

August 2nd – 18th Sunday of Ordinary Time

They all ate and were satisfied, and they picked up the fragments that were left over — twelve wicker baskets full.
Matthew 14: 13-21

“Take this bread . . .”

People of every time and place and culture have taken grain from the earth and ground it into flour, kneading it with water, salt and yeast, to make bread.

Baking bread can be a profoundly spiritual experience, as food writer and editor Meghan Murphy-Gill has found. She writes:

“The job of the baker is to make bread taste great by extracting as much flavor as possible from its ingredients. It’s done in a simple, ancient process — Fermentation — that is quite possibly responsible for the origin of life on Earth.

“Active yeast feeds on the sugars released from the wheat after it has been hydrated. As a result, it releases a gas and a tangy liquid sometimes called ‘hooch.’ Fermentation literally transforms the ingredients from one thing into another. The baker’s job is to keep that yeast alive until it is time to bake, where it releases its last ‘breath,’ giving a final rise to the loaf, and then dies in the hot oven. The yeast dies to give life to the bread, which is then consumed and gives life to us . . .

“In my own personal practice, I have found that in the baking and breaking of bread we have an opportunity to experience the mysterious relationship between life and death in both profound and ordinary ways. Wheat is alive until harvested and milled. The yeast dies under high heat. The ingredients transform it into something else. The substance that emerges from the oven is something that it wasn’t before. It becomes bread, a food so substantial and nourishing that it can even mean food itself. By breaking and eating it we are given life — not just the nutrients needed to sustain physical life, but what we need to sustain a spiritual life as well.”

[From “Take this bread” by Meghan Murphy-Gill, U.S. Catholic, January 2020. Read more of Meghan’s work at meghanmurphygill.com and at godtalk.substack.com.]

The very baking of bread mirrors the mystery of Christ as the compassion of God made human for us: the elements of bread come together and “die” to become bread as Christ dies to rise bringing all of humankind to the fullness of life in God. Bread is a living sign of what it means to be church: we come together with our gifts and talents, and, by the “yeast” that is the Spirit of God, we become the one bread, the Church, the body of Christ. In imitating Jesus’ three actions in today’s Gospel — blessing” and giving thanks for what God has given to us, “breaking” from our blessings (including our time and energy) in order to contribute to the good of all, and “giving” in joy and humility — we transform our small offerings of fish and pieces of bread into the means for becoming the one body of Christ.

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August 2nd, 2020

18th Sunday of Ordinary Time

Sacred Heart Parish

A Stewardship Parish in Union with Christ

Parish Information

Pastor: Monsignor Jim Robertson

Office Administrator: Dianne Russell

Office Hours: Monday to Friday 9 a.m. - 1 p.m.

465 Curling Street
Corner Brook, NL, A2H 3K8
Tel: (709) 785-5025

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www.sacredheartrcparish.ca



Weekend Masses:

Saturday 4:30 p.m., Sunday 11 a.m.

Reconciliation:

By request

Mass During the Week:

Wed & Fri at 10 a.m. (this week)

Holy Hour of Adoration:

Discontinued until further notice.

Marriages:

Six months’ notice required. A year’s notice is recommended.

Baptisms:

Please call the Parish Office to schedule preparation session.

St. Vincent de Paul:

To assist those in need. Call 638-9010.

NOTICE

No mass on Tuesday, August 4th & Wednesday, August 5th of this week.

RECEIVED WITH THANKS

July 26, 2020

Regular Sunday	\$849.70
Building Fund	50.00
Parish Dues	50.00
Votive Candles	5.00
Garden Party Proceeds	20.00
Mass Stipends	20.00
St. Vincent de Paul	45.00

MASS INTENTIONS

Tues, 7 pm	No Mass
Wed, 10 am	No Mass
Thur, 7 pm	Special Intention
Fri, 10 am	Late Josephine & Michael Doody
Sat, 4:30 pm	Late Brian Griffin
Sun, 11 am	Parish Community

PARISH DUES: Received with thanks from: Joan Penney.

COVID 19: To protect yourselves and others, we ask that you maintain physical distancing of 6 feet at all times. This does not apply to people within the same bubble. Hand sanitizer is provided in the church or you may bring your own. Facemasks are not required but you may wear one if you wish.

REGISTRATION FOR MASS: While dealing with the Covid 19 Pandemic we are required to keep a contact list of all persons attending all services and masses. You should call in Monday to Friday between 9 am and 1 pm to have your name registered. You will be asked to provide your telephone number and to answer some simple screening questions.

SAINT IGNATIUS LOYOLA: July 31 is the Feast Day of Saint Ignatius Loyola. Saint Ignatius was born in Spain and was wounded as a soldier in the Spanish army in wars against the French. While he was recovering, he read about the lives of the saints and decided to become a soldier of the Catholic faith. He had a very humble lifestyle, which annoyed some people but attracted others. He formed an order called the Society of Jesus, also known as the Jesuits. (BTW, did you know that Pope Francis is a Jesuit?)

SAINT ALPHONSUS LIGUORI:

Saint Alphonsus Liguori is a Doctor of the Church and the founder of the Redemptorist Congregation. He was born in 1696 in Naples to a well-respected family. He was very intelligent, he studied both canon and civil law and he became a lawyer at the age of 17. However, he eventually resigned from his career as a lawyer, entered the seminary and was ordained a priest. He was well-known as a preacher and a confessor. He was also a great moral theologian and wrote a famous book entitled "Moral Theology". He died in 1787 and was canonized in 1839. His feast day is celebrated on August 01.



E-TRANSFER: Now you also have the option to make donations via email money transfer. The email address for e-transfers only is sacredheartcrparish@gmail.com. Please use "Church" as the password to the security question you are asked to create, also include your envelope # in the comments section if you have one, if not please include an address where a tax receipt may be sent. Thank you."

PAPAL PRAYER INTENTION – August:

The Maritime World
We pray for all those who work and live from the sea among them sailors, fishermen and their families.

A SUMMER BLESSING

May you walk with God this summer.
In whatever you do,
wherever you go,
walking with God means...
walking with honesty and with courage,
walking with love and respect,
with concern for the feelings of others
May you talk to God this summer
and every day and in every situation.
Talking with God means...
Praying words of praise
for the beauty of creation
Saying prayers of thanks
for friends and good times,
Asking God's help in all your decisions,
Expressing sorrow when you have failed.
May you talk and walk with God every day.
Amen.

CHURCH PAINTING/STUCCO REPAIR: for some time, our church has been in need of stucco and concrete repairs. Once these repairs are done the church would need to be repainted. The Parish Council and Finance Committee has approved a major contract to have this facelift done as one project. Please be patient while this work is being done and please be vigilant to the work of our contractor. This work which began on Monday July 13th will continue throughout the summer.

APPRECIATION: Recently BDI donated replacement cable for our church bell . This donation is a great addition to our repairs this year.

RIDDLES:

- What gets wet when drying? A towel
- I shave every day, but, my beard stays the same. What am I? A barber
- I have branches but no fruit, trunk, or leaves. What am I? A bank
- The more of this there is the less you see. What is it? Darkness

HUMOR:

