

TOWER HILL FC COVID GUIDANCE FOR AWAY TEAMS & MATCH OFFICIALS

<u>MANAGERS / MATCH OFFICIALS</u>	<u>PLAYERS</u>	<u>PARENTS/CARERS</u>
Complete Tower Hill FC Covid online declaration and ensure they have shared the relevant Covid link with your parents / carers.	Bring their own water bottle & named hand sanitiser to games.	Read the code of behavior & clubs guidance ahead of attending a game.
Minimise use of equipment and sanitise equipment regularly.	Be aware of their own health & stay home if they have any Covid19 symptoms.	Send players with their own water bottle and named hand sanitiser.
Ensure players are socially distanced during breaks & on touchlines	Travel to games with people from their own household or support bubble, arrive in kit & take kit home to be washed.	Only travel with people from their own household or support bubble.
Wear PPE if administering first aid, if only basic first aid treatment is required direct player or request parent/carer's assistance.	Avoid touching equipment where possible including the football with hands. No don't share equipment.	Be aware of their own health, stay home if any Covid19 symptoms are identified.
Encourage regular sanitising breaks	Do not hand shake with other players / coaches / match officials including before or after games.	Respect social distancing rules when spectating games and no chewing gum or shouting.
No team huddles and no excessive shouting on the touchlines. Where possible remain in your technical area.	Respect social distancing rules when on touchlines, during, before & after games.	Follow the clubhouse rules and one way systems put in place and practice good hand hygiene at all times.
Be aware of the FA code of conduct.	Avoid goal celebrations, no shouting and no spitting.	Be prepared to tie their players shoe laces & tend to a players basic first aid needs.