

July 19th, 2026: 16th Sunday in Ordinary Time

6th World Day (July 26, 2026) for Grandparents and the Elderly
I will never forget you (Is 49:15)

Through the prophet Isaiah, the Lord promises that he will never forget any of us. He assures us that he has engraved our faces on the palms of his hands (cf. *Is 49:16*) and that his love is greater than a mother’s love for her child (cf. *Is 49:15*). The prophet gives us a glimpse of an intimate and intense dialogue in which God addresses, in familiar terms, each person individually and the people as a whole. Even today, we can read these words as referring to each of us, and everyone can hear that “I will never forget you” spoken directly to them.

These are words that fill us with comfort and hope. They are the answer to an agonizing feeling that troubles the heart: “The Lord has forsaken me; my Lord has forgotten me” (*Is 49:14*). How often in Sacred Scripture, especially in the Psalms, does prayer spring from the despair of those who feel that their lives are of no interest to anyone and are being neglected! The painful feeling of being forgotten is, unfortunately, shared by many people, and among them are quite a few elderly people.

God’s love, which forgets no one, offers itself as an act of justice and a response to the anonymity in which human life all too often ends up lost. The lives of many elderly people, in particular, seem to be covered by a veil that blurs the features of their faces and shrouds them in oblivion. This is what happens in homes where loneliness reigns and also in those care facilities where each person’s uniqueness risks being reduced to a bed number or an illness.

The celebration of the World Day of Grandparents and the Elderly is an opportunity to rediscover that the Church is called to be a mother to all and that at any age it is always possible to recognize ourselves as sons and daughters of God. May this day, therefore, be an inspiration for everyone, especially the young, to revive the beautiful custom of visiting their grandparents, the elderly members of the family and even those who have no one to visit them. Bring them, through this message and your presence, the closeness and affection of the Pope. Ensure that the words of the prophet, “But I will never forget you,” take the form of a tender and affectionate encounter. “In an era that favors speed and fragmentation, the human person still yearns to receive care and recognition from attentive minds, kind words and hands capable of tenderness. The digital culture multiplies connections and offers new opportunities for interaction; yet, the human heart retains an irrevocable need for genuine closeness” (Encyclical Letter, Magnifica Humanitas, 239).

The Church understands the suffering of her elderly members; she knows full well that they are all too often viewed through the lens of stereotypes and considered a burden; she is aware that a profit-driven economy weakens family ties; she knows that many elderly people are left behind by children who are forced to migrate or, in some cases, to fight in wars. For each of these reasons, she joyfully proclaims the Lord’s promise: “But I will never forget you!”

July 19th, 2026
16th Sunday in Ordinary Time
Sacred Heart Parish
A Stewardship Parish in Union with Christ



Parish Information

Pastor: **Fr. Lee Lainey**

Office Administrator: **Roseann Janes**

Office Hours: **Monday to Friday 9:00 am - 1:00 pm**

465 Curling Street
Corner Brook, NL, A2H 3K8
Tel: (709) 785-5025
curlingparish@hotmail.com

www.sacredheartrcparish.ca

e-transfers:
sacredheartrcparish@hotmail.com
Password "Church"

Note: include your envelope #
Pre-authorized debit can be arranged with your
own bank – call us for our banking info.

Diocesan website: rcchurch.com

Weekend Masses: Saturday 4:30 pm, Sunday 11 am.

Weekday Mass: Tuesday to Friday 10:00a.m.

BAD WEATHER – please call the office to verify if mass is cancelled & office closed.

Lohnes Complex*

Reconciliation:

Marriages:

Baptisms:

Family Connections:

St. Vincent de Paul:

First Friday of each month at 2pm.

Before Mass or by request.

Six months’ notice required. A year’s notice is recommended.

Please call the Parish Office to schedule preparation session.

At www.rcchurch.com you will find a link to family connections.

To assist those in need. Call 709-638-9010.

RECEIVED WITH THANKS

July 11 & 12, 2026

Regular Sunday	1387.00
Loose Offering	159.00
Building Fund	85.00
Votive Candles	38.50
Sunday Missals	20.00
Living with Christ	3.00
Mass Stipends	10.00

MASS INTENTIONS

July 21 - 26, 2026

Jul 21 -Tues.	The Late Ronald Griffin The Late Jamie Hall
Jul 22 - Wed.	The Late Joyce Brothers
July 24 - Fri.	The Late Bud Dunphy
July 25 - Sat.	Deceased Members of the Hancock Family
Jul. 26 -Sun.	Mass Intentions for Parishioners

LITURGICAL MINISTERS

July 25 – Saturday	
Reader	Eucharistic Minister
Joan Penney	Art Hall
July 26 – Sunday	
Reader	Eucharistic Minister
Mike Leonard	Calvin Gillis
Communion to the Sick – Joan Penney	

HOLY FATHERS’ INTENTIONS - JULY:

For respect for human life –

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

VOLUNTEERING – God loves a cheerful giver:

This is all about giving of your time.

Are you a university or high school student who needs some volunteer hours on their resume and would like to help out in their community and meet some of your neighbors?

Do you know a retired person who has a bit of time to spare and would like to meet new people? Do you need something different to do to balance your work/home life?

We are always looking for volunteers to help with our church life, it could be maintenance of our grounds or the church itself, helping out with functions, or joining one of our committees.

Volunteering can be done at anytime and in many different ways. We would love to hear from you, contact the office at **709-785-5025** or at **curlingparish@hotmail.com**

MOUNT CECELIA - CEMETERY CLEANUP:

On Tuesday July 28th at 7pm, mass will be held in the cemetery.

In preparation for this mass parishioners are asked to come by and clean up any family/friend’s gravesites at your discretion.

Any help would be greatly appreciated as the few volunteers that we have cannot possibly clean all these gravesites in time for the service. Thank you in advance for all your help.

AUGUST - MASS INTENTIONS:

Our August mass intentions list have several days available. Just call, email, fill out form at the back of the church or add to your weekend envelop your mass request for August month.

YARD SALE – AUGUST 1ST, 2026:

We will be having a yard sale in the Sacred Heart Church parking lot on **Saturday August 1, 2026 from 9 – 2 pm**. If the weather is not in our favour we will hold it the following Saturday, August 8 at the same time.

DEVELOPMENT & PEACE –
EARTHQUAKE RELIEF IN VENEZUELA:

On June 24, 2026 twin earthquakes hit Venezuela. Which caused widespread damage across much of the country. Development and Peace has stepped in to help and have already donated \$50,000 in relief aide. **Anyone wishing to contribute** to the relief efforts can do so by marking a blank envelope: “Venezuela Earthquake Relief” (add your envelope #), place your donation in the Saturday or Sunday Collection. Make cheques payable to Sacred Heart Parish, so that we can send all donations together in one lump sum for this worthy cause.

ADVANCE NOTICE - CEMETERY MASSES:

Sacred Heart Cemetery Masses:

Mount Cecelia Cemetery - Curling
Tuesday, **July 28** at 7:00 pm.

Old RC Cemetery - Benoit’s Cove
Wednesday, **July 29** at 7:00 pm.

Holy Redeemer Cemetery Masses:

Mt. Patricia Cemetery – N. Shore Highway
Wednesday, **July 22** at 7 pm.

Townsite Cemetery – Corner Brook
Thursday, **July 23** at 7 pm.

In the event of rain, the masses will be held inside the churches.

WALK-A-THON: September 19th, 2026:

Our walk-a-thon will take place on **Saturday, 10:30 a.m., September 19th, 2026**.

Again this year we will walk along the trails in Curling from the church parking lot. The distance to be determined at a later time.

There is a **registration form** at the back of the church for those interested in participating. Once you sign-up please take a sponsor sheet.

Come sign up for this walk in support of our parish. Remember we can issue a tax receipt for anyone who sponsors you.

REFLECTION:

Sow good seed

In general, we reap what we sow.
We can’t expect to reap good if we have sown evil.
We must sow peace if we do not want to reap conflict.
We must sow loyalty if we do not want to reap betrayal.
We must sow honesty if we do not want to reap deceit.
Even though we have no absolute guarantee that what we sow will always fall on good ground,
Or that someone else may not come along and sow contrary seeds, nevertheless, if we are careful to sow good seeds we can, within reason, trust our expectations because nature has shown that if what is planted bears fruit at all, it will yield more of itself.
So let us sow good seed.