



Oregon Medical Education Foundation

MISSION OVERVIEW

OMEF is helping to future-proof our healthcare workforce through innovative solutions to the complex problems that hold back our future physicians and PAs.

We were founded in 1961 and our mission has remained unchanged - strengthen medicine by going upstream, through a focus on education. Our programs address inequities in access and remove barriers to success. We warmly invite you to join us in making Oregon the best place to live, work, play, and practice medicine.



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Welcome

DR. BUD PIERCE

Board President, OMEF

We are committed to our MD, DO & PA students, to do all that we can to develop strong and able healers for our society. We provide scholarships and mentors, support educational and professional development, and we always stand beside our students in their difficult task of becoming the very best that they can be.

I ask you to join me in support of this amazing organization and help us provide support that will make a real difference in the lives of our students.



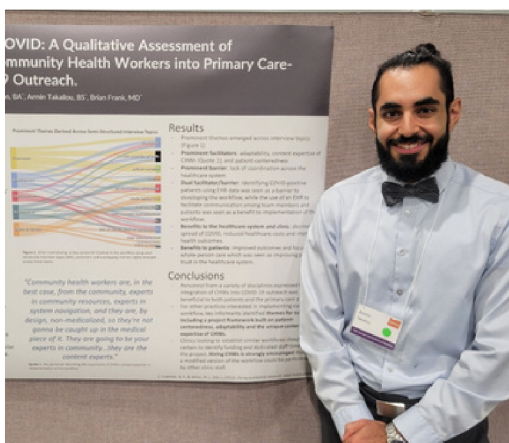
Why work with us

- OMEF is the only healthcare nonprofit to provide wraparound, whole-person support to our future physicians and PAs. Our programs are designed to serve key needs of approximately 1,500 MD, DO & PA students in Oregon.
- OMEF is an independent 501c3 nonprofit organization (EIN 93-6022441). Our diverse Board of Directors includes active and retired providers as well as MD, DO & PA students to help ensure we are considering all viewpoints and that our initiatives meet the diverse needs of the those pursuing a medical education.



"I am looking forward to putting a portion of these scholarship funds toward some study materials that I would otherwise not have purchased as well as to reduce the amount of loans that I am taking out. I am so grateful to the OMEF for making these funds available. They truly couldn't have come at a better time to enhance my learning, and every little bit helps on this wild journey!" --Amanda W.

About Us



Our mission: To do our part for a stronger and healthier Oregon by supporting and encouraging medical and PA students along their personal continuums of medical education. We accomplish this through programs that include scholarships and leadership grants, as well as mentorship, wellness and financial empowerment education.

Board members generously donate their time, talent and treasure and serve as our Ambassadors, connecting students and professionals for mutual benefit.



Mentorship

In Fall 2023 we will launch a statewide mentorship program - MedMentorsOR - that will increase access to this invaluable resource and strengthen our provider community.



Leadership

Our scholarships not only provide financial support to reduce student loans, they include mentorship, peer networking and unique access to other leaders.



Wellness

We want to help students learn how to take good care of themselves so they can do the same for others, through healthy habits and positive role models.

Our Programs

"Sic parvis magna - From small beginnings come great things." What started as a small scholarship fund, a few grants and a desire to give today's students the same opportunities they had has become an expansive program of financial and non-financial initiatives that are starting to meet the most urgent needs of our future healthcare leaders.



MedMentorsOR

www.theomef.org/mentor

A mentor can have a profoundly positive effect on a student's experience, yet only 1/3 of students ever find one. We have successfully matched 9 students, of which 6 are female students of color, and recently launched a statewide mentorship community that will provide expanded access to this transformative resource for those who need it most.



Future of Medicine Leadership Scholarship

www.theomef.org/2022-scholars

This award was created in our 2021 to commemorate our 60th year. It recognizes the incredible talent and leadership skills that Oregon's MD, DO and PA students already contribute to our healthcare landscape, and provides extra support to help them shine even brighter.



Student Wellness Retreat

May 6-7, 2023 at Oregon Garden Resort, Silverton

We are facing a severe provider shortage, and even worse, roughly 50% of students will graduate already experiencing feelings of burnout. Our Retreat program helped over 60 students from around the state connect with each other and with many positive role models. They learned self-care strategies, improved their financial literacy and shared ideas with their peers across the other programs.

Our Programs (continued)

Today's students, especially those who started their education during the pandemic, have had fewer opportunities to gain valuable experience than any other class before them. OMEF is working in partnership with the community to help shore up support for them.



Conference Assistance Grants

www.theomef.org/conference-assistance

There are few experiences more rewarding for a student than presenting their own research at a national conference, and OMEF is helping them get there. Launched in 2022, this grant provides travel reimbursement to up to 30 students per year to ensure that finances don't stand in the way of their dreams.



Financial Empowerment Series

Coming soon!

Money, or rather the lack of it, is a major source of anxiety for our students. Education costs keep rising and record inflation makes it harder to thrive - up to 40% of our future providers are experiencing food insecurity *right now*. These webinars will address gaps in financial literacy and provide valuable tools so students can focus on their medical education.



Community Grants Program

www.theomef.org/grants

We are proud to be the largest and only multi-year sponsor of the 100% student-led OHSU Health Equity Fair, held every Fall in Portland. We have also supported pre-Health programs, gap-year training and more. Funding priorities include public health education, DEI and meeting the needs of URiM populations.

OMEF & DEI

OMEF views diversity in medicine as an asset. We intentionally seek input from a wide network of supporters including our Board, volunteer leaders, students and others as we imagine new ways to help Oregon's future healthcare leaders.



Mentorship

OMEF is leading the collaboration on Oregon's first statewide Mentorship program, benefiting mentors & mentees alike. The goal of this student-centered community is to expand access especially for students that typically have a more difficult time finding a mentor, including BIPOC, female, non-traditional and underrepresented-in-medicine students.



Leadership

Our Future of Medicine Leadership Scholarships and Conference Assistance Grants go beyond financial support - we create help new opportunities through connections to thought and industry leaders and hands-on experiences.



Wellness & Resiliency

Mental health and wellness are critical to students' ability to focus on their studies, which is essential if they are to absorb and retain the knowledge they will need as providers. Currently part of this track are the Student Wellness Retreat and Financial Empowerment series.



Featured Events



Student Wellness Retreat - May 6-7, Silverton

The goal of this Retreat is to turn the tide on burnout by helping our MD, DO & PA students unplug and learn healthier habits, time-saving study strategies, improve financial literacy and more. Up to 100 participants will come together from around the state, from diverse practice areas and all 5 Oregon-based education programs.



Mentorship Pre-Launch & Social - July 29, Portland

Bask in a glorious Pacific Northwest summer sunshine from the elevated terraces of Amaterra Winery in Portland's West Hills. Guests will raise a glass to a bright future of medicine and get a sneak preview of our new Mentorship community!



Future of Medicine Awards - November 3, Lake Oswego

A night to unite the healthcare community includes all who care about building a bright future of medicine. Meet our Leadership Scholars and be inspired by our special Keynote and other incredible individuals who are making positive change happen in our world.

Sneak Peek: Future of Mentorship

We showed off MedMentorsOR, which establishes the first online, statewide clinician community. Plus, our Playbook makes mentoring more efficient, helping more to give back.

A night of Awards & Inspiration

Our Awards night features a memorable Keynote. In 2022, 200 guests heard Channing Frye, NBA Champion and entrepreneur, speak about teamwork, motivation and mental health in a high-stress role.



MedMentorsOR: Statewide Mentorship

OMEF is leading a budding community of mentors, students and partners across Oregon.



Launching Fall 2023

Our Executive Committee will continue recruiting mentors, manage training and onboarding, and kickstart our new community platform! www.theomef.org/mentor



Powered by technology

This program is unique as it leverages technology to create and engage a community of students, practitioners, and mentor/mentee pairs. The app will be intuitive, accessible, and full of resources to help mentors start strong.



All for one, and one for all

This caring community recognizes the urgent need for mentorship and several excellent programs already exist. We seek to collaborate, rather than compete, to build a supportive community that meets the needs of all.



Why mentor with us

Mentorship is about meeting the needs of the mentee, so whether that is a long-term, sustained relationship or help with a quick question, this program will support students' needs while also creating a community for mentors.



