



Diocese of Corner Brook and Labrador

February 9th, 2026

Bishop's Lenten Message

On the occasion of the 800th anniversary of St. Francis of Assisi's death, Pope Leo has declared a special year focusing on the quality of our relationship to God, to others, to creation and to ourselves. As we enter into this season of Lent, I would like to take this opportunity to reflect on this fourfold relationship and to suggest that we make an effort to deepen each one in a particular way.

Lent is synonymous with Spring, a season when the darkness and cold of Winter begins to break and the promise of life begins to slowly reveal itself. Crocuses and daffodils break through the thawing ground. Birds begin to return, building their nests and filling the air with their song. The sun breaks through the oppressive winter clouds. Spring is in the air. So begins our renewed engagement with creation; a relationship that dates back to creation, when God established a sacred bond, entrusting us with a commission to steward, to protect and to look after all that God has created. Lent, therefore, is an excellent time to reflect on our day-to-day interaction with the natural world, the air we breathe, the water we drink, the things we consume and the time we spend to be one with the gift God has entrusted to our care. Lent is a wonderful time to focus on "being" rather than "having".

Lent is also a time to look at the quality of our relationship to others, especially those in need. Rather than "doing more", leaving little time for authenticity, reflection and true human contact, Lent calls us to be present to the other, much like Mary's visit to Elizabeth, so that it becomes a gift by which God is made known and celebrated. By striving to be more present to the other, and to embrace the present moment, we begin to see each day, each person, each encounter as "gift" and not "one more thing to do", opening us up to God's grace, love and healing.

Lent's invitation, thereby, transforms the way we interact with ourselves and with God. Here I want to use some quotes from Pope Leo's letter, "The figure of St. Francis is particularly valuable in the context of spiritual fatigue. He does not propose "more practices", but simplicity and authenticity: a return to personal reading of the Gospel, joy in small things, a faith lived in relationships, not only in events." He further goes on to say that, "By renouncing wealth and social prestige, Francis showed that freedom of heart is born of detachment from material goods. For today's person, living in a world of consumerism, this is an extremely timely invitation to moderation, responsible use of goods, and placing God and neighbour above material possessions: it is a matter of "being" more than "having"." He also writes, "St. Francis teaches active and fraternal love, especially toward the weakest, the poor, and the marginalized. His life was a response to indifference and sometimes to selfishness." Finally, "Not least, St. Francis also shows that peace is born from a converted heart."

Bishop Bart

February 22nd, 2026

1st Sunday of Lent

Sacred Heart Parish

A Stewardship Parish in Union with Christ



Parish Information

Pastor: Fr. Lee Lainey

Office Administrator: Roseann Janes

Office Hours: Monday to Friday 9:00 am - 1:00 pm

465 Curling Street
Corner Brook, NL, A2H 3K8
Tel: (709) 785-5025
curlingparish@hotmail.com
www.sacredheartcparish.ca

e-transfers:
sacredheartcparish@hotmail.com
Password "Church"

Note: include your envelope #
Pre-authorized debit can be arranged with your own bank – call us for our banking info.

Diocesan website: rcchurch.com

Weekend Masses: Saturday 4:30 pm, Sunday 11 am.

Weekday Mass: Tuesday to Friday 10:00a.m.

BAD WEATHER – please call the office to verify if mass is cancelled & office closed.

Lohnes Complex*

First Friday of each month at 2pm.

Bible Study:

To be determined at a later date.

Holy Hour of Adoration:

Postponed until further notice.

Reconciliation:

Before Mass or by request.

Marriages:

Six months' notice required. A year's notice is recommended.

Baptisms:

Please call the Parish Office to schedule preparation session.

Family Connections:

At www.rcchurch.com you will find a link to family connections.

St. Vincent de Paul:

To assist those in need. Call 709-638-9010.

RECEIVED WITH THANKS

Feb. 14 & 15th, 2026

| | |
|-----------------------------|---------|
| Regular Sunday | 1580.00 |
| Loose Offering | 98.00 |
| Building Fund | 5.00 |
| New Years Day | 5.00 |
| Votive Candles | 43.00 |
| Mass Stipends | 110.00 |
| Catholic Missions in Canada | 30.00 |
| Saint Vincent de Paul | 5.00 |

MASS INTENTIONS

February 24 – March 1, 2026

| | |
|----------------|--------------------------|
| Feb. 24 – Wed. | The Late Joyce Major |
| Feb. 26 – Sat. | The Late Josephine White |
| Feb. 28 – Sat. | The Late Percy Joyce |
| Mar. 1 – Sun. | The Late Mary Hussey |

LITURGICAL MINISTERS

| Feb. 28 – Saturday | |
|---|-----------------------------|
| Reader | Eucharistic Minister |
| Tony Griffin | Elizabeth Carew |
| Mar. 1 – Sunday | |
| Reader | Eucharistic Minister |
| Victoria Murphy | Brian Sparkes |
| Communion to the Sick: Joan Penney | |

LENT PENITENTIAL SERVICE:

Service is at **7pm at all locations:**

Benoit's Cove location:

March 4 - Wed. - Star of the Sea

Corner Brook Locations:

March 5 - Thur. - Sacred Heart Parish, Curling

March 11 - Wed. - All Hallows Parish

March 16 - Mon. – Holy Redeemer Cathedral

GRAND IN THE HAND

KNIGHTS OF COLUMBUS:

Knights of Columbus are selling Grand in the Hand tickets. **Draw date is March 3, 2026**, tickets are \$10 each. Please call Garry @ 709-660-6316 or Dave @ 709-640-2819.

STATIONS OF THE CROSS:

Starting on Friday February 27th after morning mass we will be having The Stations of the Cross. This will continue every Friday after morning mass up to and including Good Friday.

TICKETS - WORK OF ART DRAW:

We are selling tickets on an original painting by Anna House. Ticket **cost is \$1.00** each. If you would like tickets to sell or buy, please **contact the office by phone or email**. Any funds raised will go towards the purchase price of the furnace for the church.

DEVELOPMENT & PEACE LAUNCH:

This Lent, let's move forward *On Track for Justice*

"The Church, like a mother, accompanies those who are walking." *Pope Leo XIV (Dilexi te, §75)*

The 2026 Share Lent campaign has been launched! Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity.

You can help **by donating** online at **devp.org/give** or during Solidarity Sunday collection on **March 22**, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world! Or **Get the Mini-magazine** and follow the **Solidarity Calendar** with your family.

Resources are at **devp.org/lent/resources**

FEBRUARY BINGO:

This **Sunday, February 22nd, 2026**, at **Sacred Heart Elementary School** in the cafeteria at 2pm. Doors open at 1pm. All are welcome. Remember **this is a SCENT FREE area**.

PARISH COUNCIL MEETING:

The next parish council meeting will be on **Tuesday, February 24th at 6:30pm** in the church meeting room. We look forward to seeing everyone there.

CHRISM MASS/REFLECTION & STUDY DAY:

Before Mass there will be the following:

Study Day - Tuesday, March 24

- at All Hallows Church Hall – Start 9am.

Day of Reflection – Wednesday, March 25

- at All Hallows Church Hall – Start 9am.

Morning Mass is on Tuesday, March 24 and morning Prayer on Wednesday, March 25.

Tuesday will end at 3pm, Wednesday will end with lunch at noon.

Chrism Mass - Wednesday, March 25, 2026

- 7pm Holy Redeemer Cathedral.

CATHOLIC YOUTH CONFERENCE

STEUBENVILLE ATLANTIC, HALIFAX, N.S:

Youth Event in Halifax, N.S., from **July 10th to July 12th**. The **fee to attend is \$250/youth and only** includes: registration fee, meals, & accommodations at the conference. All other items to be paid by yourself.

Only **50 spots are available** and the **deadline to register is March 20th, 2026**. Please **contact the parish office** if your youth wishes to attend at 709-785-5025 or **curlingparishing@hotmail.com**

KNIGHTS OF COLUMBUS COR RETREATS:

The Knights have scheduled a COR experience, **Thursday evenings** during the **Lent** at **Holy Redeemer Cathedral, 7-8pm**, with refreshments being served. you at the gatherings!

SSVP POOR BOX COLLECTION:

They will be collecting this weekend **Feb 21-22**. SSVP members will be at the entrances after each Mass to accept your donations. Thank you advance for your support.

Reflection

Pruning time

Pruning time is a painful time for a fruit tree.

The pruner rids it of all those suckers which use up a lot of energy but produce no fruit.

However, the aim of this surgery is not to inflict pain, but to help the tree produce more and better fruit.

Lent is a kind of spiritual pruning time.

There is much that is useless and perhaps harmful in our lives, which saps are energy, and diminishes our spiritual fruitfulness.

Of what shall we prune ourselves this Lent so that we may become more fruitful branches of Christ, the true Vine?