grocery List at a Glance	178
Household items to avoid	32 - 37
How the Typical American starts the day	39 - 41
HOW TO FERMENT- Rolled Oats & Oat Yogurt	208 - 209

<b>Topic</b>	<b>Pages</b>
How to Identify Toxic Behavior	69
HOW TO SOAK NUTS	210
Immune System	28
Immunotherapy	26
Iodine	159
Juicing	126 - 130
Kangen Water	136
Lectins: responsible for these issues	57
Lifetime Maintenance Protocol	192
Liposomal Vitamin C	96, 148, 149
Maggie McGee's Bitter Balls	111
Magnesium Sources	157
Maqui Berry Powder	114
Marijuana/Cannabis Oil Remedy-	89 - 91
McGee Bible Blend	101
McGee's Fast-Blast Detox Combo	78
Moringa Oleifera	115 - 117
MSM water	84
My Updated Kitchen Stock	38
Nutrient Enema	80,218
Nutrient Enema	218
NUTRIENT SUPPOSITORIES	217 - 218
Nutrilite supplements	145
Omega-3	66, 131, 146
Oxalates: Foods containing	56
Phytonutrients/Phytochemicals	70
Plastics Toxins	32
Pollutants: Outdoor	29
Pollutants: Indoor	30
Prebiotics	120 - 122
Probiotic	121 - 122
Protein at a Glance	177
RDA (Recommended Daily Allowance)	144
Real Butter	132
Rick Simpson Oil	91 - 93
Rotation Time	189
Simple Carbohydrates - Sugars	64
Smoking	68
Soy	67
Sprouting Foods	123 - 124
Suppositories	217 - 218
This Instead of That Chart	194
Trojan Horses	81 - 84
Vita 1	187
Vita 2	187
Vita 3	187

<b>Topic</b>	<b>Pages</b>
Vita 4	186
Vitamin C: Foods High In	151
Vitamin D3	152 - 153
Vitamin K sources	154
VITAMINS	146 - 147
Water Treatment	134 - 136
Wild Plants for Fighting Cancer	142 - 143

<b>Food, Oils and Supplements</b>	<b>Pages</b>
Acai Berry	112
Adzuki Beans	124
Almonds	124, 151, 156, 157, 175, 202, 210, 212
Aloe Vera Arborescens	100, 137
Amaranth	124, 172
Apple Cider Vinegar	54, 66, 120, 154, 176, 178, 194, 197, 207
Apples	74, 100, 129, 130, 138, 166
Artemisinin	107, 116, 140, 160, 182, 189, 218
Artichoke	122, 156, 177, 178
Artificial Sweeteners	61
Arugula	125, 128, 129, 146, 156, 175
Asparagus	74, 122, 129, 146, 154, 172, 177
Avocado	50, 51, 66, 73, 74, 95, 105, 131, 151, 157, 165, 174, 175, 177, 178, 192, 194, 196, 197, 200, 201, 206
Balsamic Vinegar	66
Banana	56, 119, 122, 157, 165, 174, 182, 195
Barberry	142, 143
Barley	55, 60, 124, 133, 172
Beech Drops	143
Beef	5, 62, 63, 174, 179
Berry Balls	82, 89, 96, 104, 114
Bison	62, 63, 179
Black Beans	52, 124, 157, 173, 177, 201
Black Berries	72
Black Pepper	71, 104, 138, 198, 199, 207, 217
Black Seed Oil	98, 99, 138, 140, 182, 188, 191, 192
Bloodroot	143
Bok Choy	125, 156
Boswellia Serrata	see Frankincense
Brazil Nuts	104, 124, 144, 157, 158, 181, 187, 198, 199, 210, 212
Broccoli	68, 72, 123, 125, 151, 154, 156, 172, 177, 178, 201
Brussel Sprouts	125, 154, 156, 177
Buckwheat	124, 133
Butter	54, 68, 122, 130, 131, 132, 133, 145, 146, 166, 169, 173, 175, 181, 187, 195, 197, 200, 202
Cabbage	5, 56, 74, 81, 118, 125, 140, 154, 156, 172, 204, 206, 207
Cabju	29, 81, 119, 121, 122, 125, 182, 188, 204, 218
Calcium	54, 55, 60, 67, 68, 82, 86, 95, 117, 145, 152, 153, 154, 155, 156, 158, 163, 176, 181, 187, 192

**Food, Oils and Supplements****Pages**

Camu Camu	72, 104, 112, 113, 114, 129, 151, 188, 190, 218
Cancer Weed	143
Canola Oil	46, 49, 131, 175, 194
Cantaloupe	74, 146, 174, 178
Carrots	68, 72, 129, 130, 146, 154, 156, 178, 201
Cashews	124, 174
Cauliflower	56, 72, 74, 125, 172, 178, 194, 200, 201
Celandine	143
Celery	74, 129, 130, 146, 151, 154, 156, 172, 178, 201
Ceylon Cinnamon	106, 198, 212
Cherries	56, 74, 112, 174
Chia seeds	138, 177, 199
Chicken	5, 17, 62, 63, 95, 118, 145, 167, 171, 177, 179, 189, 190, 192, 196
Chickpeas	58, 60, 120, 124, 162, 177
Chicory Root	33, 119, 120, 122, 176, 179, 182, 194
Chlorophyll	129,139,218
Chokeberry	112
Clary Sage	141
Clover	71, 142, 143
Coconut Oil	66, 104, 105, 131, 132, 139, 178, 196, 197, 199, 201, 203, 212, 214, 217, 218
Coffee	33, 34, 40, 61, 71, 76, 120, 175, 176, 179
Collard Greens	125, 156, 172
Colloidal Silver	93, 94, 99, 141
Comfrey	143
Cooked Onions	122
Corn	14, 46, 47, 49, 75, 154, 172, 193
Cranberries	72, 172
Cruciferous vegetables	71, 125
Curcumin	71, 80, 88, 89, 103, 104, 140, 217, 218
Dandelion Greens	122
Dandelion Tea	95
Dark Chocolate (Fermented)	72, 121, 139, 157, 162, 178, 194, 195
Day Lily	143
DMSO	82, 83, 89, 101, 187
Eggplant	57, 74, 172, 178
Essiac Tea	101, 102, 103, 141, 182, 183, 189
Eucalyptus	32, 214
Fennel Bulb	129
Fever Few	143
Flax seeds	72, 109, 138, 143, 162
Frankincense	80, 86, 87, 88, 89, 99, 101, 141, 181, 182, 187, 190, 214
Fructose Corn Syrup	40, 46, 61, 64, 193
Fulmic Minerals	129, 140, 188, 192, 218

<b>Food, Oils and Supplements</b>	<b>Pages</b>
Garbanzo Beans	124
Garlic	72, 94, 95, 120, 122, 142, 143, 162, 172, 178, 197, 198, 199, 200, 201, 202, 204
Geranium	143, 217
Ginger	58, 80, 94, 111, 138, 143, 172, 176, 198
Goat	62
Gold-Cur Paste	87, 89, 103, 104, 131, 181, 184, 187, 196, 207
Grapefruit	71, 74, 174, 213, 215
Grapes	71, 72, 74, 112, 129, 165, 174, 178
Groats	124
Hazelnuts	124
Heal All/Self Heal	143
Honey, Raw	82
Honeysuckle	142, 143
Horseradish	125, 172
Hot Dogs	62
Hunza Seeds	110, 140
Hydrogenated Oils	61, 66
Iodine	159, 160, 183, 190, 192
Iron	54, 55, 59, 60, 67, 82, 95, 107, 116, 117, 144, 155, 160, 162, 182
Kale	125, 151, 154, 156, 172, 177,
Kamut	124, 172
Kefir	58, 68, 121, 122
Kidney Beans	58, 59, 60, 61, 75
Kiwi	74, 114, 146, 151, 154, 156, 165, 174, 178
Lamb	61, 62, 63, 174, 179
Lavender	141, 213, 214, 215, 216, 217
Leeks, Raw	122
Lemon	35, 42, 68, 73, 78, 79, 96, 111, 112, 114, 135, 138, 146, 156, 178, 183, 190, 192, 198, 202, 213, 214, 215, 216
Lettuce	67, 129, 146, 156, 171, 173, 175
Macadamia	124, 131, 192
Maggie McGee's Bitter Balls	111
Magnesium	43, 52, 54, 55, 59, 60, 67, 80, 82, 86, 95, 117, 140, 145, 155, 156, 157, 158, 176, 181, 182, 184, 187, 188, 191, 192, 217
Magnesium Flakes	140
Mangoes	74
Manuka Honey	81, 82, 99, 104, 111, 182
Maqui Berry	71, 72, 104, 112, 114, 129, 188, 218
Melaluka	32
Melons	72
Microwave Popcorn	61, 65
Milk Thistle	143
Millet	124, 175
Mistletoe	143



<b>Food, Oils and Supplements</b>	<b>Pages</b>
Molasses	64, 81, 82, 176
Moringa Oleifera	72, 115, 116, 117, 129, 130, 146, 160, 182, 188, 218
MSM	82, 83, 84, 85, 140, 181, 140, 187, 218
Mung Beans	124
Mushrooms	56, 61, 138, 153, 162, 173, 178, 194
Myrrh	86, 87, 88, 89, 101, 141
Navy Beans	58, 59, 60, 173, 177
Nectarines	74
Oats	124, 133, 139, 169, 173, 178, 199, 201, 208, 209, 210, 211, 212
Okra	154, 156, 173
Olive Oil	66, 91, 95, 105, 116, 120, 131, 132, 151, 165, 175, 178, 192, 194, 196, 197, 198, 200, 202, 204, 205, 207, 208, 216
Onions	72, 74, 122, 156, 173, 178, 196, 204, 206
Onions, Raw	122
Oranges	129, 156, 174, 178
Oregano, Wild	80, 91, 98, 105, 106, 116, 138, 196, 200, 201, 202
Organo Mineral Silica	140, 192
Ostrich Fern	143
Papaya	49, 58, 74, 151, 165, 174
Parsley	140, 151, 176, 178
Parsnips	129, 156, 173
Pau D' Arco	129, 188, 192
Peaches	73, 74
Peanuts	56, 57, 59, 61, 71, 75, 174, 193
Pears	74, 129
Pecans	72, 124, 174, 212
Pineapple	58, 129, 130, 139, 165, 166, 167, 174, 178, 196, 203
Pistachios	124
Plantain	142, 143, 174
Plums	112, 172
Pomegranate	71, 72
Pork	17, 61, 62, 63, 174, 179, 192
Pumpkin Seeds	124, 157, 177, 212
Purple Cone Flower	142, 143
Purslane	142, 143, 156
Quercetin	129, 188
Quinoa	124, 173, 177
Radish Seeds	124
Radishes	125, 173
Raspberries	72, 89, 129, 151, 154, 175
Ravensara	32
Red Meat	61, 62, 63, 171
Rice, Wild	124

<b>Food, Oils and Supplements</b>	<b>Pages</b>
Rooibos Tea	139, 194
Rutabaga	125, 173
Salmon	16, 17, 47, 48, 57, 66, 153, 154, 162, 174
Salt, Himalayan Pink	61, 66, 159, 194, 200, 202
Salt, White Table	61, 66, 164
Sesame Seeds	56, 124, 162
Sheep Sorrel	101, 143
Soapwort	143
Sour Cream	68, 118, 122, 206, 207
Soy	46, 49, 56, 57, 58, 59, 60, 61, 67, 71, 75, 154, 173, 176, 177, 193, 194
Soybeans	45, 46, 58
Spelt Flour	67, 139, 190, 205,
Spinach	60, 74, 128, 151, 154, 156, 157, 160, 162, 173, 177
Squash	48, 72, 137, 143, 146, 151, 156, 172, 177, 178
Stevia	65, 78, 94, 96, 109, 112, 139, 176, 187, 194, 195, 197, 198, 203
Stinging Nettle	143
Strawberries	72, 74, 89, 112, 129, 138, 142, 151, 156, 175, 195
Strawberries, Wild	72, 112, 138, 142
Sugar	42, 50, 55, 61, 64, 65, 82, 95, 133, 141, 171, 175, 176, 177, 179, 193, 194
Sunflower Seeds	124
Sweet Bell Peppers	74
Sweet Peas	74
Sweet Potatoes	49, 61, 72, 106, 146, 156, 173, 178
Tea Tree Oil	141
Thyme	88, 89, 101, 201, 216
Tomatoes	37, 45, 47, 48, 49, 57, 65, 71, 72, 74, 129, 137, 151, 154, 173, 178, 200, 201
Turmeric	71, 88, 89, 101, 103, 140, 141
Turnips	125
Vitamin C	10, 43, 95, 96, 109, 112, 113, 114, 117, 120, 127, 135, 136, 145, 148, 149, 150, 151, 154, 159, 164, 181, 183, 184, 187, 190, 192
Vitamin D	44, 67, 152, 153, 154, 181, 187
Vitamin E	67, 144, 151, 187, 216
Vitamin K	67, 119, 128, 129, 133, 153, 154, 155, 181, 184, 187
Vitamins A	133, 151, 192
Vitamins B	43, 59, 68, 119, 147
Vitamins B12	59, 67, 147
Vitamins B6	82, 95, 120
Walnuts	72, 89, 104, 111, 124, 174, 212
Wasabi	125
Watercress	125, 129, 156, 173
Wheat Berries	124

**Food, Oils and Supplements****Pages**

Wheat Grass	130, 173
White Button Mushrooms	61, 162, 194
White Potatoes	59, 61, 74, 75, 179, 194
White Vinegar	61, 66, 120, 154, 178, 194, 215,
Wild Mustard	143
Yogurt	35, 58, 68, 76, 114, 119, 121, 122, 133, 156, 157, 171, 176, 177, 178, 179, 182, 192, 194, 203, 204, 208, 209
Zinc	54, 55, 59, 60, 67, 95, 111, 145, 155, 161, 162, 165, 181, 187, 192

<b>Word</b>	<b>Pages</b>
Aflatoxins	14, 125
Antibiotics	14, 16, 17, 66, 93, 98, 105, 119,
Anti-nutrients	1, 52, 53, 54, 57, 58, 59, 81, 104, 112, 120, 123, 128, 133, 183, 184
Aspartame	64
Autoimmune Diseases	14, 15, 152
Azomite	137
Beta Carotene	126, 127, 143, 146
Blood Brain Barrier	19, 43, 56, 60, 81, 87, 99, 107, 182
BPA	32, 33, 35, 39, 40, 41, 65, 193, 197
Cancer Stem Cells	1, 19, 23, 24, 25, 27, 70, 71, 110, 182, 189
Candida	14, 15, 16, 29, 132
Carotene	71
Carotenoids	68, 126, 127
Chemotherapy	1, 4, 12, 19, 20, 21, 22, 23, 24, 25, 26, 27, 70, 76, 84, 87, 94, 111, 163, 169
Chlorine	78, 79, 134, 135, 136, 159, 179, 192, 193, 206,
Chronic Fatigue Syndrome	15
Cottage Cheese	68, 108, 109, 171, 177, 178
Dioxins	17, 29, 33, 34, 66
Ellagic Acid	71, 72, 88, 89, 104, 112, 113
endocrine disruptors	29, 58
Fibromyalgia	8, 13, 15, 56, 60, 139
Fluoride	39, 78, 134, 136, 158, 159, 179, 192, 193
FOCC	42, 61, 68, 83, 84, 85, 96, 108, 109, 130, 131, 144, 148, 181, 183, 190, 192, 215, 217, 221
Gluten	52, 55, 60, 123
GMO	45, 46, 47, 49, 50, 51, 61, 73, 74, 95, 140, 154, 179, 192, 193, 194
Homozon	77, 78, 79
Hydrogen Peroxide	79, 80, 150, 216
Immune System	1, 11, 12, 14, 15, 17, 19, 20, 21, 24, 25, 26, 27, 28, 29, 31, 39, 40, 42, 52, 53, 54, 57, 68, 71, 75, 76, 97, 105, 106, 109, 117, 123, 135, 139, 141, 152, 167, 170, 180, 183, 189, 192
Immunotherapy	26, 27, 167
Inflammation	13, 29, 46, 57, 60, 68, 83, 112, 113, 121
Isoflavaones	58, 60
Laetrile	110
Lauric Acid	132, 133
Leaky Gut Syndrome	15, 58
Lectins	52, 56, 57, 58, 60, 75
Luteolin	71
Lycopene	71
Lymphatic System	15, 97, 192

<b>Word</b>	<b>Pages</b>
Microbes	11, 12, 16, 76, 78, 80, 93, 94, 98, 119
Migraine	8, 13, 108, 143
Mold	11, 14, 15, 37, 38, 39, 56, 60, 68, 73, 95, 102, 204, 206, 208, 212, 213, 214
Mycotoxins	14, 16, 17, 75
Oxalates	56, 60, 139
Pathogens	1, 15, 30, 57, 76, 93, 122, 132, 153, 167, 180
PCB	17, 32, 66
Phytic acid	54, 55, 60, 75,
Phytochemicals	70, 71, 88
Phytonutrients	52, 70, 71, 72
Piperine	71
Polycarbonate	32, 33
Polypropylene	32, 35
Prebiotics	13, 80, 81, 118, 119, 120, 121, 122, 182, 188
Probiotic	10, 13, 28, 54, 60, 80, 81, 118, 119, 120, 121, 122, 123, 176, 182, 184, 188, 191, 192, 203, 204
PVC	33, 34
Resveratrol	71
Saponins	58, 60,
Sucralose	64, 65
Sulforaphane	71
Thymoquinone	98
Toxic Burden	29, 31
Transdermal Dosing	43
Triadimefon	68, 69
Trypsin Inhibitors	58, 60
Virus	11, 12, 29, 30, 32, 45, 93, 132, 167
Yeast	11, 14, 15, 16, 55, 57, 119, 132

<b>Recipes</b>	<b>Page</b>
All-Purpose Lemon Spray	215
Apricot- Coconut Energy Bars	199
Basic Handmade Bar Soap	213
Basil Pesto	198
BBQ Sauce	197
Black Bean Burgers	201
Cabju- (Probiotic drink)	204
Choco-Bananas	195
Choco-Chicory Coffee	195
Choco-sauce	195
Choco-Strawberries	195
Cole Slaw	207
Creamy Garlic Cauliflower	200
Creamy Sauerkraut with Sage Sausage	206
Frozen Yogurt Treat	203
Garlic Oil	197
GeeNola	211
GeeNola Bars	212
Gold-Cur Eggs	196
Green Beans Almondine	202
Hand Sanitizer	215
Laundry Powder soap	214
Laundry Stain Remover	216
Lemon Disinfectant Spray	215
Lemon Scrub	216
Ma 'Gee's Homemade Yogurt	203
Maggie's Fresh Marinara Sauce	200
Maggie's Sweet and Sour Sauce for Everything	207
Monday Meatloaf	202
Muscle Pain Cream	214
Pineapple Salsa	196
Sage Sausage Links	199
Sauerkraut from Scratch	206
Spaghetti Squash	208
Spelt Pasta Noodles	205
Spicy Mustard Salad Dressing	208
Spicy Rub	201
Sunburn Cooler	214
Tasty Beets	207
Tea -Thyme Wipes	216
Wild Oregano Olive Oil	196
Worcestershire Sauce	198
Wrinkle Buster Facial Treatment	217