Celebrating our Mentors

OMEF's annual Future of Medicine Awards dinner is the perfect opportunity for mentors to be honored and recognized for their good work. As we grow, other perks like training and certification will be added.

Strength in numbers - Wellness Retreat

Student doctors and PAs - who are learning to care for others - often will put themselves last, neglecting their own health and well-being. Over time, long days in clinic, grueling exam schedules and over-reliance on cheap, fast food takes a toll on their focus.

Many are exhausted - mentally, physically and financially - and this is not sustainable. Almost half are already experiencing burnout, and there is a higher proportion of alcohol misuse in this population than with their peers in other professions.

We can and must do better for our future healthcare leaders.



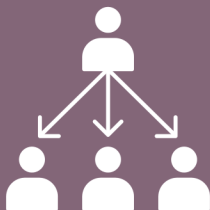
Made possible by you.

Your support directly impacts the number of students we can host at this event. They will come out refreshed, recharged and reconnected, thanks to you.



Forming Healthy habits

We were excited to have a 4:1 ratio of students to mentors at this weekend retreat. The theme was Burnout Prevention, with sessions including yoga, meditation and Oregon Garden passes.



Mentorship for the win

At multiple points over the weekend, students had the chance to meet Oregon-based practitioners across a range of specialties and ask their most burning questions and getting guidance for their future.



Financial Literacy

Students learned about loans, budgets and more from industry experts. The goal was to improve financial literacy and help create a plan that puts them in control of their finances so they feel less overwhelmed by their debt.

Join us at the Future of Medicine Awards

An elegant yet festive affair, this event opens with an inspiring Keynote speaker and includes recognition of our Leadership Scholars, Mentors and partners as we work together to strengthen and unify Oregon's healthcare community. Planning is underway for the 2023 event, which will take place on **Friday, November 3 at Ironlight in Lake Oswego.**

For more information or to confirm your place, contact julie@theomef.org.



Oregon Medical Education Foundation

Cheers to a merry & bright

*Future of
Medicine*



Creating winning partnerships

Our sponsors enjoy repeated and diverse recognition pre-event to several thousand healthcare decision-makers and on the night to 200+ changemakers. Your support helps ensure that every dollar raised goes directly into programs.



Opportunities to shine

Packages start from \$2,500 so you can choose exactly what is right for your brand and budget. This year, we are highlighting the Gold package which includes a special "Brought to you by" segment for our Mentor recognition!



Tangible impact on our future

Thanks to partners like you, we have grown both the quality and quantify of student-focused initiatives available to our future healthcare leaders. We could not, nor would we want to, do this without you.

Sponsor the Future of Medicine Awards

All our packages include a table of eight (8) at the event and your logo on event materials (position and frequency commensurate with investment):

- Promotional flyers plus printed Program, Welcome and Table signage at the event
- Digital - event slide show, ticketing website and OMEF website with links to your site
- Verbal acknowledgements on event night



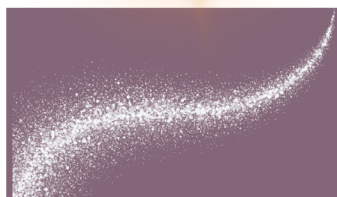
Platinum (Presenting) - 1 available

\$20,000 commitment, includes a unique opportunity to present & share our partnership at the event. Also includes two (2) dedicated social media posts about your support.



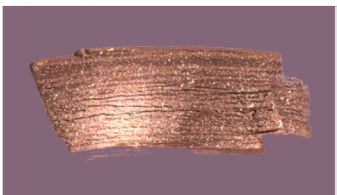
Gold - \$10,000 (2 available)

Your organization will be linked to our Leadership Scholarship Awards. Also includes an article in our monthly e-newsletter.



Silver - \$5,000 (3 available)

Your organization will be highlighted as a partner to MedMentorsOR, Oregon's only statewide, online mentorship community.



Bronze - \$2,500 (5 available)

All Bronze sponsors will collectively be celebrated in association with this year's inspiring Keynote speaker.



Thank you to 2022 Supporters

Future of Medicine Awards Sponsors:



Future of Medicine Awards Table Hosts:



Foundation contributors include:

Cambia Health Foundation

The Oregon Clinic

The Partners Group Foundation