

TOWER HILL FC COVID GUIDANCE FOR HOME TEAMS

<u>MANAGERS</u>	<u>PLAYERS</u>	<u>PARENTS/CARERS</u>	<u>THE CLUB</u>
Provide the Covid link to away team manager before games.	Bring their own water bottle & named hand sanitiser to training & games.	Provide contact details by completing the clubs online registration form.	Record contact details securely for NHS test & trace.
Keep record of their own players who attend training & games. Max 30 players including coaches at training.	Be aware of their own health & stay home if they have any Covid19 symptoms.	Send players with their own water bottle and named hand sanitiser.	Identify a Covid officer: Claire Auton secretary@towerhillfc.co.uk
Wash bibs after use and minimize use of equipment and sanitise equipment regularly.	Travel to training & games with people from their own household or support bubble, arrive in kit & take kit home to be washed.	Only travel with people from their own household or support bubble.	Be aware of the latest FA guidance concerning Covid19
Wear PPE if administering first aid, if only basic first aid treatment is required direct player or request parent/carers assistance.	Avoid touching equipment where possible including the football with hands.	Be aware of their own health, stay home if any Covid19 symptoms are identified.	Produce and update a risk assessment.
Encourage regular sanitising breaks	Do not hand shake with other players / coaches / match officials including before or after games.	Respect social distancing rules when spectating training & games and no chewing gum or shouting.	Obtain permission for players to attend games & training.
Ensure players are socially distanced during breaks & on touchlines. No team huddles and no shouting.	Respect social distancing rules during training, when on touchlines and before & after games.	Follow the clubhouse rules and one way systems put in place and practice good hand hygiene at all times.	Support managers / coaches with any FA guidance and rule changes.
Confirm no players have Covid19 symptoms at the start of every session or game.	Avoid goal celebrations, no shouting and no spitting.	Be prepared to tie their players shoe laces & tend to a players basic first aid needs.	Share the Code of behavior & the clubs guidance.