

But First Pray



Prayer is a special privilege given to us by God. It's our way of communicating our deepest concerns, our needs for ourselves and others, our heart's desires, and our praises and gratitude to our LORD. Prayer deepens our relationship with God as we call on Him. Although we are unable to meet together corporately, we can spend personal time with Him in His Word and in prayer. Prayer@1st has put together a Prayer and Scripture Guide to encourage you during your time with the Lord and remind you of the comfort and strength His word can give us during these unknown times we are facing. So, we're asking that you please join us with the use of this Prayer and Scripture Guide as we pray for peace, comfort, strength, and healing through this time. Let's continue to be a praying church, let's pray fervently, and let's be bold and specific with our prayers!

"Draw near to Me and I will draw near to you." James 4:8

I urge, then, first of all, that petitions, prayers, intercession, and thanksgiving be made for all people. 1 Timothy 2:1

"If you abide in Me and My words abide in you, ask whatever you wish and it will be done for you." John 15:7

For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things, yet without sin. Therefore, let us draw near with confidence to the throne of grace, so that we may find mercy and grace to help in time of need.

Hebrews 4:15-16

Pray continually! 1Thessalonians 5:17



**Pray for our Nation, our Government Leaders,
our Families, our Church Family, our Friends,
the Elderly & the Young, the Sick, and the Lost.**

Prayer Topics	Scripture Reference	Scripture
Seek God in His Word	Matthew 6:33-34	But seek first His kingdom and His righteousness and all these things will be given to you as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.
Seek God in His Word	2 Timothy 3:16-17	All scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.
Seek God, His Presence	James 4:8	Draw near to God and He will draw near to you.
Rest, Seek, Trust	Psalms 46:10	He says, "Be still and know that I am God; I will be exalted among the Nations and I will be exalted in the earth."
Seek, Trust, Presence	Psalms 9:10	Those who know your name trust in You, for You LORD, have never forsaken those who seek You.
God's Word, God's Direction, God's Help, God's Peace	Psalms 119:105, 147, 164-165	105 - Your word is a lamp for my feet and a light for my path. 147 - I rise before dawn and cry out for help; I have put my hope in Your Word. 164-165 Seven times a day I praise You for Your righteous laws. Great peace have those who love Your law, and nothing can make them stumble.
Seek God's Wisdom, Truth, and Hope	Psalms 25:4-5	Show me Your ways, LORD, teach me Your paths. Guide me in Your truth and teach me, for You are my God, my Savior, and my hope is in You all day long.

**Pray for our Nation, our Government Leaders,
our Families, our Church Family, our Friends,
the Elderly & the Young, the Sick, and the Lost.**

Prayer Topics	Scripture Reference	Scripture
Trust God, Fear and Healing	Proverbs 3:5-8	Trust the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make straight your paths. Do not be wise in your own eyes. Fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.
Healing	Jeremiah 17:14	Heal me, LORD and I will be healed; save me and I will be saved, for You are the One I praise.
Healing, Deliverance	Psalm 41:1-4	Bless those who are weak, deliver them from their troubles. Protect and preserve their lives. Sustain them on their sickbed and restore them from their illness. Have mercy on us all and heal us from our sins against you, LORD.
Afflictions, Prayer, Deliverance	Psalm 34	Read the entire chapter; vs 1-22
Peace, Rest, Safety	Psalm 4:8	In peace I will lie down in sleep, for You alone, LORD, make me dwell in safety.
Peace, Trust, Strength	Isaiah 26:3-4	You will keep in perfect peace those whose minds are steadfast, because they trust in You. Trust in the LORD forever, for the LORD, the LORD Himself is the Rock eternal.
Refuge, Safety	Psalm 16:1-2	Keep me safe, my God, for in You I take refuge. I say to the LORD, "You are my LORD; apart from You I have no good thing."

**Pray for our Nation, our Government Leaders,
our Families, our Church Family, our Friends,
the Elderly & the Young, the Sick, and the Lost.**

Prayer Topics	Scripture Reference	Scripture
God's Sovereignty, Reverence of God	Psalm 33:8-9	Let all the earth fear the LORD, let all the people of the world revere Him. For He spoke and it came to be; He commanded, and it stood firm.
God's Love, Faithfulness, Protection	Psalm 36:5-7	Your love, LORD, reaches to the heavens, Your faithfulness to the skies. Your righteousness is like the highest mountains, Your justice like the great deep. You, LORD, preserve both people and animals. How priceless is Your unfailing love, O God! People take refuge in the shadow of Your wings.
Hope, Seek God, and Pray	Jeremiah 29:11-14	"For I know the plans I have for you," declares the LORD, "plans to prosper you and not harm you, plans to give you hope and a future. Then you will call on me and come and pray to me and I will listen to you. You will seek Me and find Me when you seek Me with all your heart. I will be found by you," declares the LORD.
Strength and Comfort	Psalm 46:1-2;7	1-2 - God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea. 7 - The LORD Almighty is with us; the God of Jacob is our fortress.
Strength, Courage, God's Word, God's Presence	Joshua 1:7-9	"Be strong and courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Keep this book of the law always on your lips; meditate on it day and night, so that you may be careful to do all that is written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."
Strength	Psalm 73:26	My flesh and my heart may fail, but God is the strength of my heart and my portion forever.
Trust God, No Fear or Worry	Jeremiah 17:7-8	Blessed is the one who trusts in the LORD, whose confidence is in Him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.

**Pray for our Nation, our Government Leaders,
our Families, our Church Family, our Friends,
the Elderly & the Young, the Sick, and the Lost.**

Prayer Topics	Scripture Reference	Scripture
Trust, Safety	Psalm 37:3	Trust in the LORD and do good; dwell in the land and enjoy safe pasture.
Fear, Praise, Trust	Psalm 56:3-4	When I am afraid, I put my trust in You. In God, whose word I praise; in God I trust and am not afraid. What can mere mortals do to me?
Help	Psalm 121:1-2	I lift my eyes to the mountains, where does my help come from? My help comes from the LORD, the Maker of heaven and earth.
Dwelling in the Lord, Fear, Strength, and God's Protection	Psalm 91	Read the entire chapter; vs 1-16
Humbleness, Anxiety, God's care	1 Peter 5:6-7	Humble yourselves, therefore, under God's mighty hand, that He may lift you up in due time. Cast all your anxiety on Him because He cares for you.
Worries, Care, Pray	Psalm 55:22	Cast all your cares on the LORD and He will sustain you, He will never let the righteous be shaken.
God's Plan, Seek God, Pray, Turn, Forgive, Healing	2 Chronicles 7:13-14	When I shut up the heavens so that there is no rain, or command locusts to devour the land or send a plague among my people, if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

**Pray for our Nation, our Government Leaders,
our Families, our Church Family, our Friends,
the Elderly & the Young, the Sick, and the Lost.**

Prayer Topics	Scripture Reference	Scripture
Rest, Hope, Refuge, Trust, Pray, Strength	Psalm 62:5-8	Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.
Comfort	Psalm 23	Read the entire chapter.
Pray, Thanksgiving	Philippians 4:6-7	Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Praise God	Psalm 117	Praise the Lord, all you nations; extol him, all you peoples. For great is his love toward us, and the faithfulness of the Lord endures forever. Praise the Lord.
God's Plan	Proverbs 16:9	In their hearts humans plan their course, but the Lord establishes their steps.
The Day of the Lord and Prayer	1 Thessalonians 5	Read the entire chapter.

We would like to thank everyone on the prayer team that helped with creating this prayer guide.