

Fresh Fruit Salad

Prep Time: 20 minutes | Cook Time: N/A | Makes: 5 Servings

Ingredients:

1 large apple, peeled and diced
1 large navel orange, peeled and sectioned
10 oz. pineapple tidbits
15-20 seedless grapes (red or green), sliced in half
1 banana, halved and sliced
10 cherries cut in half
4 tablespoons of each:
pineapple juice, cherry juice, apple or orange juice

Directions:

The ingredients listed will make enough fruit salad for five servings. You really can use any fruit you have available. Reserve juices of any canned fruit that you use. After peeling, dicing, and slicing the fruit, mix together and add juices. The juice will keep the apples and bananas from turning brown, so add the juice to the mix as soon as you can.

Store in the refrigerator for up to 2 days.

*If you enjoy coconut, 2 tablespoons of shredded coconut would make a nice addition to the mix.