  
**Spirit & Sand SMS Consent Form**

**Purpose of SMS Communication**  
Spirit & Sand uses SMS messaging to provide important service-related communications, including appointment reminders, housing support updates, and community event notifications. These messages are intended to assist in your housing journey and are not promotional in nature.

**Consent for SMS Communications**  
By signing this form, you agree to receive SMS messages from Spirit & Sand at the phone number provided below. You may receive messages for the following purposes:

* Appointment confirmations and service updates
* Housing support notifications
* Community event and outreach program announcements
* Responses to inquiries or requests for assistance

**Message Frequency & Rates**  
Message frequency varies. Message and data rates may apply based on your mobile carrier plan. Spirit & Sand is not responsible for any charges incurred by SMS communications.

**Opt-Out & Assistance**

* To stop receiving SMS messages, reply **STOP** to any message from Spirit & Sand.
* To resume messages, reply **START** at any time.
* For assistance, reply **HELP** or contact us at [support@spiritandsand.org](mailto:support@spiritandsand.org).

**Privacy & Terms**  
Your information will be handled in accordance with Spirit & Sand’s Privacy Policy and Terms of Service, available at www.spiritandsand.org or upon request. We do not share or sell your personal information.

**Consent Acknowledgment**  
I understand that by signing this form, I consent to receive SMS messages from Spirit & Sand at the phone number provided below. I acknowledge that message & data rates may apply, and I can opt out at any time by replying STOP.

Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_