  
**SMS Communication Policy**

**Purpose of SMS Communication**

Spirit & Sand uses SMS messaging to provide important service updates, appointment reminders, housing support notifications, general company announcements, and non-promotional event notifications such as community gatherings, workshops, and outreach programs. These messages ensure timely and relevant updates for clients and community members who have opted in to receive SMS communications, with the ability to opt out at any time.

**Consent for SMS Communications**

By signing this form, you agree to receive SMS messages from Spirit & Sand at the phone number provided below. You may receive messages for the following purposes:

* Appointment confirmations and service updates
* Housing support notifications
* Community event and outreach program announcements
* Responses to inquiries or requests for assistance

**Message Frequency & Rates**

Message frequency varies. Message and data rates may apply based on your mobile carrier plan. Spirit & Sand is not responsible for any charges incurred by SMS communications.

**Opt-Out & Assistance**

* To stop receiving SMS messages, reply **STOP** to any message from Spirit & Sand.
* To resume messages, reply **START** at any time.
* For assistance, reply **HELP** or contact us at [support@spiritandsand.org](mailto:support@spiritandsand.org).

**Privacy & Terms**

Your information will be handled in accordance with Spirit & Sand’s Privacy Policy and Terms of Service, available at www.spiritandsand.org or upon request. We do not share or sell your personal information.

**Consent Acknowledgment**

I understand that by signing this form, I consent to receive SMS messages from Spirit & Sand at the phone number provided below. I acknowledge that message & data rates may apply, and I can opt out at any time by replying STOP.

Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_