



Diocese of Corner Brook and Labrador

February 9th, 2026

Bishop's Lenten Message

On the occasion of the 800th anniversary of St. Francis of Assisi's death, Pope Leo has declared a special year focusing on the quality of our relationship to God, to others, to creation and to ourselves. As we enter into this season of Lent, I would like to take this opportunity to reflect on this fourfold relationship and to suggest that we make an effort to deepen each one in a particular way.

Lent is synonymous with Spring, a season when the darkness and cold of Winter begins to break and the promise of life begins to slowly reveal itself. Crocuses and daffodils break through the thawing ground. Birds begin to return, building their nests and filling the air with their song. The sun breaks through the oppressive winter clouds. Spring is in the air. So begins our renewed engagement with creation; a relationship that dates back to creation, when God established a sacred bond, entrusting us with a commission to steward, to protect and to look after all that God has created. Lent, therefore, is an excellent time to reflect on our day-to-day interaction with the natural world, the air we breathe, the water we drink, the things we consume and the time we spend to be one with the gift God has entrusted to our care. Lent is a wonderful time to focus on "being" rather than "having".

Lent is also a time to look at the quality of our relationship to others, especially those in need. Rather than "doing more", leaving little time for authenticity, reflection and true human contact, Lent calls us to be present to the other, much like Mary's visit to Elizabeth, so that it becomes a gift by which God is made known and celebrated. By striving to be more present to the other, and to embrace the present moment, we begin to see each day, each person, each encounter as "gift" and not "one more thing to do", opening us up to God's grace, love and healing.

Lent's invitation, thereby, transforms the way we interact with ourselves and with God. Here I want to use some quotes from Pope Leo's letter, "The figure of St. Francis is particularly valuable in the context of spiritual fatigue. He does not propose "more practices", but simplicity and authenticity: a return to personal reading of the Gospel, joy in small things, a faith lived in relationships, not only in events." He further goes on to say that, "By renouncing wealth and social prestige, Francis showed that freedom of heart is born of detachment from material goods. For today's person, living in a world of consumerism, this is an extremely timely invitation to moderation, responsible use of goods, and placing God and neighbour above material possessions: it is a matter of "being" more than "having"." He also writes, "St. Francis teaches active and fraternal love, especially toward the weakest, the poor, and the marginalized. His life was a response to indifference and sometimes to selfishness." Finally, "Not least, St. Francis also shows that peace is born from a converted heart."

Bishop Bart

February 15th, 2026

6th Sunday in Ordinary Time

Sacred Heart Parish

A Stewardship Parish in Union with Christ

Parish Information

Pastor: Fr. Lee Lainey

Office Administrator: Roseann Janes

Office Hours: Monday to Friday 9:00 am - 1:00 pm

465 Curling Street
Corner Brook, NL, A2H 3K8
Tel: (709) 785-5025
curlingparish@hotmail.com
www.sacredheartcparish.ca

e-transfers:
sacredheartcparish@hotmail.com
Password "Church"

Note: include your envelope #
Pre-authorized debit can be arranged with your own bank – call us for our banking info.

Diocesan website: rcchurch.com

Weekend Masses: Saturday 4:30 pm, Sunday 11 am.

Weekday Mass: Tuesday to Friday 10:00a.m.

BAD WEATHER – please call the office to verify if mass is cancelled & office closed.

Lohnes Complex*

First Friday of each month at 2pm.

Bible Study:

To be determined at a later date.

Holy Hour of Adoration:

Postponed until further notice.

Reconciliation:

Before Mass or by request.

Marriages:

Six months' notice required. A year's notice is recommended.

Baptisms:

Please call the Parish Office to schedule preparation session.

Family Connections:

At www.rcchurch.com you will find a link to family connections.

St. Vincent de Paul:

To assist those in need. Call 709-638-9010.



RECEIVED WITH THANKS

Feb. 7 & 8th, 2026

Regular Sunday	1757.00
Loose Offering	106.25
Parish Dues	20.00
Envelope Cost Contributions	7.00
Building Fund	115.00
New Years Day	10.00
Christmas	25.00
Votive Candles	54.00
Sunday Missals	10.00
In Memorium	50.00
Mass Stipends	40.00
Indian Residential School Fund	10.00
Saint Vincent de Paul	105.00

MASS INTENTIONS

February 17 – 22, 2026

Feb. 18 – Wed. Mass at 7pm	Ash Wednesday 7pm The Late Percy Joyce
Feb. 19 – Thur.	The Late Father Jim Robertson
Feb. 21 – Sat.	The Late Thomas & Robyn Griffin
Feb. 22 – Sun.	Mass Intentions for Parishioners

LITURGICAL MINISTERS

Feb 21 – Saturday

Reader	Eucharistic Minister
Marie Pennell	Joe Byrne

Feb. 22 – Sunday

Reader	Eucharistic Minister
Dan Park	Eileen Moore

Communion to the Sick: M. Pennell/E. Carew

IN MEMORY OF:

The Late Percy Joyce – from Marina Allen

BISHOP O'REILLY ASSEMBLY 0624 MEETING:

The Knights next meeting will meet at All Hallows Parish, **Tuesday, February 17th at 7:45 pm.** Sir Knights please try to attend.

ASH WEDNESDAY MASS:

February 18th, 2026, is Ash Wednesday, mass will be held at **7pm at Sacred Heart Parish** and at **4:30pm at Our Lady Star of the Sea.** There will be no morning mass at Sacred Heart Parish.

ASH WEDNESDAY - CMiC COLLECTION:

Ash Wednesday's collection is traditionally taken up for Catholic Missions in Canada. Since many of our parishes regularly draw support from CMiC, and some parishes would not be able to operate without it, I encourage all parishioners to be especially generous in supporting this collection. Let it be our show of appreciation for all that Catholic Missions in Canada does for us. Fraternaly in Christ, Bishop Bart

DEVELOPMENT & PEACE LAUNCH:

On Track for Justice campaign webinar

Come join us to learn about the Share Lent campaign, **On Track for Justice**, the launch webinar is **February 21 at 1:30 p.m. ET.**

Come hear about the work of our Brazilian partner, *Justiça nos Trilhos* (Justice on Rails), with Padre Dario Bossi who is a Comboni missionary and a member of a community along the Carajás railway that is affected by industrial agriculture. Visit devp.org then go to Events section to Register.

SSVP MONTHLY MEETING:

The next monthly meeting will be held on **Wednesday, Feb 18, 2pm** in the lower level of the Holy Redeemer Cathedral. All members are asked to make a special effort to attend. New members welcome as always.

GRAND IN THE HAND

KNIGHTS OF COLUMBUS:

Knights of Columbus are selling Grand in the Hand tickets. **Draw date is March 3, 2026**, tickets are \$10 each. Please call Garry @ 709-660-6316 or Dave @ 709-640-2819.

CATHOLIC YOUTH CONFERENCE

STEUBENVILLE ATLANTIC, HALIFAX, N.S.:

This year the Atlantic Dioceses is hosting a Youth Event in Halifax, N.S., from **July 10th to July 12th**. It is a yearly gathering of youth from the Atlantic Provinces meant to stimulate faith, build friendships and draw closer to Christ.

The **fee to attend is \$250/youth:** includes the registration fee, meals, and accommodations during the conference. This **does not include** travel to and from Halifax, meals while travelling or prior/after conference or souvenirs and incidentals. There may be an opportunity to do some fundraising to lower the cost.

There are **only 50 spots available** for the entire Province of Newfoundland and Labrador. Since there is a waiting list **the deadline** for registering is **March 20th, 2026.**

Please **contact the parish** office if your youth wishes to attend at 709-785-5025 or curlingparishing@hotmail.com

SSVP POOR BOX COLLECTION:

This collection will take place during next **weekend's Masses of Feb 21-22.** SSVP members will be at the entrances after each Mass to accept your donations. Thank you advance for your support.

PARISH COUNCIL MEETING:

The next parish council meeting will be on **Tuesday, February 24th at 6:30pm** in the church meeting room. We look forward to seeing everyone

KNIGHTS OF COLUMBUS COR RETREATS:

The Knights are scheduling a COR experience for **Thursday evenings** during the **Lenten season** at the **Holy Redeemer Cathedral** from **7 to 8pm**, with refreshments being served. This will present us with an excellent opportunity to reflect on the Sunday readings and live our lives in the light of God's great love for us. Don't give up! Take up this special initiative to experience renewal and grace during this special time of year. See you at the gatherings!

CHRISM MASS/REFLECTION & STUDY DAY:

Before Mass there will be the following:

Study Day - Tuesday, March 24

- at All Hallows Church Hall – Start 9am.

Day of Reflection – Wednesday, March 25

- at All Hallows Church Hall – Start 9am.

Morning Mass is on Tuesday, March 24 and morning Prayer on Wednesday, March 25.

Tuesday will end at 3pm, Wednesday will end with lunch at noon.

Chrism Mass - Wednesday, March 25 2026

- 7pm Holy Redeemer Cathedral